Bachelor of Liberal Studies

Director
• Anne Zalenski

Undergraduate degree: Bachelor of Liberal Studies (B.L.S.)
Web site: http://distance.uiowa.edu/bls

Undergraduate Program of Study
• Bachelor of Liberal Studies
The Bachelor of Liberal Studies (B.L.S.) is designed for students who have earned college credit at a regionally accredited institution and would like to complete a bachelor's degree by distance education. The degree may be completed completely online or through a combination of on-site and online course work.

The B.L.S. emphasizes workplace and leadership skills.
In addition to completing the Bachelor of Liberal Studies, students may earn undergraduate certificates offered by the University of Iowa. They may not enroll in a second college at the University of Iowa while completing the B.L.S. degree.

The B.L.S. is awarded by University College.

All University College policies regarding grading, course drops, withdrawals, academic standards, and so forth apply to B.L.S. students. Consult the University College academic policies manual for more information.

Bachelor of Liberal Studies

The Bachelor of Liberal Studies requires a minimum of 120 s.h. of credit. Students must earn at least 30 s.h. of credit toward the degree in University of Iowa courses after they are admitted to the B.L.S. program. They must earn at least 60 s.h. of the 120 s.h. (minimum) required for the B.L.S. at four-year colleges, including 30 s.h. in upper-level courses. University of Iowa upper-level courses are numbered from 3000 to 4999.

B.L.S. students must complete a required set of common core courses and a B.L.S. track, as part of the 120 s.h. (minimum) required for the degree. Students must maintain a g.p.a. of at least 2.00 in all courses for the degree, all UI courses for the degree, and all courses for the B.L.S. track.

The following course work is required for all B.L.S. students.

**B.L.S. COMMON CORE**

Common core courses develop fundamental skills in writing, critical thinking, information literacy, and leadership and give students the opportunity to explore ideas from multiple perspectives.

Some courses in the common core are part of the College of Liberal Arts and Sciences (CLAS) General Education Program, as indicated below.

**Rhetoric**

Rhetoric courses help students develop speaking, writing, listening, and critical reading skills. Courses approved for the Rhetoric area of the CLAS General Education Program satisfy the B.L.S. rhetoric requirement. The following course is offered by distance education.

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
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</thead>
<tbody>
<tr>
<td>RHET:1030</td>
<td>Rhetoric</td>
</tr>
</tbody>
</table>

**Interpretation of Literature**

This area, which focuses on the major genres of literature, improves students' abilities to read and analyze a variety of texts. Students must complete one approved course (3 s.h.) in this area. They may use any 3 s.h. course approved for the Interpretation of Literature area of the CLAS General Education Program. The following course is offered by distance education.

<table>
<thead>
<tr>
<th>Course Code</th>
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</tr>
</thead>
<tbody>
<tr>
<td>ENGL:1200</td>
<td>The Interpretation of Literature</td>
</tr>
</tbody>
</table>

**Natural Sciences**

Natural sciences courses explore the scope and major concepts of a scientific discipline. Students must complete one approved course (3 s.h.) in this area. They may use any 3 s.h. course approved for the Natural Sciences area of the CLAS General Education Program, including the following courses offered by distance education.

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>HHP:1100</td>
<td>Human Anatomy</td>
</tr>
<tr>
<td>HHP:2310</td>
<td>Nutrition and Health</td>
</tr>
</tbody>
</table>

Students also may use this distance education course, which is not part of the CLAS General Education Program, to fulfill the B.L.S. natural science requirement.

<table>
<thead>
<tr>
<th>Course Code</th>
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<tbody>
<tr>
<td>ENGR:2013</td>
<td>Introduction to Sustainability</td>
</tr>
</tbody>
</table>

**Global Perspectives**

Global perspectives courses encourage students to understand issues from an international perspective. Students must complete one approved course (3 s.h.) in this area. They may use any 3 s.h. course approved for the International and Global Issues area of the CLAS General Education Program, including the following courses offered by distance education.

