# **College Success** Initiatives

## Coordinator

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## Courses

## **College Success Initiatives** Courses

CSI:1020 Academic Seminar I

3 s.h.

Development of knowledge and skills essential for academic success at college level; reading, writing, and communication skills; focus on reading comprehension, class discussion, and development of writing process; various narratives including published collections of essays and peers' texts; writing process and techniques, and components that bring each piece together. Requirements: lowaLink participant.

#### CSI:1021 Academic Seminar II

3 s.h. Continued development of knowledge and skills necessary for academic success; reading, writing, and communication skills; experimentation with ethnographic research methods, exploration of cultures and subcultures; writing about findings in various experimental forms, using as a model, short ethnographic essays, excerpts from a graphic novel; focus on reading comprehension strategies, class discussion, and development of writing process. Requirements: IowaLink participant. Recommendations: CSI:1020.

#### **CSI:1100 College Transition Seminar**

1 s.h.

College culture, University of Iowa resources, refinement of study skills, test taking, identification of personal values, self-motivation, goal setting; taught in small sections with emphasis on classroom discussion. Requirements: entering first-year student.

## **CSI:1150 College Transition Workshop**

Preparation for affiliated lecture course; practical context to apply, evaluate, and refine study skills strategies explored in CSI:1100; expand study strategies, enhance grasp of affiliated course material, and apply study skills to future coursework. Corequisites: CSI:1100. Requirements: concurrent enrollment in a CIC affiliated lecture course.

#### CSI:1200 First-Year Seminar

1 s.h.

1 s.h.

Introduction to the intellectual life of the university; opportunity to work closely with a faculty member or senior administrator; active participation that eases the transition to college-level learning.

## CSI:1210 Peer Led Undergraduate Study (PLUS) 0 s.h.

Peer guided and facilitated academic support focusing on quantitative problem-solving skills; students discuss course material, address multiple course concepts, and develop tools and skills for effective study habits. Corequisites: CHEM:1070 and MATH:1005.

CSI:1213 Special Topics I Special topics offered through University College.	0-6 s.h.
CSI:1214 Special Topics II Special topics offered through University College.	0-6 s.h.

#### CSI:1250 Introduction to Law Study and Legal Careers

1 s.h. Introduction to legal education and careers; exploration of role of law in society, nature of legal education, careers in law, and current legal issues; opportunity for students to begin reflecting on their own interest in this field.

CSI:1270 Strategies for Veteran Success 1 s.h. Promotion of academic success, improve retention of student veterans, and assist in cultivating a systematic approach to career planning and decision-making; primary focus on available resources, identification of individual goals and strengths, development and application of study skills and time management strategies, and problem solving related to personal issues or barriers that could impede student transition and academic performance; for student veterans and service members in academic transition from active duty military or guard/reserve status to the University of Iowa. Requirements: veteran status.

CSI:1280 Steps to Success for TRIO: Step I 1 s.h. Learning about and adjusting to the University of Iowa for TRIO Student Support Services (SSS) students; first in a series of courses.

CSI:1281 Steps to Success for TRIO: Step I 1 s.h. Learning about and adjusting to the University of Iowa for TRIO Student Support Services (SSS) students; second in a series of courses.

CSI:1290 Steps to Success for TRIO: Step II 1 s.h. Learning about and adjusting to the University of Iowa for TRIO Student Support Services (SSS) students; third in a series of courses.

CSI:1291 Steps to Success for TRIO: Step II 1 s.h. Learning about and adjusting to the University of Iowa for TRIO Student Support Services (SSS) students; fourth in a series of courses.

CSI:1380 Steps to Success for TRIO: Step III 1 s.h. Learning about and adjusting to the University of Iowa for TRIO Student Support Services (SSS) students; fifth in a series of courses.

CSI:1381 Steps to Success for TRIO: Step III 1 s.h. Learning about and adjusting to the University of Iowa for TRIO Student Support Services (SSS) students; sixth in a series of courses.

CSI:1390 Steps to Success for TRIO: Step IV 1 s.h. Learning about and adjusting to the University of Iowa for TRIO Student Support Services (SSS) students; seventh in a series of courses.

CSI:1391 Steps to Success for TRIO: Step IV 1 s.h. Learning about and adjusting to the University of Iowa for TRIO Student Support Services (SSS) students; eighth in a series of courses.

