University of Iowa
Honors Program

Director
• Shaun P. Vecera

Website: https://honors.uiowa.edu/

Sample Plan of Study
Sample plans represent one way to complete a program of study. Actual course selection and sequence will vary and should be discussed with an academic advisor. For additional sample plans, see MyUI.

University Honors
Joining Honors as First-Year Students During Fall Semester

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Academic Career</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Any Semester</td>
<td></td>
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<tr>
<td>Students may apply to the honors program as entering first-year, entering transfer, or current University of Iowa students. a</td>
<td></td>
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<tr>
<td>Honors: To graduate with University Honors, students must have a University of Iowa cumulative GPA of at least 3.33.</td>
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<tr>
<td>HOURS:1100</td>
<td>Honors Primetime</td>
<td>1</td>
</tr>
<tr>
<td>HOURS:1300</td>
<td>Honors First-Year Seminar b</td>
<td>1</td>
</tr>
<tr>
<td>Honors section of a GE course such as RHET:1030 3 - 4 Rhetoric, ENGL:1200 The Interpretation of Literature, CHEM:1110 Principles of Chemistry I, or EES:1070 Age of Dinosaurs</td>
<td>3 - 4</td>
<td></td>
</tr>
<tr>
<td>Meet with an Honors Peer Mentor by the end of the year</td>
<td></td>
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<tr>
<td>Study Abroad: attend Study Abroad Fair (explore experiential learning options) d</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Research: attend Fall Undergraduate Research Festival (FURF) (explore experiential learning options)</td>
<td></td>
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<tr>
<td>Consider applying to become an Honors Outreach Ambassador (explore experiential learning options) e</td>
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<tr>
<td>Consider Honors Program scholarship opportunities f</td>
<td></td>
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<tr>
<td>Read the weekly Honorable Messenger email bulletin for honors community events and announcements</td>
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<tr>
<td>Complete the pre-experience questionnaire as part of the Honors Reflection Process for possible honors experiential learning credit for experiences such as internships, study abroad, service learning, LA or TA positions, and volunteer/paid/uncredited research</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hours</td>
<td>5-6</td>
<td></td>
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</tbody>
</table>

Spring
Honors section of a GE course such as RHET:1030
Rhetoric, ENGL:1200 The Interpretation of Literature, CHEM:1110 Principles of Chemistry I, or EES:1070 Age of Dinosaurs
Meet with an Honors Peer Mentor by the end of the year 0 - 3
Explore 1, 2, or 3 s.h. HONR electives such as HONR:2900 Honors Publications: From Pitch to Print or HONR:2600 Honors Special Topics
Select Honors courses for fall semester
Consider applying for an Honors Writing Fellow position (explore experiential learning options)
Research: attend Spring Undergraduate Research Festival (SURF) (explore experiential learning options)
Research: explore research opportunities for summer or second year (explore experiential learning opportunities) g
Consider joining Phi Eta Sigma (PES) honor society h
Consider applying for an Honors Student Staff position for the coming academic year i
Complete the pre-experience questionnaire as part of the Honors Reflection Process for possible honors experiential learning credit for experiences such as internships, study abroad, service learning, LA or TA positions, and volunteer/paid/uncredited research.
| Hours | 3-7 |

Summer
Research: Students can earn up to 3 honors experiential learning credits/units during the summer using the Honors Summer Project--independent research in consultation with a University reference librarian
Summer jobs and volunteering often qualify for experiential learning credit. Check with an honors advisor or complete the pre-experience questionnaire as part of the Honors Reflection Process for possible honors experiential learning credit.
Summer is a great time to pursue mentored research.
Complete the pre-experience questionnaire as part of the Honors Reflection Process for possible honors experiential learning credit for your volunteer/paid/uncredited research.
| Hours | 0 |

Second Year
Any Semester
Have 12 s.h. of honors coursework completed by end of your fourth semester in the program.
| Hours | 0 |

