Academic Plans

Four-Year Graduation Plan

The following checkpoints list the minimum requirements students must complete by certain semesters in order to stay on the University's Four-Year Graduation Plan. Courses in the major are those required to complete the major; they may be offered by departments other than the major department.

Before the fifth semester begins: eleven courses.
Before the seventh semester begins: two more major requirement courses, 3 s.h. of supporting coursework, and at least 90 s.h. earned toward the degree.
Before the eighth semester begins: two more major requirement courses and the remaining supporting coursework.
During the eighth semester: enrollment in all remaining coursework in the major, all remaining GE CLAS Core courses, and a sufficient number of semester hours to graduate.

Sample Plans of Study

Sample plans represent one way to complete a program of study. Actual course selection and sequence will vary and should be discussed with an academic advisor. For additional sample plans, see MyUI.

Therapeutic Recreation, B.S.

- Inclusive Recreation Track [p. 1]
- NCTRC Certification Track [p. 2]

Inclusive Recreation Track

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>TR:3160</td>
<td>Introduction to Therapeutic Recreation</td>
<td>3</td>
</tr>
<tr>
<td>GE CLAS Core: International and Global Issues</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>HHP:1400</td>
<td>Human Anatomy and Physiology</td>
<td>3</td>
</tr>
<tr>
<td>GE CLAS Core: World Languages First Level Proficiency or elective course</td>
<td>4 - 5</td>
<td></td>
</tr>
<tr>
<td>GE CLAS Core: Quantitative or Formal Reasoning</td>
<td>3</td>
<td></td>
</tr>
</tbody>
</table>

Hours | 15-16 |

Spring

TR:1077 | Introduction to Child Life | 3 |
DST:1101 | Introduction to Disability Studies | 3 |
NURS:1030 | Human Development and Behavior Through the Life Span | 3 |
GE CLAS Core: World Languages Second Level Proficiency or elective course | 4 - 5 |
Elective course | 3 |

Hours | 16-17 |

Third Year

Fall

TR:1061 | Recreation Leadership and Programming | 3 |
TR:1800 | Aging Matters: Introduction to Gerontology | 3 |
HHP:2200 | Physical Activity and Health | 3 |
IR Track: Field Experience or Elective course | 1 - 3 |
GE CLAS Core: World Languages Second Level Proficiency or elective course | 4 - 5 |
Elective course | 3 |

Hours | 14-17 |

Spring

TR:3162 | Therapeutic Recreation: Clientele | 3 |
IR Track: Social Justice course | 3 |
IR Track: Field Experience or Elective course | 1 - 3 |
GE CLAS Core: World Languages Fourth Level Proficiency or elective course | 4 - 5 |
Elective course | 3 |

Hours | 14-17 |

Fourth Year

Fall

TR:3261 | Inclusive Recreation | 3 |
IR Track: Social Justice course | 3 |
IR Track: Human Interaction and Health Behavior course | 3 |
CCCC:2220 | Foundations of Critical Cultural Competence | 3 |
IR Track: Field Experience or Elective course | 1 - 3 |
Elective course | 3 |

Hours | 16-18 |

Spring

IR Track: Administration and Nonprofit course | 3 |

Hours | 16-18 |
EDTL:4900 Foundations of Special Education a, e, 3

IR Track: Field Experience or Elective course c, f 1 - 3
Elective course c 3
Elective course c 3
Elective course c 2

Degree Application: apply on MyUI before deadline (typically in February for spring, September for fall)

<table>
<thead>
<tr>
<th>Hours</th>
<th>Total Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>15-17</td>
<td>120-134</td>
</tr>
</tbody>
</table>

a Fulfills a major requirement and may fulfill a GE requirement.
b GE CLAS Core courses may be completed in any order unless used as a prerequisite for another course. Students should consult with an advisor about the best sequencing of courses.
c Students may use elective courses to earn credit towards the total s.h. required for graduation or to complete a double major, minors, or certificates.
d Students who have completed four years of a single language in high school have satisfied the GE CLAS Core World Languages requirement. Enrollment in world languages courses requires a placement exam, unless enrolling in a first-semester-level course.
e This course fulfills a themed area within the Inclusive Recreation Track.
f Complete 3-6 s.h. of field experience coursework; see list of approved courses in General Catalog.
g Please see Academic Calendar, Office of the Registrar website for current degree application deadlines. For any questions on appropriate timing, contact your academic advisor or Graduation Services.

