

Human Relations, Minor

Requirements

The undergraduate minor in human relations requires a minimum of 15 s.h. of credit, including 12 s.h. earned at the University of Iowa. Students must maintain a grade-point average of at least 2.50 in all courses for the minor and in all UI courses for the minor. Coursework in the minor may not be taken pass/nonpass, but may count toward the minor if offered as S/U or S/F. Transfer credit must be approved by the chair of the Department of Counselor Education in order to count toward the minor.

The minor is open to all University of Iowa students enrolled in an undergraduate degree program.

The minor in human relations requires the following coursework.

| Course # | Title | Hours |
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| This course: | | |
| CSED:4199 | Counseling for Related Professions | 3 |
| At least 12 s.h. from these: | | |
| CSED:2081 | Making a Vocational-Educational Choice | 2-3 |
| CSED:4110 | Psychology of Food and Mood | 3 |
| CSED:4111 | Building Leadership and Success at Work | 3 |
| CSED:4112 | How to Interview to Get That Job! | 3 |
| CSED:4113 | Sleep, Sleep Deprivation, and Sleep Disorders | 3 |
| CSED:4114 | Psychology of Body Modification and Self-Image | 3 |
| CSED:4130 | Human Sexuality | 3 |
| CSED:4131 | Loss, Death, and Bereavement | 3 |
| CSED:4132 | Introduction to Addictions and Impulse Control Disorders | 3 |
| CSED:4140 | Foundations of Leadership for Community Agencies | 3 |
| CSED:4145 | Marriage and Family Interaction | 3 |
| CSED:4162 | Introduction to Couple and Family Therapy | 3 |
| CSED:4173 | Trauma Across the Lifespan | 3 |
| CSED:4174 | Positive Psychology | 3 |
| CSED:4175 | Motivational Interviewing | 3 |
| CSED:4176 | Child Abuse: Assessment, Intervention, and Advocacy | 3 |
| CSED:4178 | Microcounseling | 3 |
| CSED:4179 | Sexuality Within the Helping Professions | 3 |
| CSED:4180 | Topical Seminar for Helping Professionals | 3 |

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| CSED:4185 | Introduction to Substance Abuse | 3 |
| CSED:4187 | Introduction to Assistive Technology | 3 |
| CSED:4193 | Individual Instruction - Undergraduate | arr. |
| CSED:4194 | Interpersonal Effectiveness | 3 |
| CSED:4195 | Ethics in Human Relations and Counseling | 3 |
| CSED:4197 | Citizenship in a Multicultural Society | 3 |
| EALL:4130 | Introduction to Grant Writing | 3 |
| EPLS:4150 | Leadership and Public Service I | 3 |
| EPLS:4151 | Leadership and Public Service II | 2 |
| EPLS:4180 | Human Relations for the Classroom Teacher (requires special permission for students not enrolled in TEP) | 3 |
| PSQF:2115 | Introduction to Counseling Psychology | 3 |
| PSQF:2116 | Applied Child and Adolescent Psychology | 3 |
| SSW:3700 | Introduction to Understanding Trauma and Resilience | 3 |

Contact the Department of Counselor Education for more information about the minor.