

# Inclusive Recreation, Minor

## Requirements

The undergraduate minor in inclusive recreation requires a minimum of 15 s.h., including at least 12 s.h. taken at the University of Iowa in courses offered by the Department of Health and Human Physiology. Students must maintain a grade-point average of at least 2.00 in all courses for the minor and in all UI courses for the minor. Coursework in the minor may not be taken pass/non-pass.

Students who earn a Bachelor of Science degree with a major in therapeutic recreation, either the inclusive recreation track or National Council on Therapeutic Recreation Certification (NCTRC) track, may not earn the minor in inclusive recreation. No more than 6 s.h. of courses counting toward this minor may also count toward another major, minor, or certificate.

For the minor, students complete required courses that focus on various populations and interventions to promote inclusive recreation and participation in leisure.

The minor in inclusive recreation requires the following coursework.

## Foundational Courses

Course #	Title	Hours
All of these:		
TR:1070	Perspectives on Leisure and Play	3
TR:2160	Introduction to Therapeutic Recreation	3
TR:3261	Inclusive Recreation	3

## Electives

Student choose at least two courses (6 s.h.) from the "Diverse Population Electives" and/or "Recreation Electives" that align with their interests.

Course #	Title	Hours
At least two of these (6 s.h.):		
<b>Diverse Populations Electives</b>		
HHP:2130	Human Development Through the Life Span	3
DST:1101	Introduction to Disability Studies	3
TR:1800/ASP:1800/ CSD:1800/ NURS:1800/ SSW:1800	Aging Matters: Introduction to Gerontology	3
TR:2077	Introduction to Child Life	3
TR:3162	Therapeutic Recreation: Clientele	3
<b>Recreation Electives</b>		
TR:2061	Recreation Leadership and Programming	3
TR:3262	Therapeutic Recreation Administration	3
TR:4197/DST:4198	Practicum in Therapeutic Recreation	1-3