## Aging and Longevity Studies

### Interim Director, School of Social Work
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### Coordinator, Aging and Longevity Studies
- Nadia G. Sabbagh Steinberg

### Undergraduate minor: aging and longevity studies
### Undergraduate certificate: aging and longevity studies
### Graduate certificate: aging and longevity studies

### Faculty: [https://socialwork.uiowa.edu/people](https://socialwork.uiowa.edu/people)
### Website: [https://socialwork.uiowa.edu/](https://socialwork.uiowa.edu/)

### Courses

#### Aging and Longevity Studies Courses

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Name</th>
<th>Credits</th>
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<tbody>
<tr>
<td>ASP:1000</td>
<td>First-Year Seminar</td>
<td>1 s.h.</td>
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<tr>
<td>ASP:1800</td>
<td>Aging Matters: Introduction to Gerontology</td>
<td>3 s.h.</td>
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<td>Psychology of Aging</td>
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<tr>
<td>ASP:3152</td>
<td>Anthropology of Caregiving and Health</td>
<td>3 s.h.</td>
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<tr>
<td>ASP:3170</td>
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<td>Death/Dying: Issues Across the Life Span</td>
<td>3-4 s.h.</td>
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<tr>
<td>ASP:3900</td>
<td>Independent Study in Gerontology</td>
<td>arr.</td>
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<tr>
<td>ASP:4165</td>
<td>Communication Disorders and Aging</td>
<td>1-2 s.h.</td>
</tr>
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<td>ASP:4190</td>
<td>Aging Studies Internship and Seminar</td>
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<td>ASP:4470</td>
<td>Physiology of Aging</td>
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### Prerequisites
- ASP:1000: First-Year Seminar: 1 s.h.
- ASP:1800: Aging Matters: Introduction to Gerontology: 3 s.h.
- ASP:2000: Big Ideas: Creativity for a Lifetime: 3 s.h.
- ASP:2181: The Anthropology of Aging: 3 s.h.
- ASP:2265: Hard Cases in Healthcare at the End of Life: 3 s.h.
- ASP:3135: Global Aging: 3 s.h.
- ASP:3150: Psychology of Aging: 3 s.h.
- ASP:3152: Anthropology of Caregiving and Health: 3 s.h.
- ASP:3170: Health and Aging: 3 s.h.
- ASP:3519: Politics of Aging: 3 s.h.
- ASP:3740: End-of-Life Care for Adults and Families: 3 s.h.
- ASP:3786: Death/Dying: Issues Across the Life Span: 3-4 s.h.
- ASP:4165: Communication Disorders and Aging: 1-2 s.h.
- ASP:4190: Aging Studies Internship and Seminar: 3 s.h.
- ASP:4470: Physiology of Aging: 3 s.h.

### Additional Information
- Preparation for future healthcare providers to make difficult ethical decisions regarding the end of life; interactive course. Same as GHS:2265, RELS:2265.
- Demographic factors that contribute to the worldwide phenomena of population aging in context of WHO Active Aging and the United Nation’s Principles for Older Persons frameworks. Same as GHS:3050, SSW:3135.
- The later years of human life viewed from perspectives of developmental psychology, biology, sociology.
- Diverse understandings and practices of care around the world; focus on relationships between caregiving practices and health across the life course. Same as ANTH:3152, GHS:3152.
- Lifespan approach to understanding human biological development with emphasis on the experience of older adulthood and health; key concepts and how they are measured, including health promotion, wellness, and optimal aging. Recommendations: ASP:1800.
- Core concepts and methods related to aging and policies that address the needs of older persons; demographic measures of population health and aging, including incidence and distribution of specific conditions relevant in older age; theories of public policy and involvement of older persons in the political process; key historical and current policies, at both the federal and state/local levels, that influence service provision and the well-being of older persons in the United States. Same as POLI:3519.
- Introduction to the field of end-of-life care; examination of student concerns about death, dying, and grieving process; historical, cultural, societal, and personal perspectives of death and dying in modern society. Same as SSW:3786.
- Individual projects and/or research.
- Introduction to speech, language, and hearing processes and disorders among older adults; survey of characteristics of communication and communication breakdown; remediation, and strategies for improving communication with older adults with communication disorders; primarily for majors and other health care service providers. Same as CSD:4165.
- Opportunities for students in various disciplines to relate their areas of study to older adults and aging; interdisciplinary relationships, approaches to meeting needs of older adults; an online seminar that meets regularly is included in this experience. Same as SSW:4190.
- Aging’s effects on cells, tissues, and organs; how aging influences function of major body organ systems and the whole organism; physiological mechanisms that underlie age-related changes in body function and performance; integrative approach with focus on human aging. Prerequisites: HHP:3500 or HHP:3550. Same as HHP:4470.
ASP:5401 The Care of the Frail Elderly  3 s.h.
Clinical management of the elderly; emphasis on economic considerations, principles of gerontological care, common syndromes, ethical issues; clinical application experience in a long-term care setting. Prerequisites: NURS:5035. Corequisites: NURS:6200 and NURS:6701. Same as NURS:5401.

ASP:5750 Medicare and Medicaid Policy  3 s.h.
Health policies most pertinent to Americans over age of 65. Same as HMP:5750.

ASP:6000 Graduate Gerontology Capstone  3 s.h.
Review of core concepts as identified by the Academy for Gerontology in Higher Education (AGHE) in the form of core competencies; students engage in discussions related to gerontological ethical issues at individual, family, and societal levels; receive guidance in developing and writing a major research paper relevant to their field; and engage in discussions related to uses of their gerontological knowledge in terms of looking for a job or pursuing further education.