#### CSI:1400 Explore Iowa, Explore You: Scientific Strategies for Success

2 s.h. Introduction to the Three Ms for Effective Learning (mindset, metacognition, and memory); provide the practical tools to apply these concepts to life in college and beyond.

#### CSI:1410 Life Design

2 s.h.

Students discover what they are innately drawn to do through stories, lectures, assigned readings, guest speakers, and reflective writing; integration of worldview and professional life; practical skills and exercises for investigating different career paths; cultivating mentors; relationship between ambition, drive, and success; role of happiness in achieving excellence and success.

#### CSI:1420 Life Design II: A Better World 2 s.h.

Once you start unraveling who you are, the next matter becomes what world do you want to live in? Readings, structured experiments, and written reflections provide generalizable knowledge about the science of empathy, passion, and perseverance; students apply these insights to efforts "bigger than themselves" and a deliberate path to become agents of social and environmental change.

#### CSI:1450 Explore Iowa Colloquium

3 s.h.

1 s.h.

Opportunities for peer mentors involved in CSI:1400; activities include short readings and media screenings related to innovative and best practices in learning and teaching; emphasis on multimodal writing online for peers; informal presentations and reflections; may include work with Passport Projects students, collaboration on development of guidelines and handouts for best practices in writing, and supplemental writing reflections.

#### **CSI:1460** Athletic Transition Seminar

Overview of the Hawkeye Life Program for new student athletes; foundational pillars for all student athletes at the UI; application of skills in leadership, community engagement, academic success, career development, health and wellbeing, diversity and inclusion through exploration and application of these pillars; students further examine their academic, personal, and career goals.

#### CSI:1470 The Hawkeve Life Experience 1 s.h.

Students increase their understanding and awareness of mental health and wellness in an emotionally safe environment; opportunities for students to examine who they are outside of their identities as athletes, identify personal mental health concerns and challenges, gain healthy coping strategies, and learn about early warning signs of mental illness and mental health resources; exploration of relevant topics regarding athlete mental health in today's society.

#### CSI:1500 College Success Seminar 1 s.h.

Skills, habits, and mindsets essential for college success: goal setting, motivation, resiliency, time management, preparing for exams, working with instructors, and using campus resources including academic advisors, the Pomerantz Career Center, and University Counseling Service; emphasis on class participation and completion of assignments related to course topics. Requirements: selected students with first-year standing in the College of Liberal Arts and Sciences.

#### CSI:1550 Strategies for Academic Success 1 s.h.

Designed for second-year students: focus on academic strategies to help students improve their academic performance; topics include organization, goal setting, motivation, time management, study skills, test preparation, and campus resources; requires class participation and completion of assignments related to course topics. Requirements: second-year standing in the College of Liberal Arts and Sciences and no prior credit earned for CSI:1500.

#### CSI:1600 Success at Iowa

0-2 s.h.

Online course designed to help students transition successfully to the University of Iowa; required of all new undergraduate first-year and transfer students.

#### CSI:1650 College Success for International Students

Skills and resources to help international students achieve academic success; reflection on academic habits and experiences; exploration of study skills and strategies; cultural expectations in U.S. academic settings including academic integrity; culture shock and immigration issues that can impact international students at the UI; development of techniques for time management and goal setting; techniques to stay motivated and manage stress; overcoming barriers to student success; discussions and assignments emphasize selfreflection on class topics including time management, study skills, and cultural identity. Same as CLAS:1650, ESL:1650.

#### CSI:2021 First Gen Hawks Seminar

1 s.h. Opportunity to be part of a class planned specifically for First Gen Hawks: students connect with the UI in a meaningful way through one of three learning track areas—civic engagement and leadership, on-campus student employment, or undergraduate research; course format includes small class size with lots of classroom discussion; assignments emphasize self-reflection; content areas equip students with information and skills they need to thrive at the University of Iowa. Requirements: participation in First Gen Hawks program.

#### **CSI:2100** The Transfer Transition

Adjustment to university life and academics; strategies for academic success including study and test-taking skills, time management, utilization of campus resources for success in courses: planning a major and learning about Career Center services; exposure to university culture; opportunities to reflect on adjustment to the university. Requirements: entering transfer student standing.

#### CSI:2150 Open Minded

Focus on self-reflection and use of resources to research majors; topics include values, strengths, goals, identity, managing uncertainty, critical reading and thinking skills, recognizing transferable skills cultivated by majors; class participation and assignments related to course topics; for students with open majors.

#### 1 s.h.

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