Physical Therapy and Rehabilitation Science

Chair

• Richard K. Shields

Graduate degrees: D.P.T.; M.A. in physical rehabilitation science; Ph.D. in physical rehabilitation science

Faculty: https://medicine.uiowa.edu/pt/people/primary-appointments

Website: https://medicine.uiowa.edu/pt/

Physical therapists provide services to patients and clients who have impairments, functional limitations, disabilities, pain, or changes in physical function resulting from injury, disease, or other causes. Physical therapists practice and collaborate with a variety of health professionals. In the area of health promotion and wellness, they provide screening examinations, prescribe fitness programs, and educate the public regarding healthy lifestyles. Research, teaching, consultation, and administration also are parts of a physical therapist’s professional role.

The Department of Physical Therapy and Rehabilitation Science is located in the Carver College of Medicine on the University of Iowa health sciences campus, which includes University of Iowa Hospitals & Clinics, one of the nation's largest university-owned teaching hospitals. Students have access to faculty members in the basic sciences and medicine, basic sciences courses, clinical specialty expertise, and innovative learning experiences associated with a medical college environment.

Programs

Graduate Programs of Study

Majors

• Doctor of Physical Therapy
• Master of Arts in Physical Rehabilitation Science
• Doctor of Philosophy in Physical Rehabilitation Science

Facilities

The department has state-of-the-art independent research laboratories and is well equipped for classroom and laboratory instruction and innovative research. The department's state-of-the-art research facilities include the Orthopedic Gait Analysis Laboratory and a spinal cord research laboratory at University Hospitals & Clinics; the Human Movement Control/Performance Laboratory; the Neurobiology of Pain Laboratory; the Neuromuscular Biomechanics Laboratory; the Human Integrative and Cardiovascular Physiology Laboratory; the Applied Neuroplasticity Laboratory; and the Human Performance and Clinical Outcomes Laboratory.

Courses

Physical Therapy and Rehabilitation Science Courses

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<td>PTRS:5100</td>
<td>Professional Issues and Ethics</td>
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<td>PTRS:5101</td>
<td>Introduction to Physical Therapy Practice</td>
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<td>PTRS:5102</td>
<td>Principles of Physical Therapy I</td>
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<td>PTRS:5201</td>
<td>Musculoskeletal Therapeutics I</td>
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<td>Health Promotion and Wellness</td>
<td>3 s.h.</td>
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PTRS:5206 Cardiopulmonary Therapeutics 3 s.h.
Cardiorespiratory anatomy, physiology, and application of basic concepts, techniques in management of patients with acute and chronic cardiac, pulmonary disorders; laboratories.

PTRS:5209 Surface Anatomy 1 s.h.
Laboratory teaching activities that parallel the human anatomy course; observation, palpation, and problem solving skills; upper- and lower-limb, head and neck, thorax, and abdomen.

PTRS:5210 Kinesiology and Pathomechanics 4 s.h.
Normal and pathological movement based on understanding of muscle mechanics, segment and joint mechanics, muscle function; instructor- and student-centered learning experiences; EMG laboratories.

PTRS:5215 Applied Clinical Medicine 2 s.h.
Pathological disorders frequently encountered by physical therapists in clinical practice, addressed by physicians and health professionals who are not physical therapists; physical therapy management.

PTRS:5235 Case-Based Learning I 1 s.h.
Small group case study seminars and simulated patient instructor learning experiences; clinical problems coordinated with concurrent courses; student-centered, problem-based learning format with emphasis on evidence-based practice objectives. First in a two-course sequence.

PTRS:5236 Case-Based Learning II 1 s.h.
Small group case study seminars and simulated patient instructor learning experiences; clinical problems coordinated with concurrent courses taken in curriculum; student centered, problem-based learning format; emphasis on evidence-based practice objectives. Second in a two-part series of integrated courses. Prerequisites: PTRS:5235.

PTRS:5790 Integrated Clinical Education in Physical Therapy I 1 s.h.
Integrated clinical experiences in area physical therapy clinics; overview of diverse nature of practice through half-day experiences; basic skills in examination, intervention, and documentation.

PTRS:5791 Integrated Clinical Education in Physical Therapy II 1 s.h.
Continuation of PTRS:5790; integrated clinical experiences in area physical therapy clinics; overview of diverse nature of practice through full-day clinical experiences; basic skills in examination, intervention, and documentation. Prerequisites: PTRS:5790. Requirements: Doctor of Physical Therapy program enrollment.

