Health Promotion, B.S.

Academic Plans

Four-Year Graduation Plan

The following checkpoints list the minimum requirements students must complete by certain semesters in order to stay on the University's Four-Year Graduation Plan. Courses in the major are those required to complete the major; they may be offered by departments other than the major department.

Before the fifth semester begins: one foundation course and at least six more courses in the major.

Before the seventh semester begins: at least six more courses in the major (total of 13) and at least 90 s.h. earned toward the degree.

Before the eighth semester begins: at least two more courses in the major (total of 15).

During the eighth semester: enrollment in all remaining coursework in the major, all remaining GE CLAS Core courses, and a sufficient number of semester hours to graduate.

Sample Plan of Study

Sample plans represent one way to complete a program of study. Actual course selection and sequence will vary and should be discussed with an academic advisor. For additional sample plans, see MyUI.

Health Promotion, B.S.

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Hours</th>
</tr>
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<tr>
<td>Academic Career</td>
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<td>Any Semester</td>
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<td>GE CLAS Core: Sustainability a</td>
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<tr>
<td>First Year</td>
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<tr>
<td>Fall</td>
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<tr>
<td>CHEM:1070</td>
<td>General Chemistry I b</td>
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<tr>
<td>RHET:1030</td>
<td>Rhetoric or The Interpretation of Literature</td>
<td>3 - 4</td>
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<td>GE CLAS Core: Diversity and Inclusion c</td>
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<td>GE CLAS Core: Social Sciences c</td>
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<td>3</td>
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<td>Hours</td>
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<td>Spring</td>
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<tr>
<td>HHP:2200</td>
<td>Physical Activity and Health d</td>
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<td>CHEM:1080</td>
<td>General Chemistry II</td>
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<td>Major: math/statistics requirement d</td>
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<tr>
<td>RHET:1030</td>
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<tr>
<td>Elective course e</td>
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<tr>
<td>Hours</td>
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<td>Fall</td>
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<tr>
<td>HHP:2310</td>
<td>Nutrition and Health</td>
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<td>HHP:3430</td>
<td>Health Management and Administration</td>
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<td>HHP:4010</td>
<td>Behavioral and Clinical Health Assessment Laboratory</td>
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<tr>
<td>Hours</td>
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<td>16</td>
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<tr>
<td>Total Hours</td>
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<td>124-131</td>
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</table>

Spring

- HHP:1100 Human Anatomy
- GE CLAS Core: International and Global Issues c
- GE CLAS Core: Literary, Visual, and Performing Arts c
- GE CLAS Core: World Languages Second Level Proficiency or elective course e
- Elective course e

| Hours | 16-17 |

Third Year Fall

- HHP:1300 Fundamentals of Human Physiology
- HHP:3200 Health Behavior and Health Promotion
- Major: elective course g
- GE CLAS Core: World Languages Second Level Proficiency or elective course e
- Elective course e

| Hours | 16-17 |

Fourth Year Fall

- HHP:3430 Health Management and Administration
- HHP:4010 Behavioral and Clinical Health Assessment Laboratory
- Elective course e
- Elective course e
- Elective course e

| Hours | 16    |

Spring

- HHP:4420 Planning and Evaluating Health Interventions
- Major: experiential learning requirement
- Elective course e
- Elective course e
- Elective course e

Degree Application: apply on MyUI before deadline (typically in February for spring, September for fall)

| Hours | 15    |

Total Hours 124-131

a Sustainability must be completed by choosing a course that has been approved for Sustainability AND for one of these
General Education areas: Natural Sciences; Quantitative and Formal Reasoning; Social Sciences; Historical Perspectives; International and Global Issues; Literary, Visual, and Performing Arts; or Values and Culture.

b Course not required before CHEM:1080 if student has completed high school chemistry.

c GE CLAS Core courses may be completed in any order unless used as a prerequisite for another course. Students should consult with an advisor about the best sequencing of courses.

d Fulfills a major requirement and may fulfill a GE requirement.

e Students may use elective courses to earn credit towards the total s.h. required for graduation or to complete a double major, minors, or certificates.

f Students who have completed four years of a single language in high school have satisfied the GE CLAS Core World Languages requirement. Enrollment in world languages courses requires a placement exam, unless enrolling in a first-semester-level course.

g Complete at least 6 s.h. from HHP courses numbered 2000 or above.

h Please see Academic Calendar, Office of the Registrar website for current degree application deadlines. Students should apply for a degree for the session in which all requirements will be met. For any questions on appropriate timing, contact your academic advisor or Graduation Services.