Sport Studies, B.A.

Learning Outcomes
Graduates of the B.A. in sport studies should have the following competencies.

• An understanding of the field’s interdisciplinary body of knowledge through familiarity with:
  the culture of contemporary U.S. sport as it relates to institutions and contexts such as the media, politics, and the economy;
  the diversity of sport experiences in the U.S., including how opportunities for and the nature of participation are influenced by social class, race, ethnicity, nationality, gender, sexuality, age, and physical ability/disability;
  the historical and cultural processes shaping U.S. sport from the 19th century to the present; and
  the nature and significance of U.S. sport within the context of global sporting patterns and forms, especially as this relates to imperialism, neocolonialism, and postcolonialism.

• A knowledge of theoretical perspectives relevant to the critical study of sport in culture.

• An understanding of the methodologies appropriate for the critical study of sport and the ability to apply these to individual research projects.

• The ability to apply critical thinking skills in the interpretation and analysis of peer-reviewed research and literature.

• The ability to analyze and synthesize primary and secondary source materials and communicate both orally and in writing evidence-based arguments regarding U.S. sport.

Requirements
The Bachelor of Arts with a major in sport studies requires a minimum of 120 s.h., including 45 s.h. of work for the major (30 s.h. in sport studies and 15 s.h. in an outside concentration area or a minor). Students must maintain a g.p.a. of at least 2.00 in all courses for the major and in all UI courses for the major. At least 24 s.h. of credit for the major must be earned at the University of Iowa. Students also must complete the College of Liberal Arts and Sciences GE CLAS Core.

The sports studies major examines sport in its historical and contemporary cultural contexts. Course work provides students with the critical skills necessary to understand the cultural significance of sport as it relates to the media, the economy, the political system, and the educational system. A focus on the race, class, and gender differences in the sport experience is central to the major.

Many students use their experience in the program to prepare for graduate school. For others, the required second concentration area or minor serves as an introduction to careers in a number of fields, such as sport journalism, sport management, or coaching.

The B.A. with a major in sport studies requires the following course work.

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Sport Studies Foundation Courses</td>
<td>6</td>
</tr>
<tr>
<td></td>
<td>Sport Studies Core Courses</td>
<td>12</td>
</tr>
<tr>
<td></td>
<td>Electives (approved courses)</td>
<td>12</td>
</tr>
<tr>
<td></td>
<td>Outside Concentration Area or Minor Courses</td>
<td>15</td>
</tr>
<tr>
<td></td>
<td><strong>Total Hours</strong></td>
<td><strong>45</strong></td>
</tr>
</tbody>
</table>

Sport Studies Foundation
Students should complete the foundation courses as early as possible.

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Both of these:</td>
<td></td>
</tr>
<tr>
<td>AMST:1010</td>
<td>Understanding American Cultures</td>
<td>3</td>
</tr>
<tr>
<td>SPST:1074/AMST:1074/GWSS:1074</td>
<td>Inequality in American Sport</td>
<td>3</td>
</tr>
</tbody>
</table>

Sport Studies Core
Students must complete one course from each of the following four content areas (total of 12 s.h.).

Diversity in Sport
One of these:
- SPST:2078/GWSS:2078 | Women, Sport, and Culture | 3 |
- SPST:2079/AFAM:2079 | Race and Ethnicity in Sport | 3 |

International Dimensions
One of these:
- SPST:2170 | Sport and Globalization | 3 |
- SPST:3176 | Sport and Nationalism | 3 |
- SPST:3177 | Sport in the Western World | 3 |
- SPST:3500 | The Olympics | 3 |

Contemporary Sport in America
One of these:
- SPST:3175/JMC:3183 | Sport and the Media | 3 |
- SPST:3179/AMST:3179 | Twentieth-Century American Sport | 3 |

History of Sport and Leisure in America
One of these:
- SPST:2050/AMST:2050 | The American Vacation | 3 |
- SPST:3178/AMST:3178 | American Sport to 1900 | 3 |

Electives
Students must complete at least 12 s.h. of approved elective courses; the department suggests courses from the following list. Courses not used to satisfy the sport studies core can serve as electives; see “Sport Studies Core” above.

