

# Health, Sport, and Human Physiology

Communication administers the certificate. For information, see the Certificate in Event Management in the catalog.

## Chair

Gary L. Pierce

**Undergraduate majors:** health studies (BA); exercise science (BS); health promotion (BS); human physiology (BS); sport and recreation management (BS); therapeutic recreation (BS)

**Undergraduate minors:** human physiology; inclusive recreation; lifestyle medicine; sport and recreation management

**Undergraduate certificates:** interscholastic athletic/activities administration; disability studies

**Graduate degrees:** MA in sport and recreation management; MS in health and human physiology; PhD in health and human physiology

**Faculty:** <https://hshp.uiowa.edu/people>

**Website:** <https://hshp.uiowa.edu/>

The Department of Health, Sport, and Human Physiology is a dynamic academic community dedicated to advancing health, wellness, and sport and recreation management through education, research, and service. Aligned with our mission to prepare leaders in health sciences, human physiology, and sport and recreation management, our programs offer transformative learning experiences that integrate cutting-edge research, hands-on practice, and interdisciplinary engagement.

The Department of Health, Sport, and Human Physiology offers undergraduate majors, minors, and certificates, and graduate degree programs in health and human physiology and in sport and recreation management. The Department of Health, Sport, and Human Physiology also offers coaching authorization courses and collaborates with other departments to offer the Certificate in Event Management. In addition, the department is home to the Health and Physical Activity Skills Program (HPAS), which offers courses that provide instruction and practice in lifetime sports, fitness training, and wellness activities aimed at enhancing physical health and well-being.

Undergraduates in all majors may use several health, sport management, and human physiology courses to fulfill the requirements of the College of Liberal Arts and Sciences GE CLAS Core. The department's First-Year Seminar is designed for entering undergraduate students.

## Related Certificate

### Event Management

The departments of Health, Sport, and Human Physiology and Communication Studies, the School of Journalism and Mass Communication (College of Liberal Arts and Sciences), and the Department of Marketing (Tippie College of Business) collaborate to offer the undergraduate Certificate in Event Management. Students who earn the certificate will know and be able to demonstrate the basic principles of organizing a successful event. They will gain a robust understanding of the diverse field of event management and careers in the event management industry. The School of Journalism and Mass