Psychiatry

Chair
• Peggy C. Nopoulos

Faculty: https://medicine.uiowa.edu/psychiatry/people/primary-appointments
Website: https://medicine.uiowa.edu/psychiatry/

The Department of Psychiatry teaches M.D. students, principally during their third year, and trains resident physicians for academic and clinical careers in psychiatry.

Research
Department of Psychiatry staff members are involved in genetic and family studies of psychiatric disorders and research in genetic and biological psychiatry, neurochemistry, neuroimaging, neuropsychology, neuropsychiatry, psychosocial aspects of behavior, and neuroinvasive brain stimulation.

The department’s students and residents have many research opportunities in psychiatry and in the basic science areas of neurochemistry, neuropsychology, and electrophysiology. The clinical areas of psychology, child psychiatry, and psychotherapy also offer opportunities for research and further study to a limited number of students.

Residency

The department offers a four-year training program approved by the Residency Review Committee of the American Medical Association. Training experiences are available at University of Iowa Hospitals & Clinics and at the Iowa City VA Health Care System. Additional experiences are available at affiliated institutions: Broadlawns Medical Center in Des Moines, the Iowa Medical and Classification Center at Oakdale, the Community Mental Health Center for Mid-Eastern Iowa in Iowa City, and the Independence Mental Health Institute (Iowa Department of Human Services).

The department also offers an approved two-year residency in child psychiatry. Fellowships in consult/liaison psychiatry and addiction medicine are available after residency training.

Courses

Psychiatry Courses

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Name</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>PSYC:8267</td>
<td>Psychiatric Epidemiology</td>
<td>3</td>
</tr>
<tr>
<td>PSYC:8301</td>
<td>Clinical Psychiatry</td>
<td>4</td>
</tr>
<tr>
<td>PSYC:8401</td>
<td>Adult Psychiatry, Pappajohn Pavilion</td>
<td>arr.</td>
</tr>
<tr>
<td>PSYC:8402</td>
<td>Child Psychiatry, Pappajohn Pavilion</td>
<td>arr.</td>
</tr>
<tr>
<td>PSYC:8403</td>
<td>Adult Outpatient Psychiatry and Psychotherapy</td>
<td>2,4</td>
</tr>
<tr>
<td>PSYC:8404</td>
<td>Women's Wellness and Counseling Service</td>
<td>4</td>
</tr>
<tr>
<td>PSYC:8405</td>
<td>Advanced Inpatient Subinternship in Medical Psychiatry</td>
<td>4</td>
</tr>
<tr>
<td>PSYC:8408</td>
<td>Advanced Inpatient Subinternship in Mood/Psychotic Disorders</td>
<td>4</td>
</tr>
<tr>
<td>PSYC:8409</td>
<td>Eating Disorders</td>
<td>2,4</td>
</tr>
<tr>
<td>PSYC:8410</td>
<td>Intellectual Disability</td>
<td>2,4</td>
</tr>
<tr>
<td>PSYC:8411</td>
<td>Substance Use</td>
<td>2,4</td>
</tr>
<tr>
<td>PSYC:8412</td>
<td>Emergency Psychiatry</td>
<td>2,4</td>
</tr>
</tbody>
</table>

PSYC:8267 Psychiatric Epidemiology
Population-based studies of psychiatric disorders and associated etiologic tools; diagnostic criteria used in psychiatric research, common structured interviews and rating scales; recent research relevant to common psychiatric disorders; experience writing a research idea using NIH PHS grant form. Recommendations: EPID:6400 or two years of resident training in psychiatry. Same as EPID:6670.

PSYC:8301 Clinical Psychiatry
Requirements: third-year M.D. enrollment.

PSYC:8401 Adult Psychiatry, Pappajohn Pavilion
Requirements: M.D. enrollment.

PSYC:8402 Child Psychiatry, Pappajohn Pavilion
Roles of child psychiatry as a consultation service. Requirements: M.D. enrollment.