PTRS:6120 Physical Therapy Management and Administration I 2 s.h.
The changing U.S. health care system; access to physical therapy services, reimbursement to health care providers, mechanisms for controlling costs while providing quality care; clinical vignettes, small group problem solving.

PTRS:6121 Physical Therapy Management and Administration II 1 s.h.
Principles of management in physical therapy practice; historical perspective, current health care environment; business principles; marketing, managing risk, medical/legal concerns, preparing for the future.

PTRS:6122 Psychosocial Aspects of Patient Care 1 s.h.
Emotional reactions to disability, psychosocial aspects of disability as they relate to patient-physical therapist interaction; specific problems of the angry, noncompliant, or chronic-pain patient; complementary roles of other health professionals; cultural competence in professional behavior and patient treatment; importance of holistic health care.

PTRS:6133 Pain Mechanisms and Treatment 1-2 s.h.
Introduction to basic science mechanisms, assessment, and management of pain; basic science mechanism involved in transmission and perception of painful stimuli after tissue injury, assessment and physical therapy management of pain; emphasis on scientific principles and published literature to support treatment techniques.

PTRS:6134 Physical Therapy Management of Integumentary System 2 s.h.
Overview of physical therapy examination and management of the integumentary system; wound pathology, diagnosis associated with the integumentary system, inflammation and repair, examination and reexamination techniques, documentation, clinical decision making, lecture and laboratory formats; interventions, including patient/client information, physical agents, electrotherapy, wound dressing.

PTRS:6143 Selected Topics in Physical Therapy Practice 2 s.h.
Specialty topics in physical therapy; geriatrics, wheelchair seating/positioning, women's health, home health, industrial physical therapy; alternative or new treatments; guest lectures, lab component.

PTRS:6145 Interprofessional Education II: Teaching Neural and Musculoskeletal Evaluation Principles 1 s.h.
Active involvement in integrating anatomy, kinesiology, and movement control principles as applied to a select group of pathologies with the goal of being able to teach content area; preassigned student group leaders; emphasis on student as active learner; opportunity to teach academic areas previously studied in first and second years of curriculum; may include teaching several of these musculoskeletal principles in a first-year medical student anatomy course.

PTRS:6170 Management of People with Prosthetic and Orthotic Needs 2 s.h.
Physical therapy management and assessment of patients in need of prosthetic and orthotic devices; principles and components of prosthetic and orthotic design and use.

PTRS:6172 Radiology/Imaging for Physical Therapists 2 s.h.
Basic principles and procedures for acquisition and interpretation of radiology and imaging in clinical practice and research; plain film radiographs, CT, MRI, other common imaging modalities; case-based, multidisciplinary approach.

PTRS:6173 Differential Diagnosis in Physical Therapy 2 s.h.
Use of physical therapy examination and evaluation skills to diagnose physical therapy problems; focus on use of good clinical decision-making skills when analyzing a patient's history and administering physical therapy tests and measures to confirm or rule out differential diagnoses; components of the medical examination; importance of collaboration between therapists and other health professionals; interactive case studies presented by clinical experts.
PTRS:6176 Pharmacology for Physical Therapists 3 s.h.
Contemporary pharmacology; overview of basic pharmokinetic and pharmacodynamic principles; relation of drug therapy to therapeutic interventions provided by physical therapists; small group clinical case presentations.

PTRS:6200 Pediatric Physical Therapy 2 s.h.
Preparation for physical therapy practice in pediatric settings using interdisciplinary family-centered practice; normal and abnormal development, standardized assessment, service-delivery settings, interventions, management strategies specific to pediatrics.

PTRS:6202 Musculoskeletal Therapeutics II 3 s.h.
Pathology, assessment, management of orthopedic disorders of the upper quarter; problem-solving approach to evaluation and management of patients with musculoskeletal conditions. Prerequisites: PTRS:5201.

PTRS:6203 Musculoskeletal Therapeutics III 4 s.h.
Pathology, assessment, management of orthopedic disorders of the lower quarter; problem-solving approach to evaluation and management of patients with musculoskeletal conditions. Prerequisites: PTRS:6202.

PTRS:6204 Progressive Functional Exercise 2 s.h.
Therapeutic exercise options (e.g., isometrics, isotonics, isokinetics, plyometrics, endurance exercises, stretching exercises) and training principles; application to functional activities, including those of daily living, work, recreation, and sport; laboratory component.

