Health Promotion, BS

Academic Plans

Four-Year Graduation Plan

The following checkpoints list the minimum requirements students must complete by certain semesters in order to stay on the university's Four-Year Graduation Plan. Courses in the major are those required to complete the major; they may be offered by departments other than the major department.

Before the fifth semester begins: one foundation course and at least six more courses in the major.

Before the seventh semester begins: at least six more courses in the major (total of 13) and at least 90 s.h. earned toward the degree.

Before the eighth semester begins: at least two more courses in the major (total of 15).

During the eighth semester: enrollment in all remaining coursework in the major, all remaining GE CLAS Core courses, and a sufficient number of semester hours to graduate.

Sample Plan of Study

Sample plans represent one way to complete a program of study. Actual course selection and sequence will vary and should be discussed with an academic advisor. For additional sample plans, see MyUI.

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Course | Title | Hours | Academic Career
Any Semester
GE CLAS Core: Sustainability a | | 0 |

First Year

Fall
CHEM:1070 | General Chemistry I b | 3 |
ENGL:1200 | The Interpretation of Literature or RHET:1030 | Rhetoric | 3 - 4 |
GE CLAS Core: Diversity and Inclusion c | 3 |
GE CLAS Core: Social Sciences c | 3 |
CSI:1600 | Success at Iowa | 2 |

Hours | 14-15 |

Spring
HHP:2200 | Physical Activity and Health d | 3 |
CHEM:1080 | General Chemistry II | 3 |
Major: math/statistics requirement d | 3 - 4 |
ENGL:1200 | The Interpretation of Literature or RHET:1030 | Rhetoric | 3 - 4 |
Elective course e | 3 |

Hours | 15-17 |

Second Year

Fall
HHP:2310 | Nutrition and Health | 3 |
Major: biology requirement d | 4 |
GE CLAS Core: International and Global Issues c | 3 |
GE CLAS Core: World Languages First Level Proficiency or elective course | 4 - 5 |

Total Hours | 124-131 |

Notes:

a Sustainability must be completed by choosing a course that has been approved for Sustainability AND for one of these General Education areas: Natural Sciences; Quantitative and Formal Reasoning; Social Sciences; Historical Perspectives; International and Global Issues; Literary, Visual, and Performing Arts; or Values and Culture.
b Course not required before CHEM:1080 if student has completed high school chemistry.
c GE CLAS Core courses may be completed in any order unless used as a prerequisite for another course. Students should consult with an advisor about the best sequencing of courses.
d Fulfills a major requirement and may fulfill a GE requirement.
e Students may use elective courses to earn credit towards the total s.h. required for graduation or to complete a double major, minors, or certificates.
f Students who have completed four levels of a single language or two levels of two different languages in high school or college have satisfied the GE CLAS Core World Languages requirement. Students who have completed three levels of a single language may complete a fourth-level course in the same language or may choose an approved World Language and Cultural Exploration course. Enrollment in world languages courses requires a placement exam, unless enrolling in a first-semester-level course. Contact your academic advisor or CLAS Undergraduate Programs Office with questions concerning the World Languages requirement.
g Complete at least 6 s.h. from HHP courses numbered 2000 or above.
h Please see Academic Calendar, Office of the Registrar website for current degree application deadlines. Students should apply for a degree for the session in which all requirements will be met. For any questions on appropriate timing, contact your academic advisor or Degree Services.