

Human Relations, Minor

Requirements

The undergraduate minor in human relations requires a minimum of 15 s.h. of credit, including 12 s.h. earned at the University of Iowa. Students must maintain a grade-point average of at least 2.50 in all courses for the minor and in all UI courses for the minor. Coursework in the minor may not be taken pass/nonpass, but may count toward the minor if offered as S/U or S/F. Transfer credit must be approved by the chair of the Department of Counselor Education. Only 1:1 substitutions are permitted, and such substitutions are rare and granted only when the proposed course is fully equivalent. Students may not combine multiple lower-credit courses to meet a single 3 s.h. requirement. Any request must be discussed and approved by the student's primary academic advisor to ensure it does not conflict with major or degree requirements.

The minor is open to all University of Iowa students enrolled in an undergraduate degree program.

The minor in human relations requires the following coursework.

Course #	Title	Hours
This course:		
CSED:4199	Counseling for Related Professions	3
At least 12 s.h. from these:		
CSED:2081	Making a Vocational-Educational Choice	2-3
CSED:4110	Psychology of Food and Mood	3
CSED:4111	Building Leadership and Success at Work	3
CSED:4112	How to Interview to Get That Job!	3
CSED:4113	Sleep, Sleep Deprivation, and Sleep Disorders	3
CSED:4114	Psychology of Body Modification and Self-Image	3
CSED:4130	Human Sexuality	3
CSED:4131	Loss, Death, and Bereavement	3
CSED:4132	Introduction to Addictions and Impulse Control Disorders	3
CSED:4140	Foundations of Leadership for Community Agencies	3
CSED:4142	Working With Youth in Transition in the Helping Professions	3
CSED:4145	Marriage and Family Interaction	3
CSED:4162	Introduction to Couple and Family Therapy	3
CSED:4173	Trauma Across the Lifespan	3
CSED:4174	Positive Psychology	3
CSED:4175	Motivational Interviewing	3

CSED:4176	Child Abuse: Assessment, Intervention, and Advocacy	3
CSED:4178	Microcounseling	3
CSED:4179	Sexuality Within the Helping Professions	3
CSED:4180	Topical Seminar for Helping Professionals	3
CSED:4185	Introduction to Substance Abuse	3
CSED:4187	Introduction to Assistive Technology	3
CSED:4193	Individual Instruction - Undergraduate	arr.
CSED:4194	Interpersonal Effectiveness	3
CSED:4195	Ethics in Human Relations and Counseling	3
CSED:4197	Citizenship in a Multicultural Society	3
EALL:4130	Introduction to Grant Writing	3
EPLS:4180	Human Relations for the Classroom Teacher (requires special permission for students not enrolled in TEP)	3
PSQF:2115	Introduction to Counseling Psychology	3
PSQF:2116	Applied Child and Adolescent Psychology	3
PSQF:2700	Introduction to Understanding Trauma and Resilience	3
PSQF:3104	Multicultural Issues in Counseling and Psychology	3

Contact the Department of Counselor Education for more information about the minor.