Global Health Studies, B.A.

The Bachelor of Arts in global health studies prepares students for careers in local and international global health organizations, and for graduate and professional work in fields such as public health, law, planning and public affairs, social work, international development, sustainable agriculture, public policy, and more.

Learning Outcomes

The Global Health Studies Program equips its students to:

- identify the core areas of global health such as infectious and non-communicable diseases, maternal and child health, food sovereignty, environmental health, health inequalities, and interventions;
- analyze biomedical, social, cultural, and environmental determinants of health and disease;
- draw connections between significant health problems which affect both domestic and international communities; and
- recognize the ethical challenges involved in interventions designed to improve health and health equity across cultural and geographical boundaries.

Requirements

The Bachelor of Arts with a major in global health studies requires a minimum of 120 s.h., including at least 37 s.h. of coursework for the major. Students must maintain a g.p.a. of at least 2.00 in all courses for the major and in all UI courses for the major. A minimum of 18 s.h. of major coursework must be earned at the University of Iowa. A maximum of 6 s.h. in GHS:4990 Independent Project in Global Health may be used toward the major. Students also must complete the College of Liberal Arts and Sciences GE CLAS Core requirements.

A total of 9 s.h. may be double-counted from other majors, minors, or certificates toward the global health studies major, excluding courses taken to satisfy GE CLAS Core requirements.

Students who earn the major in global health studies may not earn the certificate or the minor in global health studies.

Students who earn the major in global health studies may earn the major in international studies as long as they select a track other than the global health track.

Students who earn the major in global health studies may earn the major in interdepartmental studies as long as they select an emphasis other than the global health emphasis in the health science track.

The B.A. with a major in global health studies requires the following coursework.

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
</tr>
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<tbody>
<tr>
<td></td>
<td>World Language and Culture Requirement</td>
<td>6</td>
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<tr>
<td></td>
<td>Foundation Courses</td>
<td>10</td>
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<tr>
<td></td>
<td>Global Health Perspectives and Practices Courses</td>
<td>18</td>
</tr>
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<td></td>
<td>Capstone Experience</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>Total Hours</td>
<td>37</td>
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</table>

World Language and Culture Requirement

Students must choose option A or B below. Semester hours necessary to complete this requirement will vary.

Option A: Students may complete a minimum of two semesters of language study beyond that required by the GE CLAS Core. This additional language requirement may be met either by completing at least two semesters of fifth-semester-level study or higher in the same language used to fulfill the GE CLAS Core World Languages requirement or by completing two semesters, or the equivalent, of a second world language at any level.

Option B: Students may complete this requirement by completing 6 s.h. from a list of courses approved for one of the following geographical tracks of the international studies major: African studies; Caribbean studies; East Asian studies; Islamic and Middle Eastern studies; Latin American studies; Russian, East European, and Eurasian studies; or South Asian studies. See the International Studies Course Database web page for approved courses each semester.

Foundation Courses

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
</tr>
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<tbody>
<tr>
<td></td>
<td>All of these:</td>
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<tr>
<td>GHS:2000</td>
<td>Introduction to Global Health Studies</td>
<td>3</td>
</tr>
<tr>
<td>GHS:3720</td>
<td>Contemporary Issues in Global Health</td>
<td>3</td>
</tr>
<tr>
<td>GHS:3850</td>
<td>Promoting Health Globally</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>And one of these:</td>
<td></td>
</tr>
<tr>
<td>GHS:3030</td>
<td>Global Health Today</td>
<td>1</td>
</tr>
<tr>
<td>GHS:3034</td>
<td>Doing Harm by Doing Good: The Ethics of Studying, Volunteering, and Working in Global Communities</td>
<td>1</td>
</tr>
<tr>
<td>GHS:3035</td>
<td>Engaging in Global Health</td>
<td>1</td>
</tr>
</tbody>
</table>

Global Health Perspectives and Practices Courses

To provide an appreciation of the interdisciplinary nature of global health studies, students choose from a wide range of courses on topics which reflect the breadth of the field.

Courses taken to complete another area of the major cannot be used toward the global health perspectives and practices requirement.

Students choose a minimum of 18 s.h. from these, with at least 12 s.h. numbered 3000 or above, and a minimum of 6 s.h. selected from the eight courses at the end of the list.

