

Public Health, BA

Academic Plans

Four-Year Graduation Plan

The following checkpoints list the minimum requirements students must complete by certain semesters in order to stay on the university's Four-Year Graduation Plan. Courses in the major are those required to complete the major; they may be offered by departments other than the major department.

The Four-Year Graduation Plan applies only to students who are directly admitted to the College of Public Health or students who meet the prerequisites and submit an application for standard admission before the third semester begins (including public health interest students).

Before the second semester begins: CPH:1050 College of Public Health Direct Admit Seminar (for direct admits only).

Before the third semester begins: CPH:1400 Fundamentals of Public Health, CPH:1600 Public Health Science: Inquiry and Investigation in Public Health, and at least one-quarter of the semester hours required for graduation.

Before the fourth semester begins: CPH:2050 Career Planning: Exploring Careers in Public Health and CPH:2600 Introduction to Public Health Methods.

Before the fifth semester begins: one-half of the semester hours required for graduation.

Before the sixth semester begins: CPH:3600 Applied Public Health Methods.

Before the seventh semester begins: CPH:3700 Methods for Program Implementation and Evaluation and at least three-quarters of the semester hours required for graduation.

Before the eighth semester begins: all public health core courses, except CPH:4999 Public Health Capstone: Practice of Evidence-Based Public Health, and the experiential learning requirement.

During the eighth semester: all remaining General Education Requirement courses, enrollment in all remaining coursework in the major, including CPH:4999 Public Health Capstone: Practice of Evidence-Based Public Health, and a sufficient number of semester hours to graduate.

Sample Plan of Study

Sample plans represent one way to complete a program of study. Actual course selection and sequence will vary and should be discussed with an academic advisor. For additional sample plans, see MyUI.

Public Health, BA

Course	Title	Hours
Academic Career		
Any Semester		

Direct Admission is available only for high school students who meet the published criteria. All other students pursue Standard Admission.

All College of Public Health undergraduate students must successfully complete at least one of these for the experiential learning requirement: research, internship, global learning, or a service learning course.

GE: Sustainability ^b		0
Hours		0
First Year		
Fall		
CPH:1050	College of Public Health Direct Admit Seminar	1
CPH:1400	Fundamentals of Public Health ^{c, d}	3
CPH:1800	Social and Psychological Determinants of Health: Changing Behavior, Improving Health	3
BIOL:1140 or BIOL:1141 or BIOL:1411	Human Biology: Nonmajors ^d or Human Biology: Health Professions or Foundations of Biology	4
ENGL:1200 or RHET:1030	Interpreting Literature or Rhetoric: Writing and Communication	3 - 4
CSI:1600	Success at Iowa	1
Hours		15-16
Spring		
CPH:1600	Public Health Science: Inquiry and Investigation in Public Health ^{c, d}	3
GE: Natural Sciences without Lab ^e		3
RHET:1030 or ENGL:1200	Rhetoric: Writing and Communication or Interpreting Literature	3 - 4
Elective course ^f		3
Elective course ^f		3
Hours		15-16
Second Year		
Fall		
CPH:2050	Career Planning: Exploring Careers in Public Health	1
CPH:2600	Introduction to Public Health Methods	3
GE: World Languages First Level Proficiency or elective course ^g		4 - 5
Elective course ^f		3
Elective course ^f		3
Hours		14-15
Spring		
CPH:2400	The U.S. Health System in a Global Context	3
Major: public health elective course ^h		3
GE: International and Global Issues ^e		3
GE: Values and Society ^e		3
GE: World Languages Second Level Proficiency or elective course ^g		4 - 5
Hours		16-17
Third Year		
Fall		
CPH:3600	Applied Public Health Methods	3
GE: Historical Perspectives ^e		3
Elective course ^f		3
Elective course ^f		3

Elective course ^f		3
Hours		15
Spring		
CPH:3400	Health, Work, and the Environment	3
CPH:3700	Methods for Program Implementation and Evaluation	3
GE: Literary, Visual, and Performing Arts ^e		3
Elective course ^f		3
Elective course ^f		3
Hours		15
Fourth Year		
Fall		
CPH:3050	Career Planning: Preparing Post-Graduation Plans	1
Major: public health elective course ^h		3
Major: experiential learning course ^{a, i}		0 - 3
GE: Understanding Cultural Perspectives ^e		3
Elective course ^f		3
Elective course ^f		3
Elective course ^f		2
Hours		15-18
Spring		
CPH:4999	Public Health Capstone: Practice of Evidence-Based Public Health ^j	3
Major: public health elective course ^h		3
Major: public health elective course ^h		3
Elective course ^f		3
Elective course ^f		3
Degree Application: apply on MyUI before deadline (typically in February for spring, September for fall)		
Hours		15
Total Hours		120-127

- h Students must complete a minimum of 12 s.h. of College of Public Health electives (prefix CPH). See the General Catalog for list of approved courses.
- i Choose from: CPH:3999, CPH:4990, CPH:4850, CPH:4750, CPH:3750. A completed application and approval by the College of Public Health undergraduate program office are required.
- j All core and experiential learning courses must be complete prior to enrollment in CPH:4999.
- k Please see Academic Calendar, on Office of the Registrar website, for current degree application deadlines. Students should apply for a degree for the session in which all requirements will be met. For any questions on appropriate timing, contact your academic advisor or Degree Services.

- a Students complete the experiential learning requirement by choosing an approved option. CPH:2050 is strongly recommended prior to enrollment in experiential learning.
- b Sustainability must be completed by choosing a course that has been approved for Sustainability AND for one of these General Education areas: Natural Sciences; Quantitative or Formal Reasoning; Social Sciences; Historical Perspectives; International and Global Issues; Literary, Visual, and Performing Arts; or Values and Society.
- c Prerequisite for admission to the College of Public Health.
- d Fulfills a major requirement and may fulfill a GE requirement.
- e GE courses may be completed in any order unless used as a prerequisite for another course. Students should consult with an advisor about the best sequencing of courses.
- f Students may use elective courses to earn credit towards the total s.h. required for graduation or to complete a double major, minors, or certificates.
- g Students must complete one of three options: (1) fourth-level proficiency in a single world language, (2) second-level proficiency in two different world languages, or (3) second-level proficiency in a single world language plus one additional 3 s.h. course from the GE CLAS Core in International and Global Issues, Values and Society, Understanding Cultural Perspectives, or World Language and Cultural Exploration.