<table>
<thead>
<tr>
<th>Course Code</th>
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</tr>
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<tbody>
<tr>
<td>ANTH:2100</td>
<td>Anthropology and Contemporary World Problems</td>
</tr>
<tr>
<td>ANTH:2261</td>
<td>Human Impacts on the Environment</td>
</tr>
<tr>
<td>ARTH:1040</td>
<td>Arts of Africa</td>
</tr>
<tr>
<td>HIST:2403</td>
<td>Western Civilization III</td>
</tr>
<tr>
<td>POLI:1500</td>
<td>Introduction to International Relations</td>
</tr>
<tr>
<td>POLI:1501</td>
<td>Introduction to American Foreign Policy</td>
</tr>
<tr>
<td>RELS:1130</td>
<td>Introduction to Islamic Civilization</td>
</tr>
<tr>
<td>RELS:2852/GWSS:2052</td>
<td>Women in Islam and the Middle East</td>
</tr>
</tbody>
</table>

Students also may use one of these distance education courses, which are not part of the CLAS General Education Program, to satisfy the B.L.S. global perspectives requirement.

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>POLI:3503</td>
<td>Politics of Terrorism</td>
</tr>
<tr>
<td>POLI:3550</td>
<td>Problems of International Politics</td>
</tr>
<tr>
<td>RELS:3105</td>
<td>The World of the Old Testament</td>
</tr>
</tbody>
</table>
Domestic Diversity

Students must complete one approved course (3 s.h.) that addresses diversity and domestic perspectives on current issues. They may use any 3 s.h. course approved for the Values, Society, and Diversity area of the CLAS General Education Program, including the following courses offered by distance education.

AMST:2165/AINS:2165/ANTH:2165 Native Peoples of North America 3 s.h.
CLSA:2016 Classical Mythology 3 s.h.
GWSS:1310/SOC:1310 Gender and Society 3-4 s.h.
HHP:2200 Physical Activity and Health 3 s.h.
RELS:1130 Introduction to Islamic Civilization 3 s.h.
RELS:1903 Quest for Human Destiny 3 s.h.
RELS:2852/GWSS:2052 Women in Islam and the Middle East 3 s.h.
REL:2986 Religion and Women 3 s.h.
SOC:2810 Social Inequality 3 s.h.
SOC:3710 The American Family 3 s.h.
SRM:1045 Health for Living 3 s.h.
SRM:1072 Leisure and the Liberal Arts 3 s.h.

Students also may use one of these distance education courses, which are not part of the CLAS General Education Program, including the following courses offered by distance education.

AMST:1075 American Popular Music 3 s.h.
GWSS:3154/HIST:3254 Sexuality in the United States 3 s.h.
RCE:4187/EDTL:4987 Introduction to Assistive Technology 3 s.h.
RCE:4197 Citizenship in a Multicultural Society 3 s.h.
SOC:1020 Social Problems 3-4 s.h.
SOC:2430 Comparative Criminal Justice Systems 3 s.h.
SSW:3712/NURS:3712 Human Sexuality, Diversity, and Society 3 s.h.
TR:3174 Cultural Perspectives in Health Care 3 s.h.

Statistics

Students must complete one approved statistics course (3 s.h.). They may use any 3 s.h. course offered by the Department of Statistics and Actuarial Science with the prefix STAT except STAT:1000 First-Year Seminar. The following distance education courses are approved for the B.L.S. statistics requirement.

STAT:1020/PSQF:1020 Elementary Statistics and Inference 3 s.h.
STAT:4143/PSQF:4143 Introduction to Statistical Methods 3 s.h.

Information Literacy

Students must complete one approved course (2-3 s.h.) focusing on information literacy. The following course is offered by distance education.

MSCI:1500 Business Computing Essentials 2 s.h.

Students also may use one of these courses, which are not offered by distance education, to satisfy the B.L.S. information literacy requirement.

CS:1020 Principles of Computing 3 s.h.
CS:1110 Introduction to Computer Science 3 s.h.

Critical Thinking

Students must complete one approved course (3 s.h.) focusing on critical thinking. The following courses are offered by distance education.

HHP:1030 Introduction to Critical Thinking 3 s.h.
JMC:3115 Solving Communication Problems 3 s.h.

Students also may use one of these courses, which are not offered by distance education, to satisfy the B.L.S. critical thinking requirement.

LING:1050 Language and Formal Reasoning 3 s.h.
PHIL:1033 The Meaning of Life 3 s.h.
PHIL:1034 Liberty and the Pursuit of Happiness 3 s.h.
PHIL:1401 Matters of Life and Death 3 s.h.
PHIL:1636 Principles of Reasoning: Argument and Debate 3 s.h.

