

Inclusive Recreation, Minor

Requirements

The undergraduate minor in inclusive recreation requires a minimum of 15 s.h., including at least 12 s.h. taken at the University of Iowa in courses offered by the Department of Health and Human Physiology. Students must maintain a grade-point average of at least 2.00 in all courses for the minor and in all UI courses for the minor. Coursework in the minor may not be taken pass/non-pass.

Students who earn a Bachelor of Science degree with a major in therapeutic recreation, either the inclusive recreation track or National Council on Therapeutic Recreation Certification (NCTRC) track, may not earn the minor in inclusive recreation. Students who earn the Bachelor of Arts degree with a major in health studies may not earn the minor in inclusive recreation.

For the minor, students complete required courses that focus on various populations and interventions to promote inclusive recreation and participation in leisure.

The minor in inclusive recreation requires the following coursework.

Foundational Courses

Course #	Title	Hours
All of these:		
TR:1070	Leisure, Play, and the Human Experience	3
TR:2160	Introduction to Therapeutic Recreation	3
TR:3261	Inclusive Recreation	3

Electives

Students choose at least two courses (6 s.h.) from "Client Population Electives" and/or "Recreation Electives" that align with their interests.

Course #	Title	Hours
At least two of these (6 s.h.):		
Client Populations Electives		
DST:1101	Introduction to Disability Studies	3
HHP:2130	Human Development Through the Life Span	3
TR:1800/ASP:1800/ CSD:1800/ NURS:1800/ SSW:1800	Aging Matters: Introduction to Gerontology	3
TR:2077	Children and Families in Healthcare	3
TR:3162	Therapeutic Recreation: Clientele	3
TR:3175/HHP:3175	Physical Activity and Recreation for Aging Populations	3
TR:3300	Animal-Assisted Interventions in the Helping Professions	3

Recreation Electives

TR:2061	Recreation Leadership and Programming	3
TR:3262	Therapeutic Recreation Administration	3
TR:4197/DST:4198/ HHP:4197	Therapeutic Recreation: Experiences in Adaptive and Inclusive Sports	3
ABRD:3712	Child Life Experiential Learning Program	3