University of Iowa
Honors Program

Director
• Shaun P. Vecera

Website: https://honors.uiowa.edu/

The University of Iowa Honors Program is an open and welcoming community, and staff members help students tailor the honors experience to their particular circumstances and goals. The program’s general objective is to enrich the undergraduate experience by cultivating intellectual curiosity and practical skill through challenging coursework, creative engagement, and experiential learning to nurture a deeper understanding of one’s discipline and self.

What is especially unique about Honors at Iowa? It gives students the space and opportunities to make connections and develop self-authorship through self-discovery. For example, because honors classes are usually smaller than non-honors sections, honors students have the opportunity to form closer connections with their professors on campus. Such working relationships can change careers and lives through mutual discovery. Iowa honors students also make lasting connections and learn from each other through the unique fall semester workshop, HONR:1100 Honors Primetime, their honors first-year seminars, and the honors community.

The UI Honors Program is also unique in the strong emphasis it puts on experiential learning (learning by doing), which comprises half the program’s curricular requirements. Experiential learning takes the form of undergraduate research, study abroad, internships, teaching practica, being an honors ambassador or an Honors Writing Fellow (or both), and other opportunities. Learning by doing, besides being the most effective way of acquiring knowledge, also helps with self-discovery.

In general, students who are serious about their education and making a meaningful contribution to the world with their particular capabilities and gifts can be assured that the University of Iowa Honors Program will help them in their journey.

Unique Honors Academic Activities

Honors Outreach Ambassadors

Ambassadors earn academic credit for acquiring and then sharing knowledge of honors opportunities by organizing events around campus and meeting with prospective students and their families.

Honors Writing Fellows

Fellows are trained and paid to assist in undergraduate courses by mentoring a dozen students each semester on major writing assignments.

The Iowa Policy Research Organization

This organization selects honors students each year to earn academic credit by learning how to conduct policy analysis and then writing policy papers for Iowa communities and the Iowa Legislature.

Study Abroad and Internships

These opportunities with a reflective component or embedded project enable students to earn honors academic credit for their experience.

Learn more about honors activities and Experiential Learning on the honors program website.

Cocurricular Programs

Honors at Iowa offers students a rich variety of activities outside the classroom. Many honors students find cocurricular programming a good way to meet people, get involved, and learn more about themselves and the world around them. Some of the programs are volunteer-based, some offer pay, and some award honors credit. These opportunities provide peak educational experiences, especially extensive and intensive interactions with faculty mentors and other honors students.

• Honors newsletters, which are written by honors student editors, inform readers on and beyond the campus about honors at the University of Iowa.
• Honors student staff earn pay by staffing the UI Honors Program reception area and other duties as assigned.
• Honors Peer Mentors earn pay by mentoring honors students.
• The Iowa City Foreign Relations Council (ICFRC) hosts luncheon dialogues on current international issues. Past speakers include award-winning journalists, Nobel Peace Prize laureates, seasoned diplomats, prominent politicians, and policy analysts. Listening to and talking with these expert speakers allows honors students to become better informed about world affairs.
• The Presidential Scholars Program (PSP) engages recipients of the Presidential Fellowship in shared classes, opportunities for prestigious fellowships, and unique programming. Presidential Fellows participate in events with faculty and key administrators, scholarship and fellowship mentoring programs, and volunteer projects.

To learn more, visit Opportunities on the honors program website.

Programs

Undergraduate Program of Study

University Honors

Honors at Iowa helps students tailor opportunities to different educational needs and goals. Honors students may take honors courses each semester that they are enrolled at the university. Honors courses are generally small and interactive. They connect students with distinguished professors and offer new topics each semester. Honors courses also are part of the GE CLAS Core curriculum and do not add requirements for graduation.

Students are encouraged to begin honors work early. In HONR:1100 Honors Primetime, entering students earn 1 s.h. of honors credit by taking a short course the week before fall classes begin. Students who enter the honors program directly from high school take HONR:1300 Honors First-Year Seminar with selected professors on current topics, earning 1 s.h. in the fall semester. Honors students may fulfill GE CLAS Core requirements by completing honors sections such
as RHET:1030 Rhetoric, ENGL:1200 The Interpretation of Literature, and CHEM:1110 Principles of Chemistry I.

