# Interdepartmental Studies

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**Undergraduate major:** Interdepartmental studies (B.A.)

**Faculty:** [https://interdepartmentalstudies.uiowa.edu/people](https://interdepartmentalstudies.uiowa.edu/people)

**Website:** [https://interdepartmentalstudies.uiowa.edu/](https://interdepartmentalstudies.uiowa.edu/)

## Courses

### Interdepartmental Studies Courses

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<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
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<tr>
<td>INTD:3005</td>
<td>Professional and Creative Business Communication</td>
<td>3 s.h.</td>
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<tr>
<td>INTD:3027</td>
<td>Nutrition in Health and Performance</td>
<td>3 s.h.</td>
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<tr>
<td>INTD:3030</td>
<td>Lifestyle Medicine</td>
<td>3 s.h.</td>
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<tr>
<td>INTD:3107</td>
<td>Creative Writing for the Health Professions</td>
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<td>INTD:3250</td>
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<td>INTD:3510</td>
<td>Introduction to Arts Management</td>
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<td>INTD:3520</td>
<td>Starting Up the Arts Start-up</td>
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<tr>
<td>INTD:4098</td>
<td>Independent Study</td>
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<td>INTD:4099</td>
<td>Interdepartmental Studies Practicum</td>
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<td>INTD:4510</td>
<td>Arts Leadership Seminar</td>
<td>3 s.h.</td>
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**INTD:3005 Professional and Creative Business Communication**
Solid foundation for creative and professional communication in today's modern work world; exploration of techniques, strategies, and craft of writing résumés, letters of interest, email and its related etiquette, and organization of ideas into presentable form; semester-long creative project that builds a bridge between office and the world using modern technology and social media; readings and discussions of literature to better understand issues of ethics, leadership, conflict, moral judgment, decision making, and human nature; how to navigate and succeed in business or any professional field. GE: Engineering Be Creative. Same as CW:3005, WRIT:3005.

**INTD:3027 Nutrition in Health and Performance**
Effects of exercise and nutrition on health- and sports-related fitness; for professionals in health and physical education. Same as SRM:3020.

**INTD:3030 Lifestyle Medicine**
Overview of influences of lifestyle medicine on chronic disease treatment and prevention; understanding evidence-based lifestyle medicine factors on holistic well-being; development of communication skills to support behavioral and lifestyle medicine changes for treatment and prevention of chronic conditions. Prerequisites: HHP:2200 and HHP:2310. Same as HHP:3030.

**INTD:3107 Creative Writing for the Health Professions**
GE: Engineering Be Creative. Same as CW:3107.

**INTD:3200 Creative Writing for New Media**
Prepares creative writers for evolving marketplace of electronic text and media; experience writing in varied media (e.g., internet, e-books, video games, mobile devices, emergent social narratives). GE: Engineering Be Creative. Same as CW:3218.

**INTD:3210 Creative Writing and the Natural World**
How humans tether to their environment through stories; students write stories and through writing explore if there is a new tie to sustainable history. GE: Engineering Be Creative. Same as CW:3210.

**INTD:3250 Fieldwork in Social Innovation**
Entrepreneurial skills necessary to actualize ideas in the community; students work with local partners to brainstorm, prototype, and build an original community-based venture involving needs assessment, social history of problem, and concept mapping; students learn soft skills such as interviewing, networking, collaboration, and building trust. Requirements: enrollment in engaged social innovation plan of study and honors program membership in good standing. Same as HONR:3250.

**INTD:3300 Creative Writing and Popular Culture**
Creative writing through the lens of popular culture; topics include television, film writing, adaptations, commercials, advertising, magazines, newspapers, comic books, song lyrics, billboards, and ads of cereal boxes. GE: Engineering Be Creative. Same as CW:3215.

**INTD:3510 Introduction to Arts Management**
Nonprofit performing arts management and administrative principles; practical applications, trends in the field; focus on arts organizations and their key administrative positions. Same as DPA:3510, THTR:3510.

**INTD:3520 Starting Up the Arts Start-up**

**INTD:4098 Independent Study**
Individual study of issues or topics related to a specific interdepartmental focus chosen by the student.

**INTD:4099 Interdepartmental Studies Practicum**
Opportunity to relate a student's chosen area of study to practical application. Requirements: interdepartmental studies student.

**INTD:4510 Arts Leadership Seminar**
Performing arts management and administrative principles, practical applications, trends in arts leadership and advocacy. Prerequisites: THTR:3510 or ENTR:2000 or THTR:3520. Same as DPA:4510, ENTR:4510, THTR:4510.