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
</tr>
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<tbody>
<tr>
<td>GHS:1029</td>
<td>First-Year Seminar</td>
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<tr>
<td>GHS:1181</td>
<td>Ancient Medicine</td>
<td>3</td>
</tr>
<tr>
<td>GHS:1290</td>
<td>Native American Foods and Foodways</td>
<td>3</td>
</tr>
<tr>
<td>GHS:2080</td>
<td>The Cultural Politics of HIV/AIDS</td>
<td>3</td>
</tr>
<tr>
<td>GHS:2090</td>
<td>Medical Spanish in Contemporary Society</td>
<td>4</td>
</tr>
<tr>
<td>Course Code</td>
<td>Course Title</td>
<td>Credits</td>
</tr>
<tr>
<td>-------------</td>
<td>------------------------------------------------------------------------------</td>
<td>---------</td>
</tr>
<tr>
<td>GHS:2110</td>
<td>Seven Billion and Counting: Introduction to Population Dynamics</td>
<td>3</td>
</tr>
<tr>
<td>GHS:2164</td>
<td>Culture and Healing for Future Health Professionals</td>
<td>3</td>
</tr>
<tr>
<td>GHS:2181</td>
<td>The Anthropology of Aging</td>
<td>3</td>
</tr>
<tr>
<td>GHS:2182</td>
<td>Africa: Health and Society</td>
<td>3</td>
</tr>
<tr>
<td>GHS:2260</td>
<td>Hard Cases in Healthcare at the Beginning of Life</td>
<td>3</td>
</tr>
<tr>
<td>GHS:2265</td>
<td>Hard Cases in Healthcare at the End of Life</td>
<td>3</td>
</tr>
<tr>
<td>GHS:2320</td>
<td>Origins of Human Infectious Disease</td>
<td>3</td>
</tr>
<tr>
<td>GHS:2415</td>
<td>Bioethics</td>
<td>3</td>
</tr>
<tr>
<td>GHS:2570</td>
<td>Introduction to Islamic Psychology</td>
<td>3</td>
</tr>
<tr>
<td>GHS:2650</td>
<td>Global Reproduction</td>
<td>3</td>
</tr>
<tr>
<td>GHS:2674</td>
<td>Food, Body, and Belief: A Global Perspective</td>
<td>3</td>
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<tr>
<td>GHS:3010</td>
<td>Identifying and Developing a Global Health Project</td>
<td>3</td>
</tr>
<tr>
<td>GHS:3011</td>
<td>Global Research: Strategies and Skills</td>
<td>1</td>
</tr>
<tr>
<td>GHS:3012</td>
<td>Community-Based Global Health Research</td>
<td>3</td>
</tr>
<tr>
<td>GHS:3030</td>
<td>Global Health Today</td>
<td>1</td>
</tr>
<tr>
<td>GHS:3034</td>
<td>Doing Harm by Doing Good: The Ethics of Studying, Volunteering, and Working in Global Communities</td>
<td>1</td>
</tr>
<tr>
<td>GHS:3035</td>
<td>Engaging in Global Health</td>
<td>1</td>
</tr>
<tr>
<td>GHS:3037</td>
<td>Technology to Improve Global Health</td>
<td>3</td>
</tr>
<tr>
<td>GHS:3040</td>
<td>Health in Mexico</td>
<td>3</td>
</tr>
<tr>
<td>GHS:3050</td>
<td>Global Aging</td>
<td>3</td>
</tr>
<tr>
<td>GHS:3060</td>
<td>Studies in Complementary and Alternative Medicine</td>
<td>3</td>
</tr>
<tr>
<td>GHS:3070</td>
<td>Hungry Planet: Global Geographies of Food</td>
<td>3</td>
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<tr>
<td>GHS:3102</td>
<td>Medical Anthropology</td>
<td>3</td>
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<tr>
<td>GHS:3110</td>
<td>Health of Indigenous Peoples</td>
<td>3</td>
</tr>
<tr>
<td>GHS:3111</td>
<td>Geography of Health</td>
<td>3</td>
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<tr>
<td>GHS:3113</td>
<td>Religion and Healing</td>
<td>3</td>
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<tr>
<td>GHS:3131</td>
<td>Health Care and Health Reforms in Russia</td>
<td>3</td>
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<tr>
<td>GHS:3150</td>
<td>Media and Health</td>
<td>3</td>
</tr>
<tr>
<td>GHS:3151</td>
<td>The Anthropology of the Beginnings and Ends of Life</td>
<td>3</td>
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<tr>
<td>GHS:3152</td>
<td>Anthropology of Caregiving and Health</td>
<td>3</td>
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<tr>
<td>GHS:3170</td>
<td>Visualizing Global Health Through Popular Fiction and Film</td>
<td>3</td>
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<tr>
<td>GHS:3191</td>
<td>Sustainable Development: India and the Global Context</td>
<td>3</td>
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<tr>
<td>GHS:3192</td>
<td>Environment and Health in Modern India</td>
<td>3</td>
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<tr>