Upper-level students may take honors courses in their majors or pursue individual instruction with faculty members through honors courses such as HONR:3994 Honors Research Practicum. Students also may earn honors credit for a non-honors course by developing an honors contract with the course instructor; the student and instructor negotiate a unique project for the course and develop the honors contract around the project.

Additional academic opportunities include honors advanced seminars, honors independent studies, and honors practica in teaching and service.

Students learn about honors opportunities in weekly emails from the UI Honors Program. Honors professional staff members and honors peer mentors offer guidance in personal meetings and group presentations. In addition, the honors staff helps students design individualized curricula for their special interests. To learn more, visit Honors Requirements on the program’s website.

Joining the Honors Program

Students may apply to the University of Iowa Honors Program as entering first-year, entering transfer, or current University of Iowa students. Current students are encouraged to apply prior to earning 60 s.h. in coursework. Those who join the UI Honors Program must attend an honors orientation.

To remain in the Honors Program and to graduate with University Honors, students must complete the honors program curricular requirements. They also need a 3.33 UI cumulative grade-point average at the time of graduation. See the section titled “University Honors Curriculum.” For more information about joining the University of Iowa Honors Program, see join on the program’s website.

Graduation with University Honors

Students who graduate with University Honors through the UI Honors Program are recognized at commencement. University honors is noted on a student’s diploma and transcript. UI Honors Program students completing any undergraduate degree program may graduate with University Honors.

University Honors Curriculum

Students earning bachelor’s degrees at the University of Iowa complete honors coursework and experiential learning in order to graduate with University Honors. Students are not required to complete all honors coursework requirements before they begin experiential learning.

Honors Coursework

Students complete 12 s.h. of honors coursework during their first four full semesters in the program. Students may count a maximum of two honors contract courses toward the coursework requirement.

The following honors coursework must be completed.

- An honors first-year seminar during the first semester at the University of Iowa (for students who enter the UI Honors Program directly from high school). Students who must take a specific first-year seminar required by their major or living learning community may substitute another honors class for the honors first-year seminar requirement.
- An honors course or an honors contract course during the first full semester in the program.

- Additional honors coursework to total at least 12 s.h. within the first four full semesters in the program.

Experiential Learning

Students complete 12 s.h. of honors credit in approved experiential learning activities. Students may satisfy the requirement with one or more of the following options: honors in the major (this option fulfills the entire 12 s.h. experiential learning requirement), research, study abroad, internships, teaching assistantships/learning assistantships, Honors Writing Fellows, Iowa Policy Research Organization, experiential honors coursework, and/or service learning.

See more information about these experiential learning opportunities and others by visiting Experiential Learning on the Honors at Iowa website.

Facilities

Blank Honors Center

Honors at Iowa has its home in the Blank Honors Center (BHC), a facility that helps foster community among honors students. The Blank Honors Center is located near the center of the University of Iowa main campus, next to residence halls and classroom buildings. It offers social areas, quiet study areas, wireless internet access, computer stations, and classrooms for students. The center also houses the honors staff and has rooms for meetings, events, presentations, and conversation.

Honors Residential Community Honors housing is available for first-year honors students on campus. Students must apply to live in the honors residential community. See Housing on the Iowa Division of Student Life website for information about how to apply. Visit Honors House on the UI Honors Program website to learn more about the honors housing community.

Financial Support

Honors at Iowa has scholarship opportunities for current honors students selected from academic programs throughout the university. Scholarship possibilities are announced annually.

In addition, visit Scholarships and Awards on the UI Honors Program website.

Academic Plans

Sample Plan of Study

Sample plans represent one way to complete a program of study. Actual course selection and sequence will vary and should be discussed with an academic advisor. For additional sample plans, see MyUI.