Fall
Honors section of a GE course such as RHET:1030
Rhetoric, ENGL:1200 The Interpretation of Literature, CHEM:1110 Principles of Chemistry I, or EES:1070 Age of Dinosaurs
Meet with an Honors Peer Mentor by the end of the year l
Study Abroad: attend Study Abroad Fair (explore experiential learning options) d
Research: attend Fall Undergraduate Research Festival (FURF) (explore experiential learning options)
Consider applying to become an Honors Outreach Ambassador (explore experiential learning options) e
Select Honors courses for spring semester
Consider Honors Program scholarship opportunities f
| Hours | 3 - 4 |

Spring (cont.)
Honors section of a GE course such as RHET:1030
Rhetoric, ENGL:1200 The Interpretation of Literature, CHEM:1110 Principles of Chemistry I, or EES:1070 Age of Dinosaurs
Meet with an Honors Peer Mentor by the end of the year
Explore 1, 2, or 3 s.h. HONR electives such as HONR:2900 Honors Publications: From Pitch to Print or HONR:2600 Honors Special Topics
Select Honors courses for fall semester
Consider applying for an Honors Writing Fellow position (explore experiential learning options)
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Complete the pre-experience questionnaire as part of the Honors Reflection Process for possible honors experiential learning credit for experiences such as internships, study abroad, service learning, LA or TA positions, and volunteer/paid/uncredited research.
| Hours | 3-7 |

Summer (cont.)
Research: Students can earn up to 3 honors experiential learning credits/units during the summer using the Honors Summer Project--independent research in consultation with a University reference librarian
Summer jobs and volunteering often qualify for experiential learning credit. Check with an honors advisor or complete the pre-experience questionnaire as part of the Honors Reflection Process for possible honors experiential learning credit.
Summer is a great time to pursue mentored research.
Complete the pre-experience questionnaire as part of the Honors Reflection Process for possible honors experiential learning credit for your volunteer/paid/uncredited research.
| Hours | 0 |

Second Year (cont.)
Any Semester (cont.)
Have 12 s.h. of honors coursework completed by end of your fourth semester in the program.
| Hours | 0 |

Fall (cont.)
Honors section of a GE course such as RHET:1030
Rhetoric, ENGL:1200 The Interpretation of Literature, CHEM:1110 Principles of Chemistry I, or EES:1070 Age of Dinosaurs
Meet with an Honors Peer Mentor by the end of the year
Study Abroad: attend Study Abroad Fair (explore experiential learning options)
Research: attend Fall Undergraduate Research Festival (FURF) (explore experiential learning options)
Consider applying to become an Honors Outreach Ambassador (explore experiential learning options)
Select Honors courses for spring semester
Consider Honors Program scholarship opportunities
| Hours | 3 - 4 |

Spring (cont.) (cont.)
Honors section of a GE course such as RHET:1030
Rhetoric, ENGL:1200 The Interpretation of Literature, CHEM:1110 Principles of Chemistry I, or EES:1070 Age of Dinosaurs
Meet with an Honors Peer Mentor by the end of the year
Explore 1, 2, or 3 s.h. HONR electives such as HONR:2900 Honors Publications: From Pitch to Print or HONR:2600 Honors Special Topics
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Consider applying for an Honors Student Staff position for the coming academic year
Complete the pre-experience questionnaire as part of the Honors Reflection Process for possible honors experiential learning credit for experiences such as internships, study abroad, service learning, LA or TA positions, and volunteer/paid/uncredited research.
| Hours | 3-7 |

Summer (cont.) (cont.)
Research: Students can earn up to 3 honors experiential learning credits/units during the summer using the Honors Summer Project--independent research in consultation with a University reference librarian
Summer jobs and volunteering often qualify for experiential learning credit. Check with an honors advisor or complete the pre-experience questionnaire as part of the Honors Reflection Process for possible honors experiential learning credit.
Summer is a great time to pursue mentored research.
Complete the pre-experience questionnaire as part of the Honors Reflection Process for possible honors experiential learning credit for your volunteer/paid/uncredited research.
| Hours | 0 |