Leadership and Career Development

Students must complete two or more approved courses (total of 6 s.h.) focusing on leadership and career development, chosen from the following list of distance education courses.

CCP:1304 “Suit Camp” for the Job Search 1 s.h.
CCP:1305 Social Media for Your Job Search 1 s.h.
CCP:2001 Graduate Admissions 101 1 s.h.
CCP:3102 Job Search Strategies 2-3 s.h.
CLAS:1600 Life Design: Building Your Future 1 s.h.
COMM:1819 Organizational Leadership 2-3 s.h.
ENTR:1350 Foundations in Entrepreneurship 2 s.h.
LS:3012 Leadership Theory to Practice 3 s.h.
PSY:2910 Industrial/Organizational Psychology 3 s.h.
RCE:2081 Making a Vocational-Educational Choice 2-3 s.h.
RCE:4194 Interpersonal Effectiveness 3 s.h.
RCE:4197 Citizenship in a Multicultural Society 3 s.h.
SOC:4225 The Social Psychology of Leadership 3 s.h.

B.L.S. Track

B.L.S. students must complete one of the following tracks.

HEALTH AND HUMAN STUDIES TRACK

This track provides a foundation in the health sciences with a focus on social aspects of health care. It draws from courses in psychological and brain sciences and rehabilitation and counselor education. The track requires 12 s.h. of foundation course work and 18 s.h. of upper-level course work (courses numbered 3000 or above) offered by distance education.

Foundation course work—12 s.h. from these:
HHP:1100 Human Anatomy 3 s.h.
HHP:2130 Human Development Through the Life Span 3 s.h.
HHP:2200 Physical Activity and Health 3 s.h.
HHP:2310 Nutrition and Health 3 s.h.
PSY:1001 Elementary Psychology 3 s.h.
PSY:2501 Introduction to Social Psychology 3 s.h.
PSY:2701 Biological Psychology 4 s.h.
PSY:2910 Industrial/Organizational Psychology 3 s.h.
SPAN:1504 Spanish for Healthcare Providers 3 s.h.
STAT:1020/PSQF:1020 Elementary Statistics and Inference 3 s.h.

Upper-level course work—18 s.h. from these:

ASPR:3150 Psychology of Aging 3 s.h.
ASPR:3160 Biology of Aging 3 s.h.
BIOC:3110 Biochemistry 3 s.h.
CLSA:3750 Medical and Technical Terminology 2 s.h.
HHP:3020/INTD:3027 Nutrition for Health, Fitness, and Sport 3 s.h.
HHP:3050 Obesity: Causes, Consequences, Prevention, and Treatment 3 s.h.
HHP:4440 Physiology of Nutrition 3 s.h.
NURS:3736 Legal Issues for Health Care Providers 3 s.h.
NURS:3740/ASP:3740/MED:3740/PHAR:3740 End-of-Life Care for Adults and Families 2-4 s.h.
PSY:3010 Health Psychology 3 s.h.
PSY:3320 Abnormal Psychology 3 s.h.
PSY:3330 Childhood Psychopathology 3 s.h.
PSY:3340 Behavior Modification 3 s.h.
PSY:3620 Human Memory 3 s.h.
RCE:4131 Loss, Death, and Bereavement 3 s.h.
RCE:4173 Trauma Across the Lifespan 3 s.h.
RCE:4174 Positive Psychology 3 s.h.
RCE:4179 Sexuality Within the Helping Professions 3 s.h.
RCE:4185 Introduction to Substance Abuse 3 s.h.
RCE:4187/EDTL:4987 Introduction to Assistive Technology 3 s.h.
SOC:4225 The Social Psychology of Leadership 3 s.h.
STAT:4143/PSQF:4143 Introduction to Statistical Methods 3 s.h.
TR:3171 Child Life Practical Application 3 s.h.
TR:3174 Cultural Perspectives in Health Care 3 s.h.

STAT:1020/PSQF:1020 Elementary Statistics and Inference 3 s.h.

