Leadership Studies

Codirectors
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Undergraduate certificate: leadership studies
Website: https://careers.uiowa.edu/students/leadership-certificate

Leadership studies is a multidisciplinary academic field that draws upon theories and applications from a wide variety of related disciplines, such as the social sciences (e.g., psychology, sociology, political science, and anthropology) and the humanities (e.g., philosophy and history), as well as professional fields, including management and education. The Leadership Studies Program examines ethical issues, principles, theories, and styles of leadership; the dynamics of interactions between leaders, followers, and group members; leaders' impact on organizations and communities; and leadership skills such as goal setting, communicating effectively, creating a vision, and empowering others.

The Leadership Studies Program offers the undergraduate Certificate in Leadership Studies as well as the Career Leadership Academy, a two-course sequence designed to help undergraduate students develop leadership and employment skills. The program also offers professional development courses.

Certificate in Leadership Studies

The Certificate in Leadership Studies is an interdisciplinary program coordinated by the Pomerantz Career Center and supported by the Tippie College of Business, the College of Education, the College of Liberal Arts and Sciences, and the Office of Leadership, Service, and Civic Engagement.

Career Leadership Academy

The Career Leadership Academy is a two-semester sequence of courses designed to help undergraduate students develop vital skills for leadership and career development: communication, interpersonal, and presentation skills and the ability to work well with others. This highly interactive program consists of weekly seminars, activities, and events. Participants also engage in career exploration opportunities, professional networking, and leadership development experiences.

Leadership Studies Courses

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<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
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<tbody>
<tr>
<td>LS:2013</td>
<td>Strengths-Based Leadership</td>
<td>1</td>
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<tr>
<td>LS:3003</td>
<td>Culturally Intelligent Leadership</td>
<td>1</td>
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For more information, see Career Leadership Academy on the Pomerantz Career Center website.

Professional Development

Professional development courses provide students with opportunities to engage in practical, hands-on, skills-based instruction relevant to careers and leadership development. The topics and curricula for the following courses incorporate input from employers, who were surveyed about their experiences, real-world examples, guidance, and which skills they most often seek when hiring new graduates.

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| LS:1009| Mock Trial                                          | 2 s.h.
|        | Opportunity to learn legal analysis and argumentation, public performance; participation in University of Iowa Mock Trial Club; mock trial role preparation, tournament competition, and staging an annual club tournament. | |
| LS:1017| Orientation and Transition Leader Training          | 0-3 s.h.
|        | Preparation for a leadership role in the Office of Orientation Services. | |
| LS:1018| Issues in College Residence Halls I                 | 0-1 s.h.
|        | Development of knowledge and skills required for work as a resident assistant; creating community, handling crises and emergencies; leadership. | |
| LS:1020| Introduction to Leadership                          | 3 s.h.
|        | Overview of leadership theory and skills for effective leadership; historical perspective, development of a personal philosophy of leadership, self-assessments, leadership models; study of groups, culture, and communities; application of experiential learning settings; community service project; geared toward emerging student leaders. | |
| LS:1021| Current Issues and Leadership in Fraternity and Sorority Life | 3 s.h.
|        | Current issues facing leaders (alcohol and hazing education, conflict management, lasting impact of organizations on members); lifetime membership and values-based decision making; for leaders of fraternity and sorority community. | |
| LS:1022| President's Leadership Class                        | 3 s.h.
|        | Class activities, events, and interactive discussions with the University of Iowa president on topics including leadership theories, current UI issues, how a university president makes decisions, and students' philosophy on leadership; students work on a comprehensive project reflecting their leadership. Requirements: sophomore standing and application. | |
| LS:1024| Hawkeye Service Breaks                              | arr.  |
|        | Introduction to theoretical approaches to service learning and shared experiential learning; concepts of intersectionality of varied social and community issues, reflection and reciprocity, active citizenship and community building, practical implementation of skills from student's academic disciplines, leadership development; includes overnight service immersion experience during spring break in a designated team location where students complete approximately 24 total hours of direct service with nonprofit partners and participate in critical reflection; emphasis on stretch and serve components of the IOWA Challenge. | |

For more information, see Leadership Studies Programs on the Pomerantz Career Center website.
Leadership Studies

LS:1025 Leadership for Social Justice 3 s.h.
Social justice as a process and a goal; students build a brave community that empowers all members when faced with social justice related dilemmas; skills that bring about positive social change on campus, within local communities, and on global scale; for students who are committed to study and practice of social justice in their personal and professional lives and student organization leaders directly advised or supported by UI cultural and resource centers—Afro-American Cultural Center (AACC), Asian Pacific American Cultural Center (APACC), Latino Native American Cultural Center (LNACC), and the Pride Alliance Center.