University Honors

Joining Honors as First-Year Students During Fall Semester

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<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Hours</th>
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<tbody>
<tr>
<td>Any Semester</td>
<td>Academic Career</td>
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<tr>
<td>Any Semester</td>
<td>Students may apply to the honors program as entering first-year, entering transfer, or current University of Iowa students.</td>
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</table>
Honors: To graduate with University Honors, students must have a University of Iowa cumulative GPA of at least 3.33.

**First Year**

**Fall**
- HONR:1100 Honors Primetime 0
- HONR:1300 Honors First-Year Seminar 1
- HONR:1000 Introduction to Honors 1
- Honors section of a GE course such as RHET:1030 3 - 4
- Rhetoric, ENGL:1200 The Interpretation of Literature, CHEM:1110 Principles of Chemistry I, or EES:1070 Age of Dinosaurs

Meet with an Honors Peer Mentor by the end of the year
Select Honors courses for spring semester
Study Abroad: attend Study Abroad Fair (explore experiential learning options)
Research: attend Fall Undergraduate Research Festival (FURF) (explore experiential learning options)
Consider applying to become an Honors Outreach Ambassador (explore experiential learning options)
Consider Honors Program scholarship opportunities
Read the weekly Honorable Messenger email bulletin for honors community events and announcements
Complete the pre-experience questionnaire as part of the Honors Reflection Process for possible honors experiential learning credit for experiences such as internships, study abroad, service learning, LA or TA positions, and volunteer/paid/uncreditted research

**Spring**
- Honors section of a GE course such as RHET:1030 3 - 4
- Rhetoric, ENGL:1200 The Interpretation of Literature, CHEM:1110 Principles of Chemistry I, or EES:1070 Age of Dinosaurs

Meet with an Honors Peer Mentor by the end of the year
Explore 1, 2, or 3 s.h. Honors staff-taught courses such as HONR:2900 Honors Publications: From Pitch to Print or HONR:2990 Experiential Learning Orientation or HONR:2992 Classic Cult Cinema
Select Honors courses for fall semester
Consider applying for an Honors Writing Fellow position (explore experiential learning options)
Research: attend Spring Undergraduate Research Festival (SURF) (explore experiential learning options)
Research: explore research opportunities for summer or second year (explore experiential learning opportunities)
Consider joining Phi Eta Sigma (PES) honor society
Consider applying for an Honors Student Staff position for the coming academic year
Complete the pre-experience questionnaire as part of the Honors Reflection Process for possible honors experiential learning credit for experiences such as internships, study abroad, service learning, LA or TA positions, and volunteer/paid/uncreditted research

**Hours** 5-6

**Second Year**

**Any Semester**
- Have 12 s.h. of honors coursework completed by end of your fourth semester in the program

**Summer**
- Summer jobs and volunteering often qualify for experiential learning credit. Check with an honors advisor or complete the pre-experience questionnaire as part of the Honors Reflection Process for possible honors experiential learning credit.
- Summer is a great time to pursue mentored research. Complete the pre-experience questionnaire as part of the Honors Reflection Process for possible honors experiential learning credit for your volunteer/paid/uncreditted research.

**Hours** 0

**Fall**
- HONR:2990 Study Smarter: Meaning, Motivation, and Experiential Learning 2
- Honors section of a GE course such as RHET:1030 3 - 4
- Rhetoric, ENGL:1200 The Interpretation of Literature, CHEM:1110 Principles of Chemistry I, or EES:1070 Age of Dinosaurs

Meet with an Honors Peer Mentor by the end of the year
Study Abroad: attend Study Abroad Fair (explore experiential learning options)
Research: attend Fall Undergraduate Research Festival (FURF) (explore experiential learning options)
Consider applying to become an Honors Outreach Ambassador (explore experiential learning options)
Select Honors courses for spring semester
Consider Honors Program scholarship opportunities
Complete the pre-experience questionnaire as part of the Honors Reflection Process for possible honors experiential learning credit for experiences such as internships, study abroad, service learning, LA or TA positions, and volunteer/paid/uncreditted research

