

University of Iowa Honors Program

Director

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Website: <https://honors.uiowa.edu/>

Academic Plans

Sample Plan of Study

Sample plans represent one way to complete a program of study. Actual course selection and sequence will vary and should be discussed with an academic advisor. For additional sample plans, see MyUI.

University Honors

Joining Honors as First-Year Students During Fall Semester

Course	Title	Hours
Academic Career		
Any Semester		
Students may apply to the honors program as entering first-year, entering transfer, or current University of Iowa students. ^a		
Honors: To graduate with University Honors, students must have a University of Iowa cumulative GPA of at least 3.33.		
Hours		0
First Year		
Fall		
HONR:1100	Honors Primetime	1
HONR:1300	Honors First-Year Seminar ^b	1
Honors section of a GE course such as RHET:1030 Rhetoric, ENGL:1200 The Interpretation of Literature, CHEM:1110 Principles of Chemistry I, or EES:1070 Age of Dinosaurs ^c		3 - 4
Meet with an Honors Peer Mentor by the end of the year		
Select Honors courses for spring semester		
Study Abroad: attend Study Abroad Fair (explore experiential learning options) ^d		
Research: attend Fall Undergraduate Research Festival (FURF) (explore experiential learning options)		
Consider applying to become an Honors Outreach Ambassador (explore experiential learning options) ^e		
Consider Honors Program scholarship opportunities ^f		
Read the weekly Honorable Messenger email bulletin for honors community events and announcements		
Complete the pre-experience questionnaire as part of the Honors Reflection Process for possible honors experiential learning credit for experiences such as internships, study abroad, service learning, LA or TA positions, and volunteer/paid/uncredited research		
Hours		5-6

Spring

Honors section of a GE course such as RHET:1030 Rhetoric, ENGL:1200 The Interpretation of Literature, CHEM:1110 Principles of Chemistry I, or EES:1070 Age of Dinosaurs	3 - 4
Meet with an Honors Peer Mentor by the end of the year	
Explore 1, 2, or 3 s.h. HONR electives such as HONR:2900 Honors Publications: From Pitch to Print or HONR:2600 Honors Special Topics	0 - 3
Select Honors courses for fall semester	
Consider applying for an Honors Writing Fellow position (explore experiential learning options)	
Research: attend Spring Undergraduate Research Festival (SURF) (explore experiential learning options)	
Research: explore research opportunities for summer or second year (explore experiential learning opportunities) ^g	
Consider joining Phi Eta Sigma (PES) honor society ^h	
Consider applying for an Honors Student Staff position for the coming academic year ⁱ	
Complete the pre-experience questionnaire as part of the Honors Reflection Process for possible honors experiential learning credit for experiences such as internships, study abroad, service learning, LA or TA positions, and volunteer/paid/uncredited research	
Hours	3-7

Summer

Research: Students can earn up to 3 honors experiential learning credits/units during the summer using the Honors Summer Project--independent research in consultation with a University reference librarian	
Summer jobs and volunteering often qualify for experiential learning credit. Check with an honors advisor or complete the pre-experience questionnaire as part of the Honors Reflection Process for possible honors experiential learning credit.	
Summer is a great time to pursue mentored research. Complete the pre-experience questionnaire as part of the Honors Reflection Process for possible honors experiential learning credit for your volunteer/paid/uncredited research.	
Hours	0

Second Year

Any Semester

Have 12 s.h. of honors coursework completed by end of your fourth semester in the program.	
Hours	0
Fall	
Honors section of a GE course such as RHET:1030 Rhetoric, ENGL:1200 The Interpretation of Literature, CHEM:1110 Principles of Chemistry I, or EES:1070 Age of Dinosaurs	3 - 4
Meet with an Honors Peer Mentor by the end of the year ^j	
Study Abroad: attend Study Abroad Fair (explore experiential learning options) ^d	
Research: attend Fall Undergraduate Research Festival (FURF) (explore experiential learning options)	

Consider applying to become an Honors Outreach Ambassador (explore experiential learning options) ^e

Select Honors courses for spring semester

Consider Honors Program scholarship opportunities ^f

Complete the pre-experience questionnaire as part of the Honors Reflection Process for possible honors experiential learning credit for experiences such as internships, study abroad, service learning, LA or TA positions, and volunteer/paid/uncredited research

Hours **3-4**

Spring

Honors section of a GE course or a contract course in your major/department ^k 3 - 5

Check University Honors degree audit ^l

Explore 1, 2, or 3 s.h. HONR electives such as HONR:2900 Honors Publications: From Pitch to Print or HONR:2600 Honors Special Topics 0 - 3

Meet with the Honors Advisor for your major: is Honors in the Major right for you?