<td>GHS:3300</td>
<td>Envisioning Future Worlds: Sustainable Development and Its Alternatives</td>
<td>3</td>
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<tr>
<td>GHS:3327</td>
<td>The Politics of Progress: NGOs, Development, and Sexuality</td>
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<tr>
<td>GHS:3420</td>
<td>Health and Healing in Early Modern Europe</td>
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<tr>
<td>GHS:3500</td>
<td>Global Public Health</td>
<td>3</td>
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<tr>
<td>GHS:3508</td>
<td>Disease and Health in Latin American History</td>
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<tr>
<td>GHS:3555</td>
<td>Understanding Health and Disease in Africa</td>
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<td>GHS:3600</td>
<td>Development in a Global Context I: Preparing for an Internship in Health, Gender, and Environment</td>
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<tr>
<td>GHS:3660</td>
<td>Development in a Global Context II: Reflections on Real World Interventions</td>
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<tr>
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<td>Contemporary Issues in Global Health (topic must be different than the Foundation Course topic)</td>
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<td>GHS:3732</td>
<td>Global Health Nursing</td>
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<tr>
<td>GHS:3760</td>
<td>Hazards and Society</td>
<td>3</td>
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<tr>
<td>GHS:3780</td>
<td>U.S. Energy Policy in Global Context</td>
<td>3</td>
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<tr>
<td>GHS:4000</td>
<td>Global Health Studies Service Learning: Local Health is Global Health</td>
<td>4</td>
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<tr>
<td>GHS:4001</td>
<td>Social Entrepreneurship and Global Health</td>
<td>3</td>
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<tr>
<td>GHS:4002</td>
<td>Working in Global Health</td>
<td>3</td>
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<tr>
<td>GHS:4003</td>
<td>Case Studies in Global Health Inequities: Challenges and Interventions</td>
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<tr>
<td>GHS:4100</td>
<td>Topics in Global Health</td>
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<tr>
<td>GHS:4140</td>
<td>Feminist Activism and Global Health</td>
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<td>GHS:4150</td>
<td>Health and Environment: GIS Applications</td>
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<td>GHS:4162</td>
<td>History of Global Health</td>
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<tr>
<td>GHS:4180</td>
<td>Climate Change and Health</td>
<td>3</td>
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<tr>
<td>GHS:4205</td>
<td>Culture, Language, and Health</td>
<td>3</td>
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<tr>
<td>GHS:4260</td>
<td>Global Water and Health</td>
<td>3</td>
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<tr>
<td>GHS:4530</td>
<td>Global Road Safety</td>
<td>3</td>
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<tr>
<td>GHS:4600</td>
<td>Global Health and Human Rights</td>
<td>2-3</td>
</tr>
<tr>
<td>GHS:4770</td>
<td>Environmental Justice</td>
<td>3</td>
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<tr>
<td>GHS:4990</td>
<td>Independent Project in Global Health</td>
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<tr>
<td>GHS:5000</td>
<td>Graduate Seminar in Global Health</td>
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<tr>
<td>GHS:5455</td>
<td>Health Insurance and Managed Care</td>
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<tr>
<td>GHS:6550</td>
<td>Epidemiology of Infectious Diseases</td>
<td>3</td>
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<tr>
<td>GHS:6625</td>
<td>Seminar: Religion and Health</td>
<td>3</td>
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</table>
Aging Matters: Introduction to Gerontology 3