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>AMST:1065</td>
<td>Disney in America</td>
<td>3</td>
</tr>
<tr>
<td>AMST:1500</td>
<td>American Celebrity Culture</td>
<td>3</td>
</tr>
<tr>
<td>AMST:2000</td>
<td>Introduction to American Studies</td>
<td>3</td>
</tr>
<tr>
<td>AMST:2052</td>
<td>Fairs and Amusement Parks</td>
<td>3</td>
</tr>
</tbody>
</table>
Outside Concentration Area or Minor

All sport studies students must complete 15 s.h. of course work in an allied field of concentration outside the major (e.g., American studies; journalism and mass communication; business; gender, women’s, and sexuality studies). Work for the concentration must include 6 s.h. earned in courses numbered 3000 or above or in courses that are designated advanced by the department or program that offers them. Concentration area courses may not be taken pass/nonpass.

Students select their allied field of concentration in consultation with their advisor, and they must have their advisor’s written approval for the area.

Students also may satisfy the concentration requirement by earning a second major or a minor in another discipline. Students who satisfy the requirement in this way are held responsible for ensuring that they have fulfilled the requirements for the second major or the minor.

Coaching Authorization or Endorsement

Students may prepare for coaching by completing additional course work that also qualifies them for a coaching authorization from the State of Iowa. The following courses are recommended.

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>ATEP:2030</td>
<td>Basic Athletic Training</td>
<td>3</td>
</tr>
<tr>
<td>HHP:1100</td>
<td>Human Anatomy</td>
<td>3</td>
</tr>
<tr>
<td>HHP:3300</td>
<td>Human Growth and Motor Development</td>
<td>3</td>
</tr>
<tr>
<td>SPST:2081</td>
<td>Theory and Ethics of Coaching</td>
<td>3</td>
</tr>
</tbody>
</table>

Students who successfully complete the requirements for the coaching authorization must submit an application to the Iowa Board of Educational Examiners. For more information, visit Coaching Authorization FAQs on the board’s website.

Honors

Honors in the Major

Students majoring in sport studies have the opportunity to graduate with honors in the major and to pursue special interests through individual, in-depth research.

Honors students carry out a research project. Working under the guidance of an undergraduate advisor, each student defines a research project and then makes a project proposal, ideally by the end of the junior year. The student then completes the project under the guidance of a supervising faculty member. Sport studies honors students register for up to 3 s.h. in SPST:4999 Honors Project.

Contact the American studies honors advisor for more information about honors.

University of Iowa Honors Program

In addition to honors in the major, students have opportunities for honors study and activities through membership in the University of Iowa Honors Program. Visit Honors at Iowa to learn about the University’s honors program.

Membership in the UI Honors Program is not required to earn honors in the sport studies major.

Academic Plans

Four-Year Graduation Plan

The following checkpoints list the minimum requirements students must complete by certain semesters in order to stay on the University’s Four-Year Graduation Plan. Courses in the major are those required to complete the major; they may be offered by departments other than the major department.

Before the fifth semester begins: declaration of the major
Before the sixth semester begins: area of concentration determined
Before the seventh semester begins: at least six sport studies courses and at least 90 s.h. earned toward the degree
Before the eighth semester begins: at least eight sport studies courses
During the eighth semester: enrollment in all remaining course work in the major, all remaining GE CLAS Core courses, and a sufficient number of semester hours to graduate

Sample Plan of Study

Sample plans represent one way to complete a program of study. Actual course selection and sequence will vary and should be discussed with an academic advisor. For additional sample plans, see MyUI.
## Sport Studies, B.A.