**Hours** 0

**Spring**
- Honors section of a GE course in your major/department 3 - 5
- Check University Honors degree audit
- Explore 1, 2, or 3 s.h. Honors staff-taught classes such as HONR:2900 Honors Publications: From Pitch to Print or HONR:2990 Experiential Learning Orientation or HONR:2992 Classic Cult Cinema
- Meet with the Honors Advisor for your major: is Honors in the Major right for you?
- Research: attend SURF; consider what research questions you might pursue
- Research: explore research opportunities for summer or third year
- Consider applying for an Honors Student Staff position for the coming academic year

**Hours** 3-7
Complete the pre-experience questionnaire as part of the Honors Reflection Process for possible honors experiential learning credit for experiences such as internships, study abroad, service learning, LA or TA positions, and volunteer/paid/uncredited research.

### Hours 3-8

#### Summer

Summer jobs and volunteering often qualify for experiential learning credit. Check with an honors advisor or complete the pre-experience questionnaire as part of the Honors Reflection Process for possible honors experiential learning credit.

Summer is a great time to pursue mentored research. Complete the pre-experience questionnaire as part of the Honors Reflection Process for possible honors experiential learning credit for your volunteer/paid/uncredited research.

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#### Third Year

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#### Fall

- Explore honors experiential coursework such as RHET:2090 Conversation Practicum, LS:1024 Hawkeye Service Breaks, etc.
- Explore 1, 2, or 3 s.h. Honors staff-taught classes such as HONR:2900 Honors Publications: From Pitch to Print or HONR:2990 Experiential Learning Orientation or HONR:2991 Honors Students and Wellness
- Attend FURF
- Consider Honors Program scholarship opportunities
- Complete the pre-experience questionnaire as part of the Honors Reflection Process for possible honors experiential learning credit for experiences such as internships, study abroad, service learning, LA or TA positions, and volunteer/paid/uncredited research
- Consult with an Honors Peer Mentor or a member of the Honors Professional Advising Staff to ensure that you are on track with University Honors curricular requirements

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<tr>
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#### Spring

- Explore 1, 2, or 3 s.h. Honors staff-taught classes such as HONR:2900 Honors Publications: From Pitch to Print or HONR:2990 Experiential Learning Orientation or HONR:2992 Classic Cult Cinema
- Complete the pre-experience questionnaire as part of the Honors Reflection Process for possible honors experiential learning credit for experiences such as internships, study abroad, service learning, LA or TA positions, and volunteer/paid/uncredited research
- Consult with an Honors Peer Mentor or a member of the Honors Professional Advising Staff to ensure that you are on track with University Honors curricular requirements

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### Summer

- Summer jobs and volunteering often qualify for experiential learning credit. Check with an honors advisor or complete the pre-experience questionnaire as part of the Honors Reflection Process for possible honors experiential learning credit.

- Summer is a great time to pursue mentored research. Complete the pre-experience questionnaire as part of the Honors Reflection Process for possible honors experiential learning credit for your volunteer/paid/uncredited research.

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### Fourth Year

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<th>Hours</th>
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#### Fall

- Check University Honors degree audit
- Explore 1, 2, or 3 s.h. Honors staff-taught classes such as HONR:2900 Honors Publications: From Pitch to Print or HONR:2990 Experiential Learning Orientation or HONR:2991 Honors Students and Wellness
- Complete any remaining assignments (pre- and post-experience questionnaires and narrative) as part of the Honors Reflection Process for possible honors experiential learning credit for experiences such as internships, study abroad, service learning, LA or TA positions, and volunteer/paid/uncredited research
- Consult with Honors Records, Enrollment and Analytics Specialist or Honors Advising Director for pre-approval to graduate with University Honors

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<tr>
<th>Hours</th>
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#### Spring

- Complete any remaining assignments (pre- and post-experience questionnaires and narrative) as part of the Honors Reflection Process for possible honors experiential learning credit for experiences such as internships, study abroad, service learning, LA or TA positions, and volunteer/paid/uncredited research
- Check University Honors degree audit
- Consult with Honors Records, Enrollment and Analytics Specialist or Honors Advising Director for pre-approval to graduate with University Honors

