Counselor Education, MA

Clinical Rehabilitation Counseling

The Master of Arts program in counselor education with a clinical rehabilitation counseling subprogram requires a minimum of 60 s.h. of graduate credit. Students must maintain a graduate program grade-point average of at least 3.00. Full-time students can complete the program in approximately 20 months (four semesters).

The program prepares graduates to meet and support the psychological, social, emotional, career, and independent living goals of people with disabilities through the counseling process.

Clinical rehabilitation counselors work in a variety of settings, such as state vocational rehabilitation programs and Veterans Affairs vocational rehabilitation programs, independent living centers, community-based mental health centers and supported employment, psychiatric rehabilitation programs, transition from school to work programs, and insurance companies and private rehabilitation agencies.

Clinical rehabilitation counselors are a specialized type of counselor who work alongside people with physical, mental, developmental, or emotional disabilities to support them in achieving greater independence, improving their quality of life, and reaching personal, social, and vocational goals.

Graduates of the program are eligible for certification by the Commission on Rehabilitation Counselor Certification (CRCC), as well as licensure by the Iowa Board of Behavioral Science (LMHC), with specific advising.

The curriculum blends academic work with supervised clinical experiences. Students take one semester of practicum and one semester of internship concurrently with academic courses. The program concludes with a full-time internship (40 hours per week) during a spring semester. Students will do their fieldwork in sites that meet Council for Accreditation of Counseling and Related Educational Programs (CACREP) accreditation standards and that have programs or clientele aligned with a student's interests and educational objectives. Clinical placements require criminal background checks.

The MA in counselor education with a clinical rehabilitation counseling subprogram requires the following work.

Required Courses

Course #	Title	Hours
All of these:		
CSED:5202	Introduction to Group Counseling	3
CSED:5203	Career Development and Counseling	3
CSED:5221	Theories of Counseling	3
CSED:5241	Professional Counseling Orientation and Ethical Practice	3
CSED:5249	Medical, Psychopathological, and Psychosocial Aspects of Health and Disability	3
CSED:5250	Social and Cultural Foundations of Counseling	3
CSED:5254	Assessment and Appraisal	3
CSED:5260	Diagnosis and Management of Mental Health, Substance Use, and Co-Occurring Disorders	3
CSED:5278	Applied Microcounseling	3
CSED:6341	The Professional Practice of Clinical Rehabilitation Counseling	3
CSED:6342	Lifespan Development	3
CSED:6346	Practicum in Rehabilitation Counseling	3
CSED:6347	Internship in Rehabilitation Counseling	12
CSED:6500	Research and Program Evaluation	3

Electives

In consultation with their advisors, students choose 9 s.h. in elective coursework from a minimum of three courses. Students are permitted to select coursework numbered 3000 or above from counselor education (prefix CSED), teaching and learning (prefix EDTL), educational policy and leadership studies (prefix EPLS), and psychological and quantitative foundations (prefix PSQF). Students are encouraged to select from the following course list, as these courses are curated for counselor education students.

Course #	Title	Hours
CSED:4110	Psychology of Food and Mood	3
CSED:4113	Sleep, Sleep Deprivation, and Sleep Disorders	3
CSED:4114	Psychology of Body Modification and Self-Image	3
CSED:4131	Loss, Death, and Bereavement	3
CSED:4132	Introduction to Addictions and Impulse Control Disorders	3
CSED:4142	Working With Youth in Transition in the Helping Professions	3
CSED:4162	Introduction to Couple and Family Therapy	3
CSED:4173	Trauma Across the Lifespan	3
CSED:4174	Positive Psychology	3
CSED:4175	Motivational Interviewing	3
CSED:4176	Child Abuse: Assessment, Intervention, and Advocacy	3
CSED:4179	Sexuality Within the Helping Professions	3
CSED:4185	Introduction to Substance Abuse	3
CSED:4187	Introduction to Assistive Technology	3
CSED:5248	Diagnosis and Treatment Planning for Traditional, Vulnerable, and Special Populations in Counseling	3

CSED:5253	Forensic Rehabilitation and Case Management	3
CSED:5262	Workplace Support for Chronic Illness and Substance Use Disorders	3
CSED:5264	Integrated Psychopharmacology	3
CSED:5280	Topical Seminar in Counselor Education	arr.
CSED:5400	Suicide and Crisis Intervention in Counseling	2-3

Final Examination

The final examination consists of a departmental comprehensive portfolio that documents knowledge, skills, and dispositions on the process and practice of clinical rehabilitation counseling. Exams are offered only during fall and spring semesters.

Admission

Applicants must meet the department's general admission requirements. They should have a good academic record and relevant experience such as assisting individuals with disabilities. No specific undergraduate major area of study is required for the MA program, but a major in one of the social sciences is considered good preparation. Postbaccalaureate work experience relevant to the field of clinical rehabilitation counseling is preferred. The program encourages applications from persons traditionally underrepresented in the field, particularly those with a disability and/or members of minority or ethnic groups. A personal interview is required.

Although students may be admitted for any semester, the program highly recommends that full-time students begin in the fall.