PTRS:6224 Activity-Based Neural and Musculoskeletal Plasticity in Health Care 4 s.h.
Examination of neural, muscular, and skeletal plasticity to increased and decreased use in normal and pathological states (chronic inactivity, obesity, metabolic syndromes, orthopedic and neurological injuries); principles of genetic regulation with physical activity including underlying mechanisms contributing to acute and chronic adaptations of muscle, spinal circuitry, and supra-spinal centers; integration of movement control concepts through contemporary papers evaluating short and long latency reflexes, posture and balance control, spasticity, and motor learning in individuals with acute and chronic perturbations to the nervous system.

PTRS:6225 Neuromuscular Therapeutics 3 s.h.
Evidence-based application of clinical neuroscience, motor control, and learning principles to practice of neurological physical therapy; approaches to evaluation and therapeutic intervention for clients with adult-onset neurological conditions, with emphasis on examination, developing a diagnosis, clinical decision making, and prescribing interventions that help clients accomplish goals. Prerequisites: PTRS:6224.

PTRS:6237 Service Learning I 1 s.h.
Service-learning work experience with community partners; students develop individual learning goals for these experiences; classroom reflection on service activities, experiences with elderly and/or disabled, and social responsibility, advocacy, and professionalism in physical therapy; written reflection assignments. First in a two-course sequence.

PTRS:6238 Service Learning II 1 s.h.
Service-learning work experience with community partners; students develop individual learning goals for these experiences; classroom reflection on service activities, experiences with elderly and/or disabled, and social responsibility, advocacy, and professionalism in physical therapy; written reflection assignments. Second in a two-course sequence. Prerequisites: PTRS:6237.

PTRS:6250 Critical Inquiry I: Evidence-Based Practice 2 s.h.
Topics relevant to evidence-based practice and research design; identification of appropriate questions for research and clinical applications, location and evaluation of available evidence, identification of issues that affect validity of research designs, interpretation of basic statistical analyses.

PTRS:6251 Critical Inquiry II: Rehabilitation Research 2 s.h.
Experience conducting group research projects under faculty supervision; data collection and analysis, manuscript preparation, oral defense of research findings during a formal poster presentation. Prerequisites: PTRS:6250.

PTRS:6252 Critical Inquiry III: Clinical Application 1 s.h.
Principles and procedures learned in PTRS:6250 and PTRS:6251 applied to a clinical setting; students write and present a case report with an evidence-based practice focus, using a clinical case from their final internships. Prerequisites: PTRS:6251. Requirements: Physical Therapy and Rehabilitation Science program enrollment.

PTRS:6253 Functional Neuroanatomy arr.
Basic principles of neuroanatomy and neurophysiology; emphasis on human central nervous system; laboratory emphasis on anatomical study of spinal cord and brain. Offered spring semesters. Requirements: physical therapy and rehabilitation science enrollment or graduate standing. Same as ACB:6252.

PTRS:6792 Integrated Clinical Education in Physical Therapy IV 1 s.h.
Two-week, full-time clinical experience in physical therapy clinics under guidance of physical therapists; theory and practice of physical therapy procedures, competence building in basic skills. Prerequisites: PTRS:6793. Requirements: Doctor of Physical Therapy Program enrollment.

PTRS:6793 Integrated Clinical Education in Physical Therapy III 3 s.h.

PTRS:6794 Terminal Clinical Education in Physical Therapy I arr.
Nine week, full-time clinical education experience divided among various settings; development of competence in independent examination, evaluation, and treatment of patients under supervision of clinical faculty. Prerequisites: PTRS:6792. Requirements: Doctor of Physical Therapy program enrollment.

PTRS:6795 Terminal Clinical Education in Physical Therapy II 4 s.h.
Nine-week, full-time clinical education experience divided among various settings; development of competence in independent examination, evaluation, and treatment of patients under supervision of clinical faculty. Prerequisites: PTRS:6794. Requirements: Doctor of Physical Therapy program enrollment.
Problem solving experience in movement science, commensurate with student interest, ability.

Problem solving experience in movement control/human performance, commensurate with student interest, ability.

Problem solving experience in neural plasticity, commensurate with student interest, ability.

Problem solving experience in movement science, commensurate with student interest, ability.
PTRS:7936 Critical Thinking in Cardiovascular Physiology  
Problem solving experience in cardiovascular physiology, commensurate with student interest, ability.

PTRS:7990 Thesis: Rehabilitation Science  

PTRS:8133 Introduction to Human Pathology for Graduate Students  
4 s.h. 
Human disease; basic disease processes, organ-related and multisystem diseases; case analysis. Offered fall semesters. Same as PATH:8133.