Climageddon: Understanding Climate Change and Associated Impacts on Health 2

Finding Patient Zero: The Exploration of Infectious Disease Transmission and Pandemic Threats 3

The U.S. Health System in a Global Context 3

Health, Work, and the Environment 3

Agriculture, Food Systems, and Sustainability 3

Topics in Culture and Identity (when topic is stories about HIV/AIDS) 3

The History That Made Our World (when topic is health in the Global South) 3

Community and Public Health Nursing Practicum (B.S.N. students only) 2

Global Environmental Health 3

Contraception Across Time and Cultures 3

Disabilities and Inclusion in Writing and Film Around the World 3

Transnational Sexualities 3

Ethics, Politics, and Global Health 3

Global Maternal and Child Health 3

Health Experience of Immigrants, Migrants, and Refugees 3

Global Epidemics 3

Global Garbage and Global Health 3

Global Health Project 3

Community-Based Global Health Research 3

Global Health Studies Service Learning: Local Health is Global Health 4

Social Entrepreneurship and Global Health 3

Working in Global Health 3

Case Studies in Global Health Inequities: Challenges and Interventions 3

Honors in the Major

Students majoring in global health studies have the opportunity to graduate with honors in the major. Students who choose to graduate with honors in the major must satisfy these requirements:

- maintain a cumulative University of Iowa g.p.a. of at least 3.33 and a g.p.a. of at least 3.33 in all work for the major;
- complete a minimum of 6 s.h. of honors or contract honors courses in their global health studies major coursework;
- complete GHS:3010 Identifying and Developing a Global Health Project followed by GHS:4991 Honors Thesis in Global Health Studies as their capstone experience;
- enroll in GHS:4992 Global Health Studies Honors Cohort (0 s.h.) with the global health studies honors advisor during the semester in which GHS:4991 will be completed;
- submit an acceptable honors thesis; and
- give an oral or poster presentation of research findings at a venue approved by the Global Health Studies Program.

University of Iowa Honors Program

In addition to honors in the major, students have opportunities for honors study and activities through membership in the University of Iowa Honors Program. Visit Honors at Iowa to learn about the University's honors program.

Academic Plans

Four-Year Graduation Plan

The following checkpoints list the minimum requirements students must complete in order to stay on the University's Four-Year Graduation Plan.

Before the fifth semester begins: at least six courses in the major

Before the seventh semester begins: at least 12 courses in the major and at least 90 s.h. earned toward the degree

Before the eighth semester begins: at least two additional courses in the major

During the eighth semester: enrollment in all remaining coursework in the major, all remaining GE CLAS Core courses, and a sufficient number of semester hours to graduate

Sample Plan of Study

Sample plans represent one way to complete a program of study. Actual course selection and sequence will vary and
Global Health Studies, B.A.

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Any Semester</td>
<td>The Global Health Studies Program connects students to ethical experiential learning opportunities. a</td>
<td></td>
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<tr>
<td>GHS:3035</td>
<td>Engaging in Global Health b</td>
<td>1</td>
</tr>
<tr>
<td>Honors: thesis c</td>
<td></td>
<td></td>
</tr>
<tr>
<td>First Year</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fall</td>
<td></td>
<td></td>
</tr>
<tr>
<td>GHS:2000</td>
<td>Introduction to Global Health Studies</td>
<td>3</td>
</tr>
<tr>
<td>RHET:1030</td>
<td>Rhetoric</td>
<td>3 - 4</td>
</tr>
<tr>
<td>or ENGL:1200</td>
<td>or The Interpretation of Literature</td>
<td></td>
</tr>
<tr>
<td>GE CLAS Core: Diversity and Inclusion d</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>GE CLAS Core: World Languages First Level Proficiency or elective course e</td>
<td>4 - 5</td>
<td></td>
</tr>
<tr>
<td>CSI:1600</td>
<td>Success at Iowa</td>
<td>2</td>
</tr>
<tr>
<td>Hours</td>
<td></td>
<td>15-17</td>
</tr>
<tr>
<td>Spring</td>
<td></td>
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</tr>
<tr>
<td>GHS:3030</td>
<td>Global Health Today</td>
<td>1</td>
</tr>
<tr>
<td>or GHS:3035</td>
<td>or Engaging in Global Health or Doing Harm by Doing Good: The Ethics of Studying, Volunteering, and Working in Global Communities</td>
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<tr>
<td>RHET:1030</td>
<td>Rhetoric</td>
<td>3 - 4</td>
</tr>
<tr>
<td>or ENGL:1200</td>
<td>or The Interpretation of Literature</td>
<td></td>
</tr>
<tr>
<td>GE CLAS Core: Social Sciences d</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>GE CLAS Core: Values and Culture d</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>GE CLAS Core: World Languages Second Level Proficiency or elective course e</td>
<td>4 - 5</td>
<td></td>
</tr>
<tr>
<td>Elective course f</td>
<td></td>
<td>2 - 3</td>
</tr>
<tr>
<td>Hours</td>
<td></td>
<td>16-19</td>
</tr>
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<td>Second Year</td>
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<td>Fall</td>
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<tr>
<td>GHS:3850</td>
<td>Promoting Health Globally</td>
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</tr>
<tr>
<td>Major: global health perspectives and practices course</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>GE CLAS Core: Natural Sciences without Lab g</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>GE CLAS Core: World Languages Second Level Proficiency or elective course e</td>
<td>4 - 5</td>
<td></td>
</tr>
<tr>
<td>Elective course f</td>
<td></td>
<td>3</td>
</tr>
<tr>
<td>Hours</td>
<td></td>
<td>16-17</td>
</tr>
<tr>
<td>Spring</td>
<td></td>
<td></td>
</tr>
<tr>
<td>GHS:3720</td>
<td>Contemporary Issues in Global Health</td>
<td>3</td>
</tr>
<tr>
<td>GE CLAS Core: Literary, Visual, and Performing Arts d</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>GE CLAS Core: Quantitative or Formal Reasoning d</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>GE CLAS Core: World Languages Fourth Level Proficiency or elective course e</td>
<td>4 - 5</td>
<td></td>
</tr>
<tr>
<td>Elective course f</td>
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<td>3</td>
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</tbody>
</table>

