

Interdepartmental Studies, BA

Applied Human Services

The Bachelor of Arts in interdepartmental studies with an applied human services track requires 37–41 s.h. of work for the major. It combines a generalized psychology background with an emphasis on community-based services.

Students in the applied human services track may not earn a minor in human relations. Students in this track may count courses that reside in another college outside the College of Liberal Arts and Sciences (CLAS) toward their residence requirement. For example, Department of Counselor Education courses (prefix CSED) offered through the College of Education will be accepted toward the CLAS residence requirement for students in the applied human services track.

The BA in interdepartmental studies with an applied human services track requires the following coursework.

Requirements	Hours
Foundation Courses	24-26
Emphasis Area	12
Career Preparation Component	1-3

Foundation Courses

Psychology Core

Course #	Title	Hours
This course:		
PSY:1001	Elementary Psychology	3
One of these:		
PSY:2811	Research Methods and Data Analysis in Psychology I	3
STAT:1010	Statistics and Society	3
STAT:1020/ PSQF:1020	Elementary Statistics and Inference	3
STAT:1030	Statistics for Business	4

Human Relations Core

Course #	Title	Hours
One of these:		
CCCC:2220	Foundations of Critical Cultural Competence	3
CSED:4197	Citizenship in a Multicultural Society	3
Both of these:		
CSED:4195	Ethics in Human Relations and Counseling	3
CSED:4199	Counseling for Related Professions	3

Psychology Electives

Course #	Title	Hours
Three of these:		
PSY:2301	Introduction to Clinical Psychology	3

PSY:2401	Introduction to Developmental Science	3
PSY:2501	Introduction to Social Psychology	3
PSY:2601	Introduction to Cognitive Psychology	3
PSY:2701	Introduction to Behavioral Neuroscience	4

Community-Based Service Emphasis

Course #	Title	Hours
12 s.h. from these:		
CSED:4110	Psychology of Food and Mood	3
CSED:4113	Sleep, Sleep Deprivation, and Sleep Disorders	3
CSED:4114	Psychology of Body Modification and Self-Image	3
CSED:4130	Human Sexuality	3
CSED:4132	Introduction to Addictions and Impulse Control Disorders	3
CSED:4140	Foundations of Leadership for Community Agencies	3
CSED:4145/ PSQF:4145	Marriage and Family Interaction	3
CSED:4162/ PSQF:4162	Introduction to Couple and Family Therapy	3
CSED:4173	Trauma Across the Lifespan	3
CSED:4174	Positive Psychology	3
CSED:4175	Motivational Interviewing	3
CSED:4178	Microcounseling	3
CSED:4179	Sexuality Within the Helping Professions	3
CSED:4180	Topical Seminar for Helping Professionals	arr.
CSED:4185	Introduction to Substance Abuse	3
CSED:4187/ EDTL:4987	Introduction to Assistive Technology	3
CSED:4193	Individual Instruction - Undergraduate	arr.
CSED:4194	Interpersonal Effectiveness	3
PSQF:1027	Mindfulness Foundations in the Helping Professions	3
PSY:2930	Abnormal Psychology: Health Professions	3
SSW:3712/ NURS:3712	Human Sexuality, Diversity, and Society	1-3
SSW:3729	Substance Use and Abuse	2-3
SSW:3797	Child Welfare Policy and Practice	3