Dietary

Executive Dean
• Patricia L. Winokur

Graduate degree: MCN

Website: https://uihealthcare.org/education/university-iowa-master-clinical-nutrition-program

Courses

Dietary Courses

DIET:9101 Advanced Medical Nutrition Therapy I  3 s.h.
Nutritional impact on health and disease as it relates to
physiology and biochemistry with an emphasis on medical
nutrition therapy and the relationship to various disease
states. Requirements: enrollment in Master of Clinical
Nutrition program.

DIET:9102 Advanced Medical Nutrition Therapy II  3 s.h.
Continuation of DIET:9101; review of the nutritional impact
on health and disease as it relates to physiology and
biochemistry with an emphasis on medical nutrition therapy
and the relationship to various disease states. Requirements:
enrollment in Master of Clinical Nutrition program.

DIET:9200 Nutrition Assessment  3 s.h.
Study of nutrition assessment methods including dietary
intake, anthropometric and biochemical measures, as well as
nutrition focused physical examination; utilization of nutrition
care process including nutrition assessment, diagnosis,
interventions, monitoring, and evaluation with individuals,
groups, or populations. Requirements: enrollment in Master of
Clinical Nutrition program.

DIET:9300 Critical Care and Nutrition Support  3 s.h.
Advanced enteral and parenteral nutrition in an acute care
setting; indications, calculations, potential complications,
and ethical consideration of nutrition support. Requirements:
enrollment in Master of Clinical Nutrition program.

DIET:9400 Pediatric Nutrition  3 s.h.
Examination of physiological, biochemical, and nutritional
aspects of disease processes relevant to infants and
children up to 18 years of age; emphasis on evidence-based
medical nutrition therapy for a variety of disease states.
Requirements: enrollment in Master of Clinical Nutrition
program.

DIET:9501 Supervised Experiential Learning I  3 s.h.
Supervised hands-on training at the bedside in inpatient
units, and in outpatient clinics, communities, and food service
management; completion of coursework specific to Registered
Dietitian and Nutritionist (RDN) training while learning in
field (e.g., ServSafe certification, diet meals, event planning,
professional issues and trends). Requirements: enrollment in
Master of Clinical Nutrition program.

DIET:9502 Supervised Experiential Learning II  3 s.h.
Supervised hands-on training at the bedside in inpatient
units, and in outpatient clinics, communities, and food service
management; completion of coursework specific to Registered
Dietitian and Nutritionist (RDN) training while learning in
field (e.g., legislative and regulatory issues, research
seminar, clinical rounds, Commission on Dietetic Registration
portfolio development, RDN licensure and credentialing).
Requirements: enrollment in Master of Clinical Nutrition
program.

DIET:9600 Management in Foods and Nutrition  3 s.h.
Application of the principles of health care management as
it pertains to food and nutrition including budgeting, cost
control, and financial analysis; clinical coding and billing;
quality and performance improvement measures; human
resource management; and operating plan development.
Requirements: enrollment in Master of Clinical Nutrition
program.