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>First Year</strong></td>
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<td></td>
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<tr>
<td><strong>Fall</strong></td>
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<td></td>
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<tr>
<td>AMST:1010</td>
<td>Understanding American Cultures</td>
<td>3</td>
</tr>
<tr>
<td>RHET:1030 or ENGL:1200</td>
<td>Rhetoric or The Interpretation of Literature</td>
<td>3 - 4</td>
</tr>
<tr>
<td>GE CLAS Core: Diversity and Inclusion</td>
<td>b</td>
<td>3</td>
</tr>
<tr>
<td>GE CLAS Core: Natural Sciences without Lab</td>
<td>b</td>
<td>3</td>
</tr>
<tr>
<td>CSI:1600</td>
<td>Success at Iowa</td>
<td>2</td>
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<tr>
<td><strong>Spring</strong></td>
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<tr>
<td>SPST:1074</td>
<td>Inequality in American Sport</td>
<td>3</td>
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<tr>
<td>ENGL:1200 or RHET:1030</td>
<td>The Interpretation of Literature or Rhetoric</td>
<td>3 - 4</td>
</tr>
<tr>
<td>GE CLAS Core: Natural Sciences with Lab</td>
<td>b</td>
<td>4</td>
</tr>
<tr>
<td>GE CLAS Core: Social Sciences</td>
<td>b</td>
<td>3</td>
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<tr>
<td>Elective course c</td>
<td>Elective course c</td>
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<tr>
<td><strong>Hours</strong></td>
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<td>14-15</td>
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<tr>
<td><strong>Second Year</strong></td>
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<tr>
<td><strong>Fall</strong></td>
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<tr>
<td>Major: sport studies core course</td>
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<td>3</td>
</tr>
<tr>
<td>GE CLAS Core: Historical Perspectives</td>
<td>b</td>
<td>3</td>
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<tr>
<td>GE CLAS Core: Quantitative or Formal Reasoning</td>
<td>b</td>
<td>3</td>
</tr>
<tr>
<td>GE CLAS Core: World Languages First Level</td>
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<td>4 - 5</td>
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<td>Proficiency or elective course</td>
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<td>Elective course c</td>
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<tr>
<td><strong>Hours</strong></td>
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<td><strong>Spring</strong></td>
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<tr>
<td>Major: sport studies core course</td>
<td>e</td>
<td>3</td>
</tr>
<tr>
<td>GE CLAS Core: International and Global Issues</td>
<td>b</td>
<td>3</td>
</tr>
<tr>
<td>GE CLAS Core: Literary, Visual, and Performing Arts</td>
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<tr>
<td>GE CLAS Core: World Languages Second Level</td>
<td>g</td>
<td>4 - 5</td>
</tr>
<tr>
<td>Proficiency or elective course</td>
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<td>4 - 5</td>
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<td>Elective course c</td>
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<td><strong>Hours</strong></td>
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<tr>
<td>Major: outside concentration course</td>
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<td>3</td>
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<td>Major: sport studies core course</td>
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<tr>
<td>GE CLAS Core: World Languages Second Level</td>
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<td>4 - 5</td>
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<tr>
<td>Proficiency or elective course</td>
<td>g</td>
<td>4 - 5</td>
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<tr>
<td>Elective course c</td>
<td>Elective course c</td>
<td>3</td>
</tr>
<tr>
<td><strong>Hours</strong></td>
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<td>16-17</td>
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<td><strong>Spring</strong></td>
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<td></td>
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<tr>
<td>Elective course</td>
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<tr>
<td><strong>Hours</strong></td>
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<td>16-17</td>
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<td><strong>Fourth Year</strong></td>
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<tr>
<td><strong>Fall</strong></td>
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<td></td>
</tr>
<tr>
<td>Major: elective course</td>
<td>e</td>
<td>3</td>
</tr>
</tbody>
</table>

### Career Advancement

Many sport studies students use their experience to prepare for graduate school. For others, the required second area of concentration or minor serves as an introduction to careers in a number of fields, such as sports journalism or sports information, sport management, and coaching.

The Pomerantz Career Center offers multiple resources to help students find internships and jobs.