## Aging and Longevity Studies

### Director, School of Social Work
- Mercedes E. Bern-Klug

### Coordinator, Aging and Longevity Studies
- Nadia G. Sabbagh Steinberg

### Undergraduate minor
- aging and longevity studies

### Undergraduate certificate
- aging and longevity studies

### Graduate certificate
- aging and longevity studies

### Faculty:
- https://socialwork.uiowa.edu/people

### Website:
- https://socialwork.uiowa.edu/

### Courses

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
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<tbody>
<tr>
<td>ASP:1000</td>
<td>First-Year Seminar</td>
<td>1 s.h.</td>
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<tr>
<td>ASP:1800</td>
<td>Aging Matters: Introduction to Gerontology</td>
<td>3 s.h.</td>
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<td>ASP:2000</td>
<td>Big Ideas: Creativity for a Lifetime</td>
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<td>ASP:2181</td>
<td>The Anthropology of Aging</td>
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<td>ASP:3135</td>
<td>Global Aging</td>
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<td>ASP:3150</td>
<td>Psychology of Aging</td>
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<tr>
<td>ASP:3151</td>
<td>The Anthropology of the Beginnings and Ends of Life</td>
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<td>ASP:3152</td>
<td>Anthropology of Caregiving and Health</td>
<td>3 s.h.</td>
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<td>ASP:3160</td>
<td>Biology of Aging</td>
<td>3 s.h.</td>
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<td>ASP:3170</td>
<td>Health and Aging</td>
<td>3 s.h.</td>
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<td>ASP:3300</td>
<td>Mapping the Creative Legacy</td>
<td>3 s.h.</td>
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<tr>
<td>ASP:3400</td>
<td>Film, Media, and Aging</td>
<td>3 s.h.</td>
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<td>ASP:3519</td>
<td>Politics of Aging</td>
<td>3 s.h.</td>
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<td>ASP:3740</td>
<td>End-of-Life Care for Adults and Families</td>
<td>3 s.h.</td>
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<tr>
<td>ASP:3786</td>
<td>Death/Dying: Issues Across the Life Span</td>
<td>3-4 s.h.</td>
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<tr>
<td>ASP:3900</td>
<td>Independent Study in Gerontology</td>
<td>arr.</td>
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<tr>
<td>ASP:3920</td>
<td>Service Learning in Aging Studies</td>
<td>1-3 s.h.</td>
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AS:3151
Examination of diverse understandings of birth and death, drawing on anthropological analysis of personhood, kinship, ritual, and medicine; how social inequality and new technologies shape human experience at life's margins. Prerequisites: ANTH:1101 or ANTH:2100. Same as ANTH:3151, GHS:3151.

AS:3152
Diverse understandings and practices of care around the world: focus on relationships between caregiving practices and health across the life course. Same as ANTH:3152, GHS:3152.

AS:3160
Biogerontology; definition of aging and senescence, biological theories of aging, demographics, model systems for aging, premature aging syndromes, aging of organ systems in humans.

AS:3170
Lifespan approach to understanding human biological development with emphasis on the experience of older adulthood and health; key concepts and how they are measured, including health promotion, wellness, and optimal aging. Recommendations: ASP:1800.

AS:3300
Reviewing a lifetime of creative work offers a unique window into the influences and perspectives that shape an artist's development over decades; understanding creativity throughout the lifespan; fieldwork with senior artists to document the evolution of their original output; generating oral histories, documenting a substantial number of artistic works, and helping to produce a creative legacy; course culminates with a gallery exhibition of senior artists' work, curated by the students.

AS:3400
Examination of trends in the way that aging and older adulthood are portrayed in film and other media.

AS:3519
Core concepts and methods related to aging and policies that address the needs of older persons; demographic measures of population health and aging, including incidence and distribution of specific conditions relevant in older age; theories of public policy and involvement of older persons in the political process; key historical and current policies, at both the federal and state/local levels, that influence service provision and the well-being of older persons in the United States. Same as POLI:3519.

AS:3740

AS:3786
Introduction to the field of end-of-life care; examination of student concerns about death, dying, and grieving process; historical, cultural, societal, and personal perspectives of death and dying in modern society. Same as SSW:3786.

AS:3900
Individual projects and/or research.

AS:3920
Experiential learning in settings with older adults. Corequisites: ASP:1800, if not taken as a prerequisite.

Website:
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Graduate certificate:
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ASP:4000 Senior Living and Support Services for Older Adults and Persons with Disabilities 3 s.h.
Overview of continuum of care and services designed to meet needs of older adults and persons with disabilities; services for functionally independent persons; focus on older adults with mild to moderate functional limitations; how services are financed; basic screening and assessment tools and techniques; exploration of services available in individual and group settings (i.e., senior centers, home health, rehab, assisted living, nursing homes, hospice).

ASP:4165 Communication Disorders and Aging 1-2 s.h.
Introduction to speech, language, and hearing processes and disorders among older adults; survey of characteristics of communication and communication breakdown, remediation, and strategies for improving communication with older adults with communication disorders; primarily for majors and other health care service providers. Same as CSD:4165.

ASP:4190 Aging Studies Internship and Seminar 3 s.h.
Opportunities for students in various disciplines to relate their areas of study to older adults and aging; interdisciplinary relationships, approaches to meeting needs of older adults; an online seminar that meets regularly is included in this experience. Same as SSW:4190.

ASP:4470 Physiology of Aging 3 s.h.
Aging's effects on cells, tissues, and organs; how aging influences function of major body organ systems and the whole organism; physiological mechanisms that underlie age-related changes in body function and performance; integrative approach with focus on human aging. Prerequisites: HHP:3500 or HHP:3550. Same as HHP:4470.

ASP:5401 The Care of the Frail Elderly 3 s.h.
Clinical management of the elderly; emphasis on economic considerations, principles of gerontological care, common syndromes, ethical issues; clinical application experience in a long-term care setting. Prerequisites: NURS:5035. Corequisites: NURS:6200 and NURS:6701. Same as NURS:5401.

ASP:5750 Medicare and Medicaid Policy 3 s.h.
Health policies most pertinent to Americans over age of 65. Same as HMP:5750.

ASP:6000 Graduate Gerontology Capstone 3 s.h.
Review of core concepts as identified by the Academy for Gerontology in Higher Education (AGHE) in the form of core competencies; students engage in discussions related to gerontological ethical issues at individual, family, and societal levels; receive guidance in developing and writing a major research paper relevant to their field; and engage in discussions related to uses of their gerontological knowledge in terms of looking for a job or pursuing further education.

ASP:8355 Introduction to Geriatric Dentistry 2 s.h.
Biological, psychological, and social aspects of aging; normal aging and disease processes associated with aging; pathological changes that affect oral health treatment of dental diseases and patient management. Requirements: D.D.S. enrollment or completion of dental hygiene program. Same as PCD:8355.