How to become a successful leader; opportunity to increase understanding of self, others, and the skills sought by employers; work and lead effectively in teams; creation of a group presentation focused on community needs; career components of résumé writing, LinkedIn profile development, and networking; first in a two-course series.

LS:2013 Strengths-Based Leadership 1 s.h.
Examination and evaluation of personal unique talents, be more engaged, and gain better understanding of leadership from a "Strengths" perspective; how to maximize strengths to stand out from the crowd; how society encourages people to be well-rounded (according to Gallup Organization's Strengths research) and how this pursuit of many goals can actually result in mediocrity.

LS:2020 Women in Leadership 3 s.h.
Overview of relevant history, theory, and practice of women in effective leadership; women leaders from historical to modern times; focus on exploring obstacles and challenges faced by women in leadership and how people of all genders can work to overcome these barriers.

LS:2024 Hawkeye Service Breaks Leadership 0.2 s.h.
Focus on techniques for planning trip logistics, education on social issues, and facilitation of critical reflection; development in theoretical approaches to service learning specifically connected to service immersion leadership; varied concepts including intersectionality of varied social and community issues, reflection and reciprocity, active citizenship and community building, practical implementation of skills from student's academic disciplines, leadership development, and other related areas. Requirements: LS:1024, and application and acceptance to leadership position.

LS:3002 Career Leadership Academy Part 2: Leadership in Action 3 s.h.
Leadership development and career readiness; application of strengths, building effective teams, motivation, and delegation skills to a service-learning project designed by the class through engagement with a community partner; explore interviewing, personal branding, job searching, professional etiquette, salary negotiation, and transitioning successfully into the workplace; second in a two-course series. Prerequisites: LS:2002.

LS:3003 Culturally Intelligent Leadership 1 s.h.
Knowledge and skills for leadership in an increasingly diverse and global workplace; highly interactive and relational experience; students gain a greater understanding of their leadership in various environments and learn how to develop tools for establishing and maintaining interpersonal relationships for professional success.

LS:3004 Perspectives on Leadership: Principles and Practices 3 s.h.
Broad foundation of leadership knowledge representing diverse approaches to studying and practicing leadership; core course for students pursuing the leadership certificate. Requirements: sophomore or higher standing.

LS:3009 Global Leadership Initiative in Xicotepec 0-2 s.h.
Culture, history, and values of Mexico; leadership skills and work on civil and humanitarian projects; reflection of learning and experiences; spring break week in Xicotepec, Mexico. Requirements: participation in Career Leadership Academy and concurrent enrollment in ABRD:3352.

LS:3011 Leadership Certificate Capstone 0.2 s.h.
Registration of practical work experience (internship or career position) with leadership components, or meaningful and educational cocurricular experience in on-campus leadership position (i.e., student organization leader, student government leader, residence assistant, student orientation advisor, peer educator, fraternity/sorority leader) with active leadership roles and responsibilities (i.e., executive leadership position, initiating and organizing a major event); application of leadership models and theories to practical experiences; for students completing the leadership certificate. Prerequisites: LS:3004. Requirements: an additional 6 s.h. of approved leadership coursework and meet with instructor prior to enrollment.

LS:3012 Leadership Theory to Practice 3 s.h.
How the world is changing at an accelerating rate; leadership effectiveness and demand of a high-level ability to work with others and respond to change; foundational concepts of major theories and behaviors of leadership models; practical challenges of leadership analyzed through use of experiential projects, discussion, presentations, exercises; development of self-awareness through use of behavioral instruments, group exercises, individual reflection; major approaches to leadership, authentic leadership, team leadership, gender issues in leadership, emotional intelligence, virtual leadership.