Upper-level course work—18 s.h. from these:

EALL:4130 Introduction to Grant Writing 3 s.h.
ECON:3100 Intermediate Microeconomics 3 s.h.
ECON:3150 Intermediate Macroeconomics 3 s.h.
ENTR:3100 Entrepreneurial Finance 3 s.h.
ENTR:3200 Entrepreneurial Marketing 3 s.h.
ENTR:4400 Managing the Growth Business 3 s.h.
JMC:3115 Solving Communication Problems 3 s.h.
MSCI:3000 Operations Management 3 s.h.
MSCI:3005 Information Systems 3 s.h.
RCE:4140 Foundations of Leadership for Community Agencies 3 s.h.
RCE:4187/EDTL:4987 Introduction to Assistive Technology 3 s.h.
RCE:4197 Citizenship in a Multicultural Society 3 s.h.
SOC:4225 The Social Psychology of Leadership 3 s.h.
SRM:3153 Sport Business Practices 3 s.h.
SRM:3154 Foundations of Event Management 3 s.h.
SRM:3158 Sport and Recreation Promotion 3 s.h.
SSW:3600/MGMT:3600/NURS:3600/RELS:3701 Nonprofit Organizational Effectiveness II 3 s.h.
STAT:4143/PSQF:4143 Introduction to Statistical Methods 3 s.h.

GLOBAL STUDIES TRACK

This track enables students to understand global issues and perspectives. The track requires the world language component, 6 s.h. of foundation course work, and 18 s.h. of upper-level course work (courses numbered 3000 or above). Required course work for the world language component depends on the individual student's preparation; one year of a world language in high school is equivalent to one semester of a world language in college.

World language component—one of these:

Fourth semester proficiency in a single world language
Second semester proficiency in two different world languages

Foundation course work—6 s.h. from these offered by distance education:

ANTH:2100 Anthropology and Contemporary World Problems 3 s.h.
ANTH:2220 Archaeology of Mesoamerica 3 s.h.
ANTH:2261 Human Impacts on the Environment 3 s.h.
ARTH:1040 Arts of Africa 3 s.h.
ECON:1200 Principles of Macroeconomics 4 s.h.
ENGR:2013 Introduction to Sustainability arr.
HIST:2403 Western Civilization III 3-4 s.h.
HRTS:2115/S:2115 Introduction to Human Rights 3 s.h.
POLI:1500 Introduction to International Relations 3 s.h.
POLI:1501 Introduction to American Foreign Policy 3 s.h.
RELS:1130 Introduction to Islamic Civilization 3 s.h.
RELS:2852/GWSS:2052 Women in Islam and the Middle East 3 s.h.
SOC:2430 Comparative Criminal Justice Systems 3 s.h.
STAT:1020/PSQF:1020 Elementary Statistics and Inference 3 s.h.

Upper-level course work—18 s.h. from these offered by distance education:

ANTH:3275/CLSA:3596 The Archaeology of Ancient Egypt 3 s.h.
ANTH:4205 Rise of Ancient Civilization 3 s.h.
ENTR:4460 Entrepreneurship and Global Trade 3 s.h.
GHS:3050/ASP:3135/SSW:3135 Global Aging 3 s.h.
OEH:4240 Global Environmental Health 3 s.h.
POLI:3104 Immigration Politics 3 s.h.
POLI:3503 Politics of Terrorism 3 s.h.
POLI:3512 International Conflict 3 s.h.
POLI:3550 Problems of International Politics 3 s.h.
RCE:4194 Interpersonal Effectiveness 3 s.h.
RCE:4197 Citizenship in a Multicultural Society 3 s.h.
RELS:3105 The World of the Old Testament 3 s.h.
SOC:4225 The Social Psychology of Leadership 3 s.h.
SSW:3785/ASP:3785 Social Policy and the Elderly 3 s.h.
SSW:4843 Social Welfare Policy and Practice 3 s.h.
STAT:4143/PSQF:4143 Introduction to Statistical Methods 3 s.h.
TR:3174 Cultural Perspectives in Health Care 3 s.h.

**Admission**

Individuals who would like to earn the Bachelor of Liberal Studies degree must apply for admission to the program.

Applicants to the B.L.S. program must meet one of the following sets of requirements:

- they must have been granted a high school diploma at least three years before being admitted to the B.L.S. program, and they must have at least 24 s.h. of graded college-level transfer credit with a g.p.a. of 2.00 or higher; or

- they must hold an Associate of Applied Studies (A.A.S.), Associate of Science (A.S.), or Associate of Arts (A.A.) degree with a g.p.a. of 2.00 or higher for all college-level transfer credit.