

# Psychiatry

## Chair

- Peggy C. Nopoulos

**Website:** <https://psychiatry.medicine.uiowa.edu/>

The Department of Psychiatry teaches MD students, principally during their third year, and trains resident physicians for academic and clinical careers in psychiatry.

## Research

Department of Psychiatry staff members are involved in genetic and family studies of psychiatric disorders and research in genetic and biological psychiatry, neurochemistry, neuroimaging, neurophysiology, neuropsychiatry, psychosocial aspects of behavior, and neuroinvasive brain stimulation.

The department's students and residents have many research opportunities in psychiatry and in the basic science areas of neurochemistry, neurophysiology, and electrophysiology. The clinical areas of psychology, child psychiatry, and psychotherapy also offer opportunities for research and further study to a limited number of students.

## Residency

The department offers a four-year training program approved by the Residency Review Committee of the American Medical Association. Training experiences are available at University of Iowa Health Care and at the VA Iowa City Health Care. Additional experiences are available at affiliated institutions: Broadlawns Medical Center in Des Moines, the Iowa Medical and Classification Center at Oakdale, the Mid-Eastern Iowa Community Mental Health Center in Iowa City, and the Independence Mental Health Institute (Iowa Department of Human Services).

The department also offers an approved two-year residency in child psychiatry. Fellowships in consult/liaison psychiatry and addiction medicine are available after residency training.

## Courses

### Psychiatry Courses

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| <b>PSYC:8301 Clinical Psychiatry</b>   | <b>4 s.h.</b>   |
| Requirements: third-year MD enrollment.  |                 |
| <b>PSYC:8401 Adult Psychiatry</b>  | <b>arr.</b>     |
| Requirements: MD enrollment.   |                 |
| <b>PSYC:8402 Child Psychiatry</b>  | <b>arr.</b>     |
| Roles of child psychiatry as a consultation service. Requirements: MD enrollment.  |                 |
| <b>PSYC:8403 Adult Outpatient Psychiatry and Psychotherapy</b>   | <b>2,4 s.h.</b> |
| Diagnostic assessment, evaluation, treatment of psychiatric patients; exposure to both psychotherapeutic, psychopharmacologic treatments. Requirements: MD enrollment.   |                 |
| <b>PSYC:8404 Women's Wellness and Counseling Service</b>   | <b>4 s.h.</b>   |
| Experience evaluating and treating women with mental illness, with some emphasis on practitioner's autonomy; four-week rotation. Requirements: psychiatry clerkship.   |                 |
| <b>PSYC:8405 Advanced Inpatient Subinternship in Medical Psychiatry</b>  | <b>4 s.h.</b>   |
| Hands-on experience in evaluation and treatment of patients with combined medical and psychiatric disease; decisions regarding appropriate consultations, diagnostic tests, treatment; etiology and pathophysiology. Requirements: MD enrollment.  |                 |
| <b>PSYC:8408 Advanced Inpatient Subinternship in Mood/Psychotic Disorders</b>  | <b>4 s.h.</b>   |
| Subinternship in adult psychiatry; experiences that maximize autonomy and responsibility; inpatient rotation focuses on one subspecialty area (psychotic disorders or mood disorders); emphasis on substantial medical comorbidity; assess and address medical and psychiatric needs of assigned patients in a collaborative and integrative fashion; assess and manage patients independently at the level of a psychiatry intern, reporting directly to the attending; call is required; didactic curriculum focuses on critical appraisal of medical literature. Prerequisites: PSYC:8301. Requirements: fourth-year MD enrollment. |                 |
| <b>PSYC:8409 Eating Disorders</b>  | <b>2,4 s.h.</b> |
| Inpatient rotation; emphasis on co-occurring psychiatric and comorbid medical conditions associated with eating disorders; patient assessment and management at an advanced level; direct patient care and engagement in clinical decision-making for complex patients with substantial comorbidity; call is required; student experience maximizes autonomy and responsibility; didactic curriculum; focus on critical appraisal of relevant medical literature. Prerequisites: PSYC:8301. Requirements: fourth-year MD enrollment.   |                 |
| <b>PSYC:8410 Intellectual Disability</b>   | <b>2,4 s.h.</b> |
| In-depth two week clinical experience in the interdisciplinary approach to assessment and management of individuals with intellectual disability. Requirements: MD enrollment.   |                 |
| <b>PSYC:8411 Substance Use</b>   | <b>2,4 s.h.</b> |
| In-depth clinical experience in assessment and management of individuals with alcohol and drug abuse. Requirements: MD enrollment.   |                 |
| <b>PSYC:8412 Emergency Psychiatry</b>  | <b>2,4 s.h.</b> |
| In-depth clinical experience in assessment and management of acute psychiatric illness under supervision of faculty with expertise in care within this setting; clinical experiences centered in emergency department at University of Iowa Health Care. Prerequisites: PSYC:8301. Requirements: third- or fourth-year MD enrollment.  |                 |
| <b>PSYC:8413 The Thriving Physician</b>  | <b>2 s.h.</b>   |
| Two-week elective for medical students in their clinical years; designed to promote awareness, wellbeing, compassion, and career satisfaction through contemplative practices and the integration of concepts of positive psychology into daily living; through readings, discussions, and experiential activities, physicians-in-training will learn how to engage in reflective personal and professional self-care; classes will be half-day in length with time outside of class dedicated to practicing and incorporating skills into everyday activities. Requirements: MD enrollment.   |                 |
| <b>PSYC:8414 Consultation Psychiatry</b>   | <b>2,4 s.h.</b> |
| Opportunity for in-depth clinical experience in psychiatric assessment and management of general medical and surgical patients; elective clerks serve on consultation-liaison psychiatry teams at University of Iowa Health Care and the VA Iowa City Health Care; may include opportunities for outpatient work in relevant settings (e.g., emergency psychiatry, outpatient clinics providing integrated psychiatric and medical care). Requirements: MD enrollment.   |                 |

**PSYC:8415 Geriatric Inpatient Psychiatry 4 s.h.**

Rotation in Department of Psychiatry specialized inpatient geriatric psychiatry unit; students work under faculty and resident supervision.

**PSYC:8417 Advanced Psychiatry, Des Moines, IA 4 s.h.**

Medical students choose from several different options to become familiar with the practice of psychiatry in community hospital settings in the Des Moines area; evaluation and management of patients across lifespan and in subspecialty settings. Requirements: MD enrollment.

**PSYC:8450 Continuity of Care in Psychiatry 4 s.h.**

Experience in Psychiatry Continuity of Care Clinic; maximizes autonomy and responsibility in an outpatient continuous care setting. Requirements: fourth-year MD enrollment.

**PSYC:8497 Research in Psychiatry arr.**

Experience and training in practical application of scientific methodology; work with research project at psychiatric service or affiliated cooperating research centers.

**PSYC:8498 Psychiatry On Campus arr.**

Arranged by student with departmental approval. Requirements: MD enrollment.

**PSYC:8499 Psychiatry Off Campus arr.**

Requirements: MD enrollment.