Elective course f | 3

Third Year

| Fall       | Major: global health perspectives and practices course numbered 3000 or above | 3 |
| Major: world language and culture requirement | 3 - 5 |
| GE CLAS Core: Historical Perspectives d | 3 |
| GE CLAS Core: Natural Sciences with Lab d | 4 |
| Elective course f | 2 - 3 |
| Hours      |                                               | 15-18 |
| Spring     | Major: global health perspectives and practices course | 3 |
| Major: global health perspectives and practices course numbered 3000 or above | 3 |
| Major: world language and culture requirement | 3 - 5 |
| Elective course f | 3 |
| Elective course f | 3 |
| Elective course f | 3 |
| Hours      |                                               | 15-17 |
| Fourth Year|                                               |       |
| Fall       | Major: global health capstone course           | 3 - 4 |
| Major: global health perspectives and practices course | 3 |
| Elective course f | 3 |
| Elective course f | 3 |
| Elective course f | 2 - 3 |
| Degree Application: apply on MyUI before deadline (typically in February for spring, September for fall) | |
| Hours      |                                               | 15-17 |
| Spring     | Major: global health capstone course           | 3 - 4 |
| GE CLAS Core: International and Global Issues d | 3 |
| Elective course f | 3 |
| Elective course f | 3 |
| Elective course f | 3 |
| Hours      |                                               | 15-17 |

Total Hours 123-137

a The Global Health Studies Program connects students to experiential learning opportunities such as study abroad, internships, research, service learning, and capstone courses through which students develop real world skills related to major global health issues. Students meet regularly with their academic advisor for help in identifying ethical activities which can be integrated into their individualized graduation plan.
b Global Health Studies students are encouraged to enroll in this course to explore how professionals and volunteers work in a broad variety of global health settings. This course counts toward Global Health Perspectives and Practices.
c Students completing Honors in the Global Health Studies major work with a faculty mentor to produce an honors thesis, and then present their research at a venue approved by the Global Health Studies Program.
d GE CLAS Core courses may be completed in any order unless used as a prerequisite for another course. Students should consult with an advisor about the best sequencing of courses.
e Students who have completed four years of a single language in high school have satisfied the GE CLAS Core World Languages requirement. Enrollment in world languages courses requires a placement exam, unless enrolling in a first-semester-level course.
Students may use elective courses to earn credit towards the total s.h. required for graduation or to complete a double major, minors, or certificates.

Please see Academic Calendar, Office of the Registrar website for current degree application deadlines. Students should apply for a degree for the session in which all requirements will be met. For any questions on appropriate timing, contact your academic advisor. For more information visit http://commencement.uiowa.edu/. If applicable search for "Early and Late Participation" to find this page (e.g. participate in graduation ceremony in May, degree conferral in August).

Career Advancement

The Global Health Studies Program engages students and faculty in real-world health problems and challenges students to embark on global health careers which place a priority on improving health and achieving equity in health for people worldwide.

Graduates find opportunities in a range of global health job sectors such as:

- in-country field consultants;
- disaster relief organizations;
- immigrant/refugee health organizations;
- research and academic institutions;
- international agencies;
- other nongovernmental agencies (NGOs);
- lending agencies that do work in developing countries;
- multilateral agencies (such as the World Health Organization); and
- governmental agencies (United States Agency for International Development, Center for Disease Control, in-country ministries of health, etc.).

Global health studies graduates also have pursued graduate and professional degrees in medicine, dentistry, pharmacy, nursing, public health, law, nonprofit management, urban and regional planning, sustainable agriculture, international development, and public administration.

The Pomerantz Career Center offers multiple resources to help students find internships and jobs.