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<th>Hours</th>
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### Total Hours 16-27

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a Please see the Honors at Iowa website at https://honors.uiowa.edu/join-program for further details and application instructions.
b Required except for students whose majors or programs require a different first-year seminar, e.g. Tippie Direct Admits.
c An Honors course must be completed in the first semester of Honors membership.
d To earn honors credit for study abroad students complete questionnaires and a narrative piece. See details on the Experiential Learning pages on the Honors at Iowa website.
e Typically advertised in Honorable Messenger or email honors-advisor@uiowa.edu for more information.
f Submit by deadline which is typically early in the spring semester. Successful recipients in the past have consulted
web resources at https://honors.uiowa.edu/honors-
scholarships.
g Consult OUR Ambassadors or visit our.research.uiowa.edu.
h Eligibility is determined by GPA and class ranking.
Membership is by invitation.
i See Student Employment page on Honors at Iowa website.
Usually advertised early in the spring semester.
j Optional for students who have completed the 12 s.h.
University Honors coursework requirement.
k Students must complete the 12 s.h. University Honors coursework requirement by the end of second year spring semester.
l Report missing honors credit to the Honors Assessment Manager.
m Students must complete the experiential learning requirement by graduation.

Courses

University of Iowa Honors Program Courses

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
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<tbody>
<tr>
<td>HONR:1000</td>
<td>Introduction to Honors</td>
<td>1 s.h.</td>
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<tr>
<td>HONR:1100</td>
<td>Honors Primetime</td>
<td>0 s.h.</td>
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<tr>
<td>HONR:1300</td>
<td>Honors First-Year Seminar</td>
<td>1-2 s.h.</td>
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<tr>
<td>HONR:1310</td>
<td>Honors Research First-Year Seminar</td>
<td>1 s.h.</td>
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<tr>
<td>HONR:1350</td>
<td>Honors Seminar for Presidential Scholars</td>
<td>1 s.h.</td>
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<tr>
<td>HONR:1360</td>
<td>Honors Seminar for Presidential Scholars II</td>
<td>1 s.h.</td>
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<tr>
<td>HONR:1670</td>
<td>Values and Culture</td>
<td>3 s.h.</td>
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<tr>
<td>HONR:1950</td>
<td>Honors Contract Project</td>
<td>1 s.h.</td>
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<tr>
<td>HONR:2100</td>
<td>Honors Colloquium</td>
<td>1 s.h.</td>
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<tr>
<td>HONR:2600</td>
<td>Honors Special Topics</td>
<td>1-3 s.h.</td>
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<tr>
<td>HONR:2700</td>
<td>Seminar for University of Iowa Honors Program Fellows</td>
<td>1 s.h.</td>
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<tr>
<td>HONR:2900</td>
<td>Honors Publications: From Pitch to Print</td>
<td>1-2 s.h.</td>
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<tr>
<td>HONR:2910</td>
<td>Study Smarter: Meaning, Motivation, and Experiential Learning</td>
<td>2 s.h.</td>
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<tr>
<td>HONR:2991</td>
<td>Honors Students and Wellness</td>
<td>3 s.h.</td>
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HONR:1360 Honors Seminar for Presidential Scholars II
Through self-discovery, students learn to know themselves and one another better while participating in selected events and structured experiences (e.g., readings, in-class discussion, small-group work, guest presentations, event attendance); students take time to reflect on interests, experiences, and knowledge, and have an opportunity to explore and integrate skills and resources in a way that helps develop the personal and academic self while also considering knowledge and experience of other individuals and groups; students are provided with tools to seek out academics and activities related to their interests and pursuits to better connect with development resources. Prerequisites: HONR:1350.

HONR:1670 Values and Culture
Asking fundamental questions about human experience and its meaning while becoming more aware of what, exactly, defines culture and values; students have a chance to consider their own values and beliefs, and the importance to their lifelong goals. GE: Values and Culture.

HONR:1950 Honors Contract Project
Individual or group project arranged with faculty; students and faculty develop and complete an honors contract study plan or project for a non-honors UI course.