Research: attend SURF; consider what research questions you might pursue

Research: explore research opportunities for summer or third year ⁹

Consider applying for an Honors Student Staff position for the coming academic year ^l

Complete the pre-experience questionnaire as part of the Honors Reflection Process for possible honors experiential learning credit for experiences such as internships, study abroad, service learning, LA or TA positions, and volunteer/paid/uncredited research

Hours **3-8**

Summer

Students can earn up to 3 honors experiential learning credits/units during the summer using the Honors Summer Project--independent research in consultation with a University reference librarian

Summer jobs and volunteering often qualify for experiential learning credit. Check with an honors advisor or complete the pre-experience questionnaire as part of the Honors Reflection Process for possible honors experiential learning credit.

Summer is a great time to pursue mentored research. Complete the pre-experience questionnaire as part of the Honors Reflection Process for possible honors experiential learning credit for your volunteer/paid/uncredited research.

Hours **0**

Third Year

Fall

Check University Honors degree audit ^l

Explore honors experiential coursework such as RHET:2090 Conversation Practicum, LS:1024 Hawkeye Service Breaks, etc.

Explore 1, 2, or 3 s.h. HONR electives such as HONR:2900 Honors Publications: From Pitch to Print or HONR:2600 Honors Special Topics

Attend FURF

Consider Honors Program scholarship opportunities ^f

Complete the pre-experience questionnaire as part of the Honors Reflection Process for possible honors experiential learning credit for experiences such as internships, study abroad, service learning, LA or TA positions, and volunteer/paid/uncredited research

Consult with an Honors Peer Mentor or the Experiential Learning Director to ensure that you are on track with University Honors curricular requirements

Hours **0**

Spring

Check University Honors degree audit ^l

Explore 1, 2, or 3 s.h. HONR electives such as HONR:2900 Honors Publications: From Pitch to Print or HONR:2600 Honors Special Topics

Complete the pre-experience questionnaire as part of the Honors Reflection Process for possible honors experiential learning credit for experiences such as internships, study abroad, service learning, LA or TA positions, and volunteer/paid/uncredited research

Consult with an Honors Peer Mentor or the Experiential Learning Director to ensure that you are on track with University Honors curricular requirements

Hours **0**

Summer

Students can earn up to 3 honors experiential learning credits/units during the summer using the Honors Summer Project--independent research in consultation with a University reference librarian

Summer jobs and volunteering often qualify for experiential learning credit. Check with an honors advisor or complete the pre-experience questionnaire as part of the Honors Reflection Process for possible honors experiential learning credit.

Summer is a great time to pursue mentored research. Complete the pre-experience questionnaire as part of the Honors Reflection Process for possible honors experiential learning credit for your volunteer/paid/uncredited research.

Hours **0**

Fourth Year

Fall

Check University Honors degree audit ^l

Explore 1, 2, or 3 s.h. HONR electives such as HONR:2900 Honors Publications: From Pitch to Print or HONR:2600 Honors Special Topics

Complete any remaining assignments (pre- and post-experience questionnaires and narrative) as part of the Honors Reflection Process for possible honors experiential learning credit for experiences such as internships, study abroad, service learning, LA or TA positions, and volunteer/paid/uncredited research

Consult with the Honors Advisor or Assessment Manager for pre-approval to graduate with University Honors

Hours **0**

Spring

Complete any remaining assignments (pre- and post-experience questionnaires and narrative) as part of the Honors Reflection Process for possible honors experiential learning credit for experiences such as internships, study abroad, service learning, LA or TA positions, and volunteer/paid/uncredited research

Check University Honors degree audit ^m

Consult with the Honors Advisor or Assessment Manager for pre-approval to graduate with University Honors

Graduate with University Honors

Hours	0
Total Hours	14-25

- a Please see the Honors at Iowa website at <https://honors.uiowa.edu/join> for further details and application instructions.
- b Required except for students whose majors or programs require a different first-year seminar, e.g. Tippie Direct Admits.
- c An Honors course must be completed in the first semester of Honors membership.
- d To earn honors credit for study abroad students complete questionnaires and a narrative piece. See details on the Experiential Learning pages on the Honors at Iowa website.
- e Typically advertised in Honorable Messenger or email honors-advisor@uiowa.edu for more information.
- f Submit by deadline which is typically early in the spring semester. Successful recipients in the past have consulted web resources at <https://honors.uiowa.edu/honors-scholarships>.
- g Consult OUR Ambassadors or visit our.research.uiowa.edu.
- h Eligibility is determined by GPA and class ranking. Membership is by invitation.
- i See Student Employment page on Honors at Iowa website. Usually advertised early in the spring semester.
- j Optional for students who have completed the 12 s.h. University Honors coursework requirement.
- k Students must complete the 12 s.h. University Honors coursework requirement by the end of second year spring semester.
- l Report missing honors credit to the Honors Assessment Manager.
- m Students must complete the experiential learning requirement by graduation.