

# University of Iowa Upward Bound

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**Website:** <https://diversity.uiowa.edu/programs/high-school-hawkeyes/trio-upward-bound>

## Precollege Program of Study

The University of Iowa TRIO Upward Bound Project is a federally funded college preparatory program for income qualified and/or first-generation college students who are motivated to pursue a college degree. The program serves eligible high school students from three southeastern Iowa community high schools: Columbus Community High School, Muscatine High School, and West Liberty High School.

Students participate during the academic year in weekly after school programming at their local high school. They participate in science, technology, engineering, and math (STEM) related educational opportunities, American College Testing (ACT) preparation, community service, cultural programs, field trips, and college visits.

During the summer, students attend a six-week residential program on the University of Iowa campus from mid-June through July. Participants take mathematics, science, language arts, and world language courses to prepare them for classes they will take at their local high school in the fall. In addition, students take STEM workshops to expose them to a broader range of career opportunities and an ACT preparation course to ready them for college admissions exams.

Upward Bound Bridge students (those who will enter college in the fall) enroll in a University of Iowa course during the six-week summer session. Bridge students participate in an on-campus job shadow and take a college transition seminar.

Upward Bound provides services to students during high school through enrollment in postsecondary education. All services received are at no cost to students.

Other postsecondary institutions in Iowa and across the nation sponsor Upward Bound programs. High school students who do not attend schools served by the University of Iowa program should ask their counselors whether an Upward Bound program serves their area.

For more information, contact the TRIO Upward Bound Project.

## Admission

For admission:

- participants must reside in the target area and attend a target school;
- students must be in grades 9 through 11;
- family income must meet U.S. Department of Education low-income guidelines; and
- students would be potential first-generation college students.

## Courses

### University of Iowa Upward Bound Course

#### UIUB:1010 Upward Bound Project - Bridge Seminar

**1-2 s.h.**

Provides new high school graduates in the Upward Bound program the opportunity to take courses at the University of Iowa. Prepares students for college-level learning, introduces students to topics specific to higher education, and aids students in their transition to college.