College Success Initiatives

Coordinator

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Courses

College Success Initiatives

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CSI:1420 Life Design II: A Better World 2 s.h.
Once you start unraveling who you are, the next matter becomes what world do you want to live in? Readings, structured experiments, and written reflections provide generalizable knowledge about the science of empathy, passion, and perseverance; students apply these insights to efforts “bigger than themselves” and a deliberate path to become agents of social and environmental change.

CSI:1450 Explore Iowa Colloquium 3 s.h.
Opportunities for peer mentors involved in CSI:1400; activities include short readings and media screenings related to innovative and best practices in learning and teaching; emphasis on multimodal writing online for peers; informal presentations and reflections; may include work with Passport Projects students, collaboration on development of guidelines and handouts for best practices in writing, and supplemental writing reflections.

CSI:1460 Athletic Transition Seminar 1 s.h.
Overview of the Hawkeye Life Program for new student athletes; foundational pillars for all student athletes at the UI; application of skills in leadership, community engagement, academic success, career development, health and well-being, diversity and inclusion through exploration and application of these pillars; students further examine their academic, personal, and career goals.

CSI:1470 The Hawkeye Life Experience 1 s.h.
Students increase their understanding and awareness of mental health and wellness in an emotionally safe environment; opportunities for students to examine who they are outside of their identities as athletes, identify personal mental health concerns and challenges, gain healthy coping strategies, and learn about early warning signs of mental illness and mental health resources; exploration of relevant topics regarding athlete mental health in today’s society.

CSI:1500 College Success Seminar 1 s.h.
Skills, habits, and mindsets essential for college success: goal setting, motivation, resiliency, time management, preparing for exams, working with instructors, and using campus resources including academic advisors, the Pomerantz Career Center, and University Counseling Service; emphasis on class participation and completion of assignments related to course topics. Requirements: selected students with first-year standing in the College of Liberal Arts and Sciences.

CSI:1550 Strategies for Academic Success 1 s.h.
Designed for second-year students; focus on academic strategies to help students improve their academic performance; topics include organization, goal setting, motivation, time management, study skills, test preparation, and campus resources; requires class participation and completion of assignments related to course topics. Requirements: second-year standing in the College of Liberal Arts and Sciences and no prior credit earned for CSI:1500.

CSI:1600 Success at Iowa 0-2 s.h.
Online course designed to help students transition successfully to the University of Iowa; required of all new undergraduate first-year and transfer students.

CSI:1650 College Success for International Students 1 s.h.
Skills and resources to help international students achieve academic success; reflection on academic habits and experiences; exploration of study skills and strategies; cultural expectations in U.S. academic settings including academic integrity; culture shock and immigration issues that can impact international students at the UI; development of techniques for time management and goal setting; techniques to stay motivated and manage stress; overcoming barriers to student success; discussions and assignments emphasize self-reflection on class topics including time management, study skills, and cultural identity. Same as CLAS:1650, ESL:1650.

CSI:2021 First Gen Hawks Seminar 1 s.h.
Opportunity to be part of a class planned specifically for First Gen Hawks; students connect with the UI in a meaningful way through one of three learning track areas—civic engagement and leadership, on-campus student employment, or undergraduate research; course format includes small class size with lots of classroom discussion; assignments emphasize self-reflection; content areas equip students with information and skills they need to thrive at the University of Iowa. Requirements: participation in First Gen Hawks program.

CSI:2100 The Transfer Transition 1 s.h.
Adjustment to university life and academics; strategies for academic success including study and test-taking skills, time management, utilization of campus resources for success in courses; planning a major and learning about Career Center services; exposure to university culture; opportunities to reflect on adjustment to the university. Requirements: entering transfer student standing.

CSI:2150 Open Minded 1 s.h.
Focus on self-reflection and use of resources to research majors; topics include values, strengths, goals, identity, managing uncertainty, critical reading and thinking skills, recognizing transferable skills cultivated by majors; class participation and assignments related to course topics; for students with open majors.