### NCTRC Certification Track

#### Academic Career

**Any Semester**

Students apply to the Therapeutic Recreation (NCTRC Certification) BS program through a selective process. Acceptance is not guaranteed. a

<table>
<thead>
<tr>
<th>Hours</th>
<th>0</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Fall</th>
</tr>
</thead>
</table>

PSY:1001 Elementary Psychology b 3
Rhetoric or ENGL:1200 or The Interpretation of Literature
GE CLAS Core: Natural Sciences with Lab c 4
CSI:1600 Success at Iowa 2
Elective course d 2

<table>
<thead>
<tr>
<th>Hours</th>
<th>14-15</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Spring</th>
</tr>
</thead>
</table>

RHET:1030 or ENGL:1200 Rhetoric or The Interpretation of Literature
TR:1070 Perspectives on Leisure and Play b, e 3
GE CLAS Core: Values and Culture c 3
GE CLAS Core: Historical Perspectives c 3
GE CLAS Core: Literary, Visual, and Performing Arts c 3

| Hours | 15-16 |

#### Second Year

<table>
<thead>
<tr>
<th>Fall</th>
</tr>
</thead>
</table>

TR:3160 Introduction to Therapeutic Recreation e 3
SOC:1010 or PSY:2501 Introduction to Sociology b or Introduction to Social Psychology
HHP:1400 Human Anatomy and Physiology e 3
GE CLAS Core: World Languages First Level Proficiency or elective course d 1
GE CLAS Core: Diversity and Inclusion c 3
Admission Application: apply to the Therapeutic Recreation (NCTRC Certification) BS program. g

<table>
<thead>
<tr>
<th>Hours</th>
<th>16-17</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Spring</th>
</tr>
</thead>
</table>

TR:1077 Introduction to Child Life 3
CLSA:3750 Medical and Technical Terminology 2
GE CLAS Core: Quantitative or Formal Reasoning c 3
GE CLAS Core: International and Global Issues c 3
GE CLAS Core: World Languages Second Level Proficiency or elective course d, f 4 - 5
Elective course d 1

| Hours | 16-17 |

| Third Year |

Any Semester

The curriculum shown in the third and fourth years on this plan begins upon acceptance into the Therapeutic Recreation (NCTRC Certification) BS program. g

| Hours | 0 |

<table>
<thead>
<tr>
<th>Fall</th>
</tr>
</thead>
</table>

TR:1061 Recreation Leadership and Programming 3
NURS:1030 or HHP:2130 Human Development and Behavior or Human Development Through the Life Span 3
TR:3161 Assessment and Evaluation in Therapeutic Recreation 3
GE CLAS Core: World Languages Second Level Proficiency or elective course d, f 4 - 5
Elective course d 3

| Hours | 17-18 |

<table>
<thead>
<tr>
<th>Spring</th>
</tr>
</thead>
</table>

TR:3162 Therapeutic Recreation: Clientele 3
TR:1800 Aging Matters: Introduction to Gerontology 3
PSY:2930 Abnormal Psychology: Health Professions 3
TR:4190 Preinternship Seminar 1
GE CLAS Core: World Languages Fourth Level Proficiency or elective course d, f 4 - 5
Elective course d 3

| Hours | 17-18 |

| Fourth Year |

<table>
<thead>
<tr>
<th>Fall</th>
</tr>
</thead>
</table>

TR:3163 Concepts and Issues in Therapeutic Recreation: Advancement of the Profession 3
TR:3261 Inclusive Recreation 3

<p>| Hours | 15-16 |</p>
<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>TR:3164</td>
<td>Therapeutic Recreation: Rehabilitation</td>
<td>3</td>
</tr>
<tr>
<td>TR:3262</td>
<td>Therapeutic Recreation Administration</td>
<td>3</td>
</tr>
<tr>
<td>Elective course</td>
<td>Elective course</td>
<td>3</td>
</tr>
<tr>
<td>Elective course</td>
<td>Elective course</td>
<td>3</td>
</tr>
</tbody>
</table>

**Hours**: 18

**Spring**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>TR:4191</td>
<td>Therapeutic Recreation Internship</td>
<td>12</td>
</tr>
</tbody>
</table>

**Degree Application**: apply on MyUI before deadline
(typically in February for spring, September for fall)

**Exam**: National Council for Therapeutic Recreation Certification

**Hours**: 12

**Total Hours**: 124-130

---

**a** The Academic Advising Center advises Therapeutic Recreation Interest students on prerequisite course planning. Students are advised for success, based on academic strength, not necessarily for a four-year plan. Prerequisites may take more than two years to complete.

**b** Fulfills a major requirement and may fulfill a GE requirement.

**c** GE CLAS Core courses may be completed in any order unless used as a prerequisite for another course. Students should consult with an advisor about the best sequencing of courses.

**d** Students may use elective courses to earn credit towards the total s.h. required for graduation or to complete a double major, minors, or certificates.

**e** This course is a requirement for admission to the Therapeutic Recreation (NCTRC Certification) BS program.

**f** Students who have completed four years of a single language in high school have satisfied the GE CLAS Core World Languages requirement. Enrollment in world languages courses requires a placement exam, unless enrolling in a first-semester-level course.

**g** Applicants for admission should use the application form on the Department of Health and Human Physiology website. Completed applications typically must be submitted in October for admission the following spring or in March for admission the following fall. For more information see your advisor.

**h** Please see Academic Calendar, Office of the Registrar website for current degree application deadlines. Students should apply for a degree for the session in which all requirements will be met. For any questions on appropriate timing, contact your academic advisor or Graduation Services.

**i** Students who complete the curriculum, including the therapeutic recreation internship, are eligible to sit for the National Council for Therapeutic Recreation Certification exam. Successful completion of the exam confers the Certified Therapeutic Recreation Specialist (CTRS) credential.