HONR:2100 Honors Colloquium
Attendance at talks, performances, and other events across campus.

HONR:2600 Honors Special Topics
Small-class learning with a faculty member on special topics.

HONR:2700 Seminar for University of Iowa Honors Program Fellows
Scholar development that challenges students to develop self-knowledge that enriches their intellectual life, increases their academic engagement, and deepen their sense of community. Requirements: second-year UI Honors Program fellowship recipient.

HONR:2900 Honors Publications: From Pitch to Print
Students develop and hone writing skills as they create content for UI Honors Program publications from start to finish—envisioning themes, interviewing, writing, securing photos and captions, workshopping, and editing pieces; topics related to student body, professional staff, alumni, and current events relevant to honors program; completion of up to three major projects published in Honors Newsletter, Alumni Connection, honors program blog, or other social media; discussion posts and workshops.

HONR:2990 Study Smarter: Meaning, Motivation, and Experiential Learning
Experiential learning requirements for the UI Honors Program.

HONR:2991 Honors Students and Wellness
How high ability and wellness interact with one another; focus on mental health and touching on various areas—impostor syndrome, existential depression, and intersectionality of giftedness, mental health, gender, and race; holistic wellness (e.g., physical, nutritional, emotional, social, spiritual, intellectual, financial, environmental) and what strengths and challenges high-ability individuals may encounter beyond their college careers.
HONR:2992 Classic Cult Cinema 3 s.h.
Have you ever wondered why certain films reach cult status and others do not? What makes us want to go to repeated midnight showings of the same film and even dress up like the characters? What is a cult classic and who are the great masters of these films? And most importantly, how do these films add social and political commentary about the culture around them? Students explore these questions while watching, discussing, and reading about what puts the "cult" into cult cinema. GE: Literary, Visual, and Performing Arts.

HONR:2993 Generative Creative Writing Workshop 3 s.h.
Develop literary community while generating new work, invigorating works-in-progress, and learning to navigate writer's block. Using carefully structured writing prompts, intuition exercises, and guided meditations, students develop a significant portfolio of creative work in any genre. Additionally, students learn actionable strategies for developing a productive writing practice based on traditional and non-traditional techniques.

HONR:2994 Poetics (Taylor's Version) 3 s.h.
Explore Taylor Swift's songs through an examination of poetic techniques and common motifs; discuss innocence, heartbreak, revenge, nostalgia, betrayal, and anti-heroism in light of Swift's authorial vision. Texts by and about Swift as well as academic and popular articles about her cultural impact will be discussed. Students will analyze and experience Swift's fandom through embodied practices such as the creation of friendship bracelets.

HONR:3050 Honors Studies arr.
Independent studies arranged with faculty members who certify satisfactory completion of study plans and performance for topics not covered by other UI courses.

HONR:3100 Honors Teaching Practicum 0-4 s.h.
Teaching internship in first- and second-year courses; may include providing tutorial assistance, conducting review sessions, aiding course organization.

HONR:3150 Honors Service Learning arr.
Service learning projects arranged with faculty members who certify satisfactory completion of study plans and service.

HONR:3160 Honors Internship 0-3 s.h.
Independent service internship arranged with faculty members, who certify satisfactory performance and completion of project.

HONR:3170 Honors Outreach Ambassadors 1-2 s.h.
Experience sharing knowledge and experiences of the honors program with other students in meetings during office hours, online chats, other venues; outreach ambassadors; answer questions, provide information, help students find honors opportunities in and out of class.

HONR:3210 Honors Policy Research Practicum 1 s.h.
Theory and practice of public policy research; development of policy-research skills; production of policy-research papers. Requirements: sophomore or junior standing.

HONR:3994 Honors Research Practicum 1-4 s.h.
Individual research performed in conjunction with a faculty member's research.

HONR:4990 Honors Thesis or Project 1-3 s.h.
Culminating project of research or artistic creation; preparation and completion of the final product associated with graduation with honors in the student's major. Requirements: member of the University of Iowa Honors Program and junior or senior standing.