PSYC:8403 Adult Outpatient Psychiatry and Psychotherapy
Diagnostic assessment, evaluation, treatment of psychiatric patients; exposure to both psychotherapeutic, psychopharmacologic treatments. Requirements: M.D. enrollment.

PSYC:8404 Women's Wellness and Counseling Service
Experience evaluating and treating women with mental illness, with some emphasis on practitioner's autonomy; four-week rotation. Requirements: psychiatry clerkship.

PSYC:8405 Advanced Inpatient Subinternship in Medical Psychiatry
Hands-on experience in evaluation and treatment of patients with combined medical and psychiatric disease; decisions regarding appropriate consultations, diagnostic tests, treatment; etiology and pathophysiology. Requirements: M.D. enrollment.

PSYC:8408 Advanced Inpatient Subinternship in Mood/Psychotic Disorders
Subinternship in adult psychiatry; experiences that maximize autonomy and responsibility; inpatient rotation focuses on one subspecialty area (psychotic disorders or mood disorders); emphasis on substantial medical comorbidity; assess and address medical and psychiatric needs of assigned patients in a collaborative and integrative fashion; assess and manage patients independently at the level of a psychiatry intern, reporting directly to the attending; call is required; didactic curriculum focuses on critical appraisal of medical literature. Prerequisites: PSYC:8301. Requirements: fourth-year M.D. enrollment.

PSYC:8409 Eating Disorders
Inpatient rotation; emphasis on co-occurring psychiatric and comorbid medical conditions associated with eating disorders; patient assessment and management at an advanced level; direct patient care and engagement in clinical decision making for complex patients with substantial comorbidity; call is required; student experience maximizes autonomy and responsibility; didactic curriculum; focus on critical appraisal of relevant medical literature. Prerequisites: PSYC:8301. Requirements: fourth-year M.D. enrollment.

PSYC:8410 Intellectual Disability
In-depth two week clinical experience in the interdisciplinary approach to assessment and management of individuals with intellectual disability. Requirements: M.D. enrollment.

PSYC:8411 Substance Use
In-depth clinical experience in assessment and management of individuals with alcohol and drug abuse. Requirements: M.D. enrollment.

PSYC:8412 Emergency Psychiatry
In-depth clinical experience in assessment and management of acute psychiatric illness under supervision of faculty with expertise in care within this setting; clinical experiences centered in emergency department at University of Iowa Hospitals & Clinics. Prerequisites: PSYC:8301. Requirements: third- or fourth-year M.D. enrollment.
PSYC:8413 The Thriving Physician 2 s.h.
Two-week elective for medical students in their clinical years;
designed to promote awareness, wellbeing, compassion, and
career satisfaction through contemplative practices and the
integration of concepts of positive psychology into daily living;
through readings, discussions, and experiential activities,
physicians-in-training will learn how to engage in reflective
personal and professional self-care; classes will be half-day in
length with time outside of class dedicated to practicing and
incorporating skills into everyday activities. Requirements:
M.D. enrollment.

PSYC:8414 Consultation Psychiatry 2,4 s.h.
Opportunity for in-depth clinical experience in psychiatric
assessment and management of general medical and
surgical patients; elective clerks serve on consultation-liaison
psychiatry teams at the University of Iowa Hospitals & Clinics
and the Iowa City Veterans Affairs Health Care System; may
include opportunities for outpatient work in relevant settings
(e.g., emergency psychiatry, outpatient clinics providing
integrated psychiatric and medical care). Requirements: M.D.
enrollment.

PSYC:8450 Continuity of Care in Psychiatry 4 s.h.
Experience in Psychiatry Continuity of Care Clinic; maximizes
autonomy and responsibility in an outpatient continuous care
setting. Requirements: fourth-year M.D. enrollment.

PSYC:8497 Research in Psychiatry arr.
Experience and training in practical application of scientific
methodology; work with research project at psychiatric
service or affiliated cooperating research centers.

PSYC:8498 Psychiatry On Campus arr.
Arranged by student with departmental approval.
Requirements: M.D. enrollment.

PSYC:8499 Psychiatry Off Campus arr.
Requirements: M.D. enrollment.