Second Year (cont.) (cont.)
Any Semester (cont.) (cont.)
Have 12 s.h. of honors coursework completed by end of your fourth semester in the program.
| Hours | 0 |
Complete the pre-experience questionnaire as part of the Honors Reflection Process for possible honors experiential learning credit for experiences such as internships, study abroad, service learning, LA or TA positions, and volunteer/paid/uncreditec research

### Hours 3-4

**Spring**

<table>
<thead>
<tr>
<th>Description</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Honors section of a GE course or a contract course in your major/department</td>
<td>3 - 5</td>
</tr>
<tr>
<td>Check University Honors degree audit</td>
<td></td>
</tr>
<tr>
<td>Explore 1, 2, or 3 s.h. HONR electives such as HONR:2900 Honors Publications: From Pitch to Print or HONR:2600 Honors Special Topics</td>
<td>0 - 3</td>
</tr>
<tr>
<td>Meet with the Honors Advisor for your major: is Honors in the Major right for you?</td>
<td></td>
</tr>
</tbody>
</table>

### Summer

**Hours 3-8**

**Students can earn up to 3 honors experiential learning credits/units during the summer using the Honors Summer Project--independent research in consultation with a University reference librarian**

<table>
<thead>
<tr>
<th>Description</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Summer jobs and volunteering often qualify for experiential learning credit. Check with an honors advisor or complete the pre-experience questionnaire as part of the Honors Reflection Process for possible honors experiential learning credit.</td>
<td></td>
</tr>
<tr>
<td>Summer is a great time to pursue mentored research. Complete the pre-experience questionnaire as part of the Honors Reflection Process for possible honors experiential learning credit for your volunteer/paid/uncreditec research.</td>
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**Fourth Year**

**Fall**

<table>
<thead>
<tr>
<th>Description</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Check University Honors degree audit</td>
<td></td>
</tr>
<tr>
<td>Explore 1, 2, or 3 s.h. HONR electives such as HONR:2900 Honors Publications: From Pitch to Print or HONR:2600 Honors Special Topics</td>
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</tr>
</tbody>
</table>

**Spring**

<table>
<thead>
<tr>
<th>Description</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Complete any remaining assignments (pre- and post-experience questionnaires and narrative) as part of the Honors Reflection Process for possible honors experiential learning credit for experiences such as internships, study abroad, service learning, LA or TA positions, and volunteer/paid/uncreditec research</td>
<td></td>
</tr>
<tr>
<td>Consult with the Honors Advisor or Assessment Manager for pre-approval to graduate with University Honors</td>
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**Total Hours 14-25**

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a Please see the Honors at Iowa website at https://honors.uiowa.edu/join for further details and application instructions.

b Required except for students whose majors or programs require a different first-year seminar, e.g. Tippie Direct Admits.
c An Honors course must be completed in the first semester of Honors membership.
d To earn honors credit for study abroad students complete questionnaires and a narrative piece. See details on the Experiential Learning pages on the Honors at Iowa website.
e Typically advertised in Honorable Messenger or email honors-advisor@uiowa.edu for more information.
f Submit by deadline which is typically early in the spring semester. Successful recipients in the past have consulted web resources at https://honors.uiowa.edu/honors-scholarships.
g Consult OUR Ambassadors or visit our.research.uiowa.edu.
h Eligibility is determined by GPA and class ranking. Membership is by invitation.
i See Student Employment page on Honors at Iowa website. Usually advertised early in the spring semester.
j Optional for students who have completed the 12 s.h. University Honors coursework requirement.
k Students must complete the 12 s.h. University Honors coursework requirement by the end of second year spring semester.
l Report missing honors credit to the Honors Assessment Manager.
m Students must complete